CHRONIC TOXICITY SUMMARY

TRICHLOROETHYLENE
(trichloroethylene; 1,1-2-trichloroethylene, 1,1-dichloro-2-chloroethylene, acetylene trichloride, and ethylene trichloride)

CAS Registry Number: 79-01-6

I. Chronic Toxicity Summary

Inhalation reference exposure level: 600 µg/m^3 (100 ppb)
Critical effect(s): Neurotoxicological effects (drowsiness, fatigue, headache) and eye irritation in workers.

II. Physical and Chemical Properties

- Description: Colorless liquid/vapor; sweetish, chloroform-like odor
- Molecular formula: C₂HCl₃
- Molecular weight: 131.4
- Density: 1.47 g/cm³ @ 20°C
- Boiling point: 87.2 °C
- Melting point: −84.7°C
- Vapor pressure: 77 torr @ 25°C
- Vapor density: 4.5 (air = 1)
- Solubility: Soluble in alcohol, ethers, petroleum distillates and other halogenated solvents
- Conversion factor: 1 ppm = 5.37 mg/m^3 @ 25°C

III. Major Uses or Sources

Trichloroethylene was once used as an extractant in food processing and has been used as an anesthetic and analgesic for medical purposes (Waters et al. 1977). Currently, it is widely used as a solvent in the industrial degreasing of metals, with secondary solvent uses in adhesive paint and polyvinyl chloride production (U.S. EPA, 1985). Trichloroethylene is used as a solvent in the textile industry, as a solvent for adhesives and lubricants, and as a low-temperature heat transfer fluid (IARC, 1979). Trichloroethylene is also implemented in the manufacturing of pesticides and other chemicals (Feldman, 1979). In 1996, the latest year tabulated, the statewide mean outdoor monitored concentration of trichloroethylene was approximately 0.035 ppb (CARB, 1999a). The annual statewide emissions from facilities reporting under the Air Toxics Hot Spots Act in California based on the most recent inventory were estimated to be 176,908 pounds (CARB, 1999b).

IV. Effects of Human Exposure

An occupational study of trichloroethylene (TCE) vapor emissions in a pump room was conducted by Vandervort and Polunkoff (1973). Workers were an average age of 40 and had been employed for an average of 8 years. For 11-day shift workers, individual 8 hour time weighted average (TWA) TCE exposure concentrations were extrapolated from two area samples; these averages ranged from 170-420 mg/m³ (32-78 ppm). Nineteen workers (including the 11 workers whose work areas were sampled) completed a questionnaire and reported the following symptoms: 73% eye irritation, 70% drowsiness, 58%...
heart palpitations, 58% cough, 53% weakness and 52% dizziness. About half of the 19 exposed workers reported that consumption of small amounts of alcohol outside of work resulted in changes of skin color and severe intoxication. One worker of the 19 reported no adverse effects from the occupational exposure. Nine control workers experienced none of the above symptoms. Urine samples from the 19 exposed and 9 unexposed workers were collected before and after the work shift and examined for the TCE metabolites trichloroacetic acid (TCA) and trichloroethanol (TRI). TRI levels ranged from 4-260 mg/l and TCA levels ranged from 4-197 mg/l. Results of the urine assays showed a range of TCE metabolite concentrations and, therefore, confirmed that the workers were exposed to a variety of concentrations in their environments.

Nomiyama et al. (1977) examined 36 trichloroethylene workers, of whom 9 males and 12 females were occupationally exposed to a constant concentration of trichloroethylene (TCE) and 18 males were exposed to variable concentrations (duration of exposure unspecified). The control group consisted of 6 males and 10 females who were of similar educational, sociologic and economic status to the trichloroethylene workers. Researchers used urinary excretion of TCE metabolites as an indicator of the level of TCE exposure in the working environment; total excreted trichloro-compounds of 100 mg in 4 hours corresponded to 100 ppm TCE present in the working environment (Bardodej, 1958; Medek, 1958). Of the 36 exposed workers, 5 were exposed to 0-25 ppm; 14 were exposed to 25-50 ppm; 6 were exposed to 50-100 ppm; 8 were exposed to 100-150 ppm; and 3 were exposed to 150-200 ppm TCE. In the low exposure group, workers experienced mucous membrane irritation in the eyes, nose and throat, in addition to drowsiness, fatigue and headache. These symptoms were persistent through the higher concentration exposures with an increase in eye irritation, headache, fatigue, and nasal obstruction above 100 ppm TCE. Increases in rhinorrhea and drowsiness were seen above 50 ppm TCE exposure.

Kimmerle and Eben (1973) exposed 4 human subjects (3 males and 1 female) to a subacute regimen of 48 ±3 ppm trichloroethylene (TCE) for 4 hours a day over a period of 5 days. Levels of TCE and the metabolites trichloroethanol (TRI) and trichloroacetic acid (TCA) were determined. Trichloroethanol-blood levels were elevated immediately after exposure, and detection of trichloroethanol occurred up to 7 days after the last exposure. TCE-blood concentration increased slightly over the 5 days. Levels of urinary excreted trichloroethanol, as well as the TCA-concentration, increased throughout the study, with the female showing a significantly higher excretion of TCA. Levels of TCA were detected up to 12 days after the final exposure.

Okawa and Bodner (1973) studied the occupational exposure of 24 electrical plant workers to trichloroethylene (TCE). The plant worker group consisted of 22 males and 2 females ranging in age from 21-52 years old. Environmental samples of TCE were collected over three days and yielded varying concentrations of TCE related to the task performed in certain areas (duration of exposure unspecified). Spray booth operators were exposed to an average of 25.3 ppm TCE (13-40 ppm range) in addition to averages of 15.2 ppm n-propyl acetate (NPA) and 6 ppm toluene (TOL). Workers involved in washing board units were exposed to an average value of 39 ppm (6-82 ppm range) TCE. Although the workers wore respiratory protection during the washing procedure, the overall average of airborne TCE in this area was 48.3 ppm. In the testing area of the plant, researchers report that the amounts of toluene and n-propyl acetate were insignificant. Here, TCE levels were an average of 24.4 ppm (range = 8-44 ppm). The solder machine operators were exposed to an average of 44.0 ppm TCE (range = 23-87 ppm) with no NPA or TOL present. During the cleaning of the soldering machines, TCE levels rose to an average of 70.5 ppm (range = 30-106 ppm). Concentrations were only at these elevated levels for 20-30 minutes a day. Researchers note that although other agents were used in the work area, TCE was the only chemical found in significant amounts throughout the work area and that the levels of NPA and TOL were insignificant. An analysis of urinary TCE metabolites indicated that the workers were exposed to a time weighted average concentration of <50 ppm TCE. Three of the 24 workers reported that they were unaffected by their working conditions, but the most prominent complaints consisted of 70.8% workers experiencing nausea, 54.2% headache, 33.3% dizziness, 25.0% fatigue, 25% nose and throat irritation, and 20.8% eye irritation. Workers reported that these symptoms were alleviated hours after leaving the work environment. Researchers collected 8 hour urine samples from 20 of the workers and from 9 controls and analyzed them for TCE metabolites. Results of urinary analysis showed that the controls had exposure to an unspecified amount of TCE. TCA levels in exposed workers were elevated from that of the controls and correlated to the different exposures in specific work areas.
Phoon et al. (1984) reported on 5 cases of Stevens-Johnson syndrome (erythema multiforme major) with liver involvement which followed exposure to TCE. In two cases, reactions to the exposure began with a fever followed by an itchy rash on the face spreading over the body. Lesions were observed on the face, arms and in the mouth. Liver function tests were abnormal. One of the two developed jaundice with hepatomegaly. Case #3 developed a similar reaction after 5 weeks of exposure to 216-912 mg/m$^3$ TCE (40-170 ppm) as did case #5 after two weeks of exposure to 370 mg/m$^3$ TCE (69 ppm). Case #4 involved a 39 year old man exposed to <50 mg/m$^3$ TCE (< 9.3 ppm) for three weeks who developed the characteristic rash, lesions and jaundice with slight hepatomegaly. Upon returning to work over the next three weeks, he developed generalized erythrodermia and facial oedema, hepatosplenomegaly and liver failure with septicemia from which he died 14 days later.

Stewart et al. (1974) studied the effects of subacute trichloroethylene (TCE) exposure in combination with alcohol consumption. Seven men exposed to 200 ppm TCE ingested 1 quart of beer or 90 ml of 100-proof vodka and developed red blotches on their faces 30-40 minutes later. These lesions enlarged with time until they reached a peak intensity, whereupon they faded. One subject experienced facial flush with the consumption of alcohol for three weeks after the last TCE exposure, while another showed flushing six weeks after the last exposure.

V. Effects of Animal Exposure

Kjellstrand et al. (1983) studied the effects of both intermittent and continuous exposures of various concentrations of trichloroethylene on male and female mice over a period of 30 days. The concentrations used range from 37-3600 ppm, and 7 of the 14 groups were continuously or intermittently exposed to lower concentrations of 37, 75, 150, 225 and 300 ppm TCE. Continuous exposure studies were conducted over a period of 30 days for exposure groups of 37, 75, 150 and 300 ppm TCE. All groups consisted of 10 males and 10 females (except the 37 ppm group, consisting of 20 males and 20 females) and were compared to identical groups of air-exposed controls. Liver weights increased in a non-linear fashion as the concentration level of TCE increased. All groups exhibited statistically significant increases in liver weights as compared to the controls. In both the 37 and the 75 ppm groups, the increase in females was less than in males. No increase in spleen weight was detected at either the 37 or 75 ppm exposure level. At the 37 ppm level, a slight increase in plasma butyrylcholinesterase (BuChE) activity (not statistically significant) was also detected. A significant increase in kidney weight was seen in the male 75 ppm group and was more pronounced with increasing concentration. Male mice in the 75 ppm group also showed statistically significant increases in BuChE activity. In the 150 ppm group, male and female liver weight increases were statistically significant and of equal magnitude. A statistically significant increase was seen in the BuChE activity of the 150 ppm male mice. It was not until female mice were exposed to 300 ppm, that they showed slight increase in BuChE activity, while the males increased 3.5 times the controls. Liver weight increases for the 300 ppm group were close to the maximum with females showing greater increase than the males. Ten male and 10 female mice were continuously exposed to 150 ppm TCE for 30 days, but then allowed a 120 day rehabilitation period. Following rehabilitation, liver weights returned to levels comparable to the controls. The elevated BuChE activity returned to a normal level. No significant effects were seen after the period of rehabilitation. A continuous study was performed on 10 male and 10 female mice for 120 days at an exposure level of 150 ppm TCE. No further increase in liver weight occurred beyond the level reached in the 30 day study. Body weight gain was slightly decreased, and the same level of BuChE activity was seen as in the 30 day exposure. The intermittent study consisted of 30 days exposure to 225 ppm TCE for 16 hours a day, 7 days a week. A significant increase was seen in the BuChE activity of male mice, while females did not exhibit an increase in BuChE activity. Both males and females showed statistically significant increases in liver weight. Kidney weight increased in the same manner as in the continuous exposures. The authors noted that “extrapolation of the concentration-effect curve suggests that both liver weight and BuChE activities are influenced at still lower concentration.”

Briving et al. (1986) examined neurotoxicity as a result of chronic trichloroethylene (TCE) inhalation exposure. Two groups of gerbils (6 in each group) were exposed to 50 or 150 ppm TCE for a period of 12 days.
months. Two equivalent groups were used as controls. Two areas of the brain were specifically observed, the hippocampus and the posterior part of the cerebellar vermis. These discrete brain areas were previously shown to be sensitive towards chlorinated aliphatic solvents (Haglid et al., 1981). Following exposure, gerbils were decapitated and measurements were made of total free tissue amino acids as well as high-affinity uptake and release of $^3$H-aminobutyric acid (GABA) and $^{14}$C-glutamate. A significant increase in glutathione was seen in the hippocampus of the 150 ppm gerbils, but amino acid levels were not significantly affected. In the posterior part of the cerebellar vermis, glutamate and GABA accumulation levels increased in a dose-dependent manner, with significant increases seen at both 50 and 150 ppm TCE. Evaluation of the hippocampus revealed no significant changes. The authors suggest that the stimulation of transport functions for GABA and glutamate may be triggered by the presence of the TCE metabolite, trichloroethanol. Therefore, the levels of GABA and glutamate are indicative of the amount of trichloroethanol from TCE in the brain.

Kligerman et al. (1994) exposed 20 male CD rats to 0, 5, 50, or 500 ppm trichloroethylene (TCE) for 6 hours a day, over a period of 4 days. Groups at each concentration consisted of 5 rats. One of the cytogenetic effects measured was peripheral blood lymphocytes (PBLs), abnormal with regard to sister chromatid exchanges. Also analyzed were the cell cycle, bone marrow micronuclei in polychromatic erythrocytes (MN-PCEs/1000) and micronuclei in cytochalasin B-blocked binucleated cells (MN-BN/1000). The 5 ppm and 500 ppm exposure groups showed a decrease (not statistically significant) in cell cycle. In addition, the 50 ppm group exhibited a statistically significant decrease in cell cycle. For all concentrations, there was an overall increase in the PCE percentage. The number of PCEs with micronuclei also rose with the increasing concentrations of 50 ppm and 500 ppm TCE (not statistically significant due to high control values). The researchers conclude that the resulting increase of MN in exposed rats is indicative of aneuploidy induction as opposed to chromosomal breakage, and that the lack of chromosome aberrations corresponds to spindle effects such as aneuploid induction. Concurrent results of increased levels of leukocyte aneuploidy were also found by Konietzko et al. (1978) in degreasing workers occupationally exposed to TCE.

Haglid et al. (1981) continuously exposed gerbils to 60 ppm or 320 ppm trichloroethylene (TCE) for 3 months. Following the exposure period, gerbils were maintained for 4 months in TCE-free conditions in order to observe any restoration of neuronal function. Both of the exposed groups as well as the control group consisted of six pairs of males and females. Brain samples were collected from the gerbils after the 4 month non-exposure period and used for determination of DNA and proteins. In order to determine areas of the brain that were sensitive to TCE, researchers examined biochemical and morphological changes in the hippocampus, the posterior part of the cerebellar vermis, and the brain stem. In addition to the biochemical tests, the cerebellum, brain stem, and cerebrum of two gerbils from each group, including the control, were used for neuropathological examination. Brain tissue from 2 gerbils in the control group and the 320 ppm group were examined under the electron microscope. No difference was seen in the body and brain weights of the exposed gerbils compared with controls. A slight but significant increase in soluble proteins was detected in the frontal cerebral cortex of the 60 ppm group, and a more significant elevation was seen in the visual cerebral cortex of both the 60 ppm and 320 ppm groups. In the 60 ppm group, a slight but significant decrease was seen in the soluble proteins of the sensory-motor cortex. Both groups exhibited significant decreases in levels of soluble proteins in the hippocampus, the brain stem, and in the posterior part of the cerebellar vermis. Soluble protein levels in the cerebellar hemisphere and anterior part of the vermis of gerbils in both exposed groups did not differ from the controls. The 320 ppm group showed significantly increased DNA levels in the posterior part of the sensory motor cortex and cerebellar vermis. The glial cytoplasmic protein (S 100 fraction) level of the 60 ppm group was decreased in the frontal and visual cerebral cortex, but increased in the posterior part of the cerebellar hemisphere and the sensory-motor cortex. However, only a slight decrease of S 100 protein was observed in the visual cerebral cortex of 320 ppm exposed gerbils. The most notable S 100 increase occurred in the hippocampus, brain stem and the posterior part of the cerebellar vermis, indicating that either the glial cells were directly affected or that damage to surrounding neuronal cells caused an indirect response. There was an increase in DNA in the posterior part of the cerebellar vermis in the exposed gerbils, suggesting that TCE induced astroglial cell mitosis. Light microscopy revealed shrinkage of cell bodies and axon swelling occurred in various parts of the brain. The electron microscopy performed on control and 320 ppm brain tissues revealed increased levels of filament bundles in the cytoplasm of some Purkinje and Golgi cell perikarya.
lysosomes, myelin bodies and lipid containing lysosomal structures in the exposed gerbils. Unique arrangements of filament bundles were seen in Purkinje and Golgi cell dendrites of the exposed group. A significant decrease in the number of microtubules was observed as well as a decrease in the number of synaptic vesicles in the granular layer. Also, the granular layer had decreased maximal nerve cell surface area. Nerve cells were affected by the exposure as several types were reduced in size with fewer organelles and more lysosomes and myelin bodies. Many axons and dendrites had reduced numbers of microtubules, and there were filament bundles observed that were not present in the controls. Lysosomal structures were increased in the synaptic terminals.

Kimmerle and Eben (1973) performed a subchronic study on 20 male rats for a period of 14 weeks. Rats were exposed to a mean concentration of 55.0 ±4 ppm trichloroethylene (TCE) for 8 hours a day, 5 days a week. The control group consisted of 20 rats who in similar inhalation chambers under similar conditions to that of the exposed rats. Ten exposed rats were analyzed for TCE metabolite excretion on a daily basis. Blood levels of trichloroacetic acid (TCA), trichloroethanol (TRI) and chloral hydrate (CH) were measured during the 2nd, 3rd, 4th, 6th, 9th and 14th weeks. Weekly measurements of body weights were recorded. Macroscopic examinations were performed on the thyroid gland, heart, lungs, liver, kidneys, testes and adrenal glands. Hematological evaluations, liver function tests, and renal function tests were also conducted following exposure. Urinary levels of TRI varied individually among the rats, but a continuous increase in TRI was observed through the 10th week. TCA levels remained fairly constant throughout the duration of the experiment. TCE was not detectable in the blood or the tissues of exposed rats. Although liver and renal function tests did not reveal abnormalities, there was an increase in the liver weights of the exposed rats. The weights of the other organs examined were similar to the controls.

Norpoth et al. (1974) observed an increase in liver cytochrome P450 activity in 9 rats exposed to 50 ppm trichloroethylene for 28 days, compared with 9 control rats.
### VI. Derivation of Chronic Reference Exposure Level

<table>
<thead>
<tr>
<th>Study</th>
<th>Vandervort and Polnkoff (1973)</th>
</tr>
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<tbody>
<tr>
<td>Study population</td>
<td>19 workers and 9 controls</td>
</tr>
<tr>
<td>Exposure method</td>
<td>Discontinuous occupational inhalation exposure</td>
</tr>
<tr>
<td>Critical effects</td>
<td>Drowsiness, fatigue, headache, and eye irritation</td>
</tr>
<tr>
<td>LOAEL</td>
<td>$32 \text{ ppm (170 mg/m}^3\text{)}$ in the heavy assembly area</td>
</tr>
<tr>
<td>NOAEL</td>
<td>Not observed</td>
</tr>
<tr>
<td>Exposure continuity</td>
<td>8 hours a day (10 m$^3$/day occupational inhalation rate), 5 days a week</td>
</tr>
<tr>
<td>Exposure duration</td>
<td>8 years</td>
</tr>
<tr>
<td>Average occupational exposure</td>
<td>$11.4 \text{ ppm for LOAEL group (32 x 10/20 x 5/7)}$</td>
</tr>
<tr>
<td>Human equivalent concentration</td>
<td>$11.4 \text{ ppm for LOAEL group}$</td>
</tr>
<tr>
<td>LOAEL uncertainty factor</td>
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</tr>
<tr>
<td>Subchronic uncertainty factor</td>
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</tr>
<tr>
<td>Interspecies uncertainty factor</td>
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</tr>
<tr>
<td>Intraspecies uncertainty factor</td>
<td>10</td>
</tr>
<tr>
<td>Cumulative uncertainty factor</td>
<td>100</td>
</tr>
<tr>
<td>Inhalation reference exposure level</td>
<td>$0.1 \text{ ppm (100 ppb; 0.6 mg/m}^3\text{; 600 }\mu\text{g/m}^3\text{)}$</td>
</tr>
</tbody>
</table>

The Vandervort and Polnkoff (1973) study accounted for 8 years of human occupational exposure to TCE vapors. Sensitive, non-specific neurotoxicological endpoints were exhibited by a majority of those workers exposed. Although the time-weighted averages (TWAs) included a wide range of concentrations, the TWA of 32 ppm ($170 \text{ mg/m}^3$) was shown to contribute to the high incidence (52 - 73%) of adverse effects experienced by the workers. Many of the symptoms reported by the workers may have been due to short-term fluctuations in the concentrations in the workplace. The symptoms were not reported separately for the various TWAs, therefore, the lowest TWA (32 ppm) was chosen as a LOAEL. Uncertainty includes the small number of workers studied, the limited extent of the effects mentioned, and the lack of a NOAEL. Strengths include the use of human data, the demonstration of a dose-response relationship, and exposure estimates correlated with urinary excretion measurements.

This study was the best chronic account of the non-carcinogenic effects of TCE on humans, but several other studies show similar results. Nomiyama et al. (1977) found similar endpoints of drowsiness, fatigue and eye irritation in 36 workers occupationally exposed to trichloroethylene. Okawa et al. (1973) also saw non-specific neurological endpoints in 24 electrical plant workers who were similarly exposed to TCE.

For comparison with the proposed REL of 100 ppb based on human studies, the LOAEL of 50 ppm trichloroethylene obtained by Briving et al. (1986) in gerbils exposed continuously for 12 months was used to estimate a REL based on animal data. Use of a LOAEL UF of 3, a subchronic UF of 1, an interspecies UF of 10, and an intraspecies UF of 10 resulted in an estimated REL of 200 ppb for trichloroethylene.

### VII. Data Strengths and Limitations for Development of the REL

The strengths of the inhalation REL for trichloroethylene include the use of human exposure data from workers exposed over a period of years. Major areas of uncertainty are the lack of reproductive and developmental toxicity studies and the lack of observation of a NOAEL.

### VIII. References


