

HAZARDOUS SUBSTANCE FACT SHEET

Common Name: **POLYCHLORINATED
BIPHENYLS**

CAS Number: 1336-36-3

DOT Number: UN 2315

RTK Substance number: 1554

Date: February 1989 Revision: April 1996

HAZARD SUMMARY

- * Polychlorinated Biphenyls can affect you when breathed in and by passing through your skin.
- * Polychlorinated Biphenyls are **CARCINOGENS**--HANDLE WITH EXTREME CAUTION.
- * Polychlorinated Biphenyls can damage the adult reproductive system.
- * Polychlorinated Biphenyls can irritate and burn the eyes.
- * Exposure to the vapor can irritate the nose and throat causing cough and/or difficulty in breathing.
- * Polychlorinated Biphenyls can cause an acne-like skin rash (*chloracne*).
- * High exposures can damage the nervous system, causing headache, numbness, weakness and tingling ("pins and needles") in the arms and legs.
- * Polychlorinated Biphenyls may cause liver damage.

IDENTIFICATION

Polychlorinated Biphenyls are mixtures of chemicals that form clear to yellow, oily liquids to white, crystalline (sand-like) solids and hard resins. They are used in insulating fluids of electrical systems.

REASON FOR CITATION

- * Polychlorinated Biphenyls are on the Hazardous Substance List because they are regulated by OSHA and cited by NIOSH, DOT, IARC, NTP, DEP, HHAG and EPA.
- * These chemicals are on the Special Health Hazard Substance List because they are **CARCINOGENS** and **TERATOGENS**.
- * Definitions are provided on page 5.

HOW TO DETERMINE IF YOU ARE BEING EXPOSED

The New Jersey Right to Know Act requires most employers to label chemicals in the workplace and requires public employers to provide their employees with information and training concerning chemical hazards and controls. The federal OSHA Hazard Communication Standard, 1910.1200, requires private employers to provide similar training and information to their employees.

- * Exposure to hazardous substances should be routinely evaluated. This may include collecting personal and area air samples. You can obtain copies of sampling results

from your employer. You have a legal right to this information under OSHA 1910.20.

- * If you think you are experiencing any work-related health problems, see a doctor trained to recognize occupational diseases. Take this Fact Sheet with you.

WORKPLACE EXPOSURE LIMITS

OSHA: The legal airborne permissible exposure limit (PEL) is **1 mg/m³** (42% Chlorine) and **0.5 mg/m³** (54% Chlorine) averaged over an 8-hour workshift.

NIOSH: The recommended airborne exposure limit is **0.001 mg/m³** averaged over a 10-hour workshift.

ACGIH: The recommended airborne exposure limit is **1 mg/m³** (42% Chlorine) and **0.5 mg/m³** (54% Chlorine) averaged over an 8-hour workshift.

- * Polychlorinated Biphenyls are **PROBABLE CARCINOGENS** in humans. There may be no safe level of exposure to carcinogens, so all contact should be reduced to the lowest possible level.
- * The above exposure limits are for air levels only. When skin contact also occurs, you may be overexposed, even though air levels are less than the limits listed above.

WAYS OF REDUCING EXPOSURE

- * Enclose operations and use local exhaust ventilation at the site of chemical release. If local exhaust ventilation or enclosure is not used, respirators should be worn.
- * A regulated, marked area should be established where Polychlorinated Biphenyls are handled, used, or stored as recommended by NIOSH.
- * Wear full-body protective work clothing.
- * Wash thoroughly immediately after exposure to Polychlorinated Biphenyls and on exit from the work area.
- * Post hazard and warning information in the work area. In addition, as part of an ongoing education and training effort, communicate all information on the health and safety hazards of Polychlorinated Biphenyls to potentially exposed workers.

This Fact Sheet is a summary source of information of all potential and most severe health hazards that may result from exposure. Duration of exposure, concentration of the substance and other factors will affect your susceptibility to any of the potential effects described below.

HEALTH HAZARD INFORMATION

Acute Health Effects

The following acute (short-term) health effects may occur immediately or shortly after exposure to **Polychlorinated Biphenyls**:

- * Polychlorinated Biphenyls can irritate and burn the eyes.
- * Exposure to the vapor can irritate the nose and throat causing cough and/or difficulty in breathing.

Chronic Health Effects

The following chronic (long-term) health effects can occur at some time after exposure to **Polychlorinated Biphenyls** and can last for months or years:

Cancer Hazard

- * Polychlorinated Biphenyls are PROBABLE CARCINOGENS in humans. There is some evidence that they cause skin cancer in humans and they have been shown to cause liver cancer in animals.
- * Many scientists believe there is no safe level of exposure to a CARCINOGEN.

Reproductive Hazard

- * Polychlorinated Biphenyls may be passed to a child through mother's milk.
- * Polychlorinated Biphenyls can affect the reproductive system of adults.

Other Long-Term Effects

- * Polychlorinated Biphenyls may cause liver damage.
- * Polychlorinated Biphenyls can cause an acne-like skin rash (*chloracne*), which may persist for years.
- * High exposures can damage the nervous system, causing headache, numbness, weakness, and tingling ("pins and needles") in the arms and legs.

MEDICAL

Medical Testing

Before beginning employment and at regular times after that, the following are recommended:

- * Liver function tests.
- * Exam of the skin.

If symptoms develop or overexposure is suspected, the following may be useful:

- * Blood PCB levels.
- * Exam of the nervous system.

Any evaluation should include a careful history of past and present symptoms with an exam. Medical tests that look for damage already done are not a substitute for controlling exposure.

Request copies of your medical testing. You have a legal right to this information under OSHA 1910.20.

Mixed Exposures

Because more than light alcohol consumption can cause liver damage, drinking alcohol can increase the liver damage caused by **Polychlorinated Biphenyls**.

WORKPLACE CONTROLS AND PRACTICES

Unless a less toxic chemical can be substituted for a hazardous substance, **ENGINEERING CONTROLS** are the most effective way of reducing exposure. The best protection is to enclose operations and/or provide local exhaust ventilation at the site of chemical release. Isolating operations can also reduce exposure. Using respirators or protective equipment is less effective than the controls mentioned above, but is sometimes necessary.

In evaluating the controls present in your workplace, consider: (1) how hazardous the substance is, (2) how much of the substance is released into the workplace and (3) whether harmful skin or eye contact could occur. Special controls should be in place for highly toxic chemicals or when significant skin, eye, or breathing exposures are possible.

In addition, the following controls are recommended:

- * Where possible, automatically transfer **Polychlorinated Biphenyls** from drums or other storage containers to process containers.
- * Specific engineering controls are recommended for this chemical by NIOSH. Refer to the NIOSH criteria document: *Occupational Exposure to Polychlorinated Biphenyls* #77-225.

Good **WORK PRACTICES** can help to reduce hazardous exposures. The following work practices are recommended:

- * Workers whose clothing has been contaminated by **Polychlorinated Biphenyls** should change into clean clothing promptly.

- * Do not take contaminated work clothes home. Family members could be exposed.
- * Contaminated work clothes should be laundered by individuals who have been informed of the hazards of exposure to **Polychlorinated Biphenyls**.
- * Eye wash fountains should be provided in the immediate work area for emergency use.
- * If there is the possibility of skin exposure, emergency shower facilities should be provided.
- * On skin contact with **Polychlorinated Biphenyls**, immediately wash or shower to remove the chemical. At the end of the workshift, wash any areas of the body that may have contacted **Polychlorinated Biphenyls**, whether or not known skin contact has occurred.
- * Do not eat, smoke, or drink where **Polychlorinated Biphenyls** are handled, processed, or stored, since the chemicals can be swallowed. Wash hands carefully before eating, drinking, smoking or using the toilet.
- * If a crystalline solid, when vacuuming, a high efficiency particulate absolute (HEPA) filter should be used, not a standard shop vacuum.

PERSONAL PROTECTIVE EQUIPMENT

WORKPLACE CONTROLS ARE BETTER THAN PERSONAL PROTECTIVE EQUIPMENT. However, for some jobs (such as outside work, confined space entry, jobs done only once in a while, or jobs done while workplace controls are being installed), personal protective equipment may be appropriate.

The following recommendations are only guidelines and may not apply to every situation.

Clothing

- * Avoid skin contact with **Polychlorinated Biphenyls**. Wear protective gloves and clothing. Safety equipment suppliers/manufacturers can provide recommendations on the most protective glove/clothing material for your operation.
- * All protective clothing (suits, gloves, footwear, headgear) should be clean, available each day, and put on before work.

Eye Protection

- * Wear splash-proof chemical goggles and face shield when working with liquid, unless full facepiece respiratory protection is worn.
- * Wear dust-proof goggles and face shield when working with crystalline solids, or dust, unless full facepiece respiratory protection is worn.

Respiratory Protection

IMPROPER USE OF RESPIRATORS IS DANGEROUS.

Such equipment should only be used if the employer has a written program that takes into account workplace conditions, requirements for worker training, respirator fit testing and medical exams, as described in OSHA 1910.134.

- * Where the potential exists for exposures over 0.001 mg/m^3 , use a MSHA/NIOSH approved supplied-air respirator with a full facepiece operated in a pressure-demand or other positive-pressure mode. For increased protection use in combination with an auxiliary self-contained breathing apparatus operated in a pressure-demand or other positive-pressure mode.

HANDLING AND STORAGE

- * Prior to working with **Polychlorinated Biphenyls** you should be trained on their proper handling and storage.
- * A regulated, marked area should be established where **Polychlorinated Biphenyls** is handled, used, or stored.
- * Store in tightly closed containers in a cool well-ventilated area away from STRONG OXIDIZERS (such as CHLORINE, BROMINE and FLUORINE).

QUESTIONS AND ANSWERS

Q: If I have acute health effects, will I later get chronic health effects?

A: Not always. Most chronic (long-term) effects result from repeated exposures to a chemical.

Q: Can I get long-term effects without ever having short-term effects?

A: Yes, because long-term effects can occur from repeated exposures to a chemical at levels not high enough to make you immediately sick.

Q: What are my chances of getting sick when I have been exposed to chemicals?

A: The likelihood of becoming sick from chemicals is increased as the amount of exposure increases. This is determined by the length of time and the amount of material to which someone is exposed.

Q: When are higher exposures more likely?

A: Conditions which increase risk of exposure include dust releasing operations (grinding, mixing, blasting, dumping, etc.), other physical and mechanical processes (heating, pouring, spraying, spills and evaporation from large surface areas such as open containers), and "confined space" exposures (working inside vats, reactors, boilers, small rooms, etc.).

the risk of getting sick higher for workers than for community residents?

Yes. Exposures in the community, except possibly in cases of fires or spills, are usually much lower than those found in the workplace. However, people in the community may be exposed to contaminated water as well as to chemicals in the air over long periods. Because of this, and because of exposure of children or people who are already ill, community exposures may cause health problems.

Q: Don't all chemicals cause cancer?

A: No. Most chemicals tested by scientists are not cancer-causing.

Q: Should I be concerned if a chemical causes cancer in animals?

A: Yes. Most scientists agree that a chemical that causes cancer in animals should be treated as a suspected human carcinogen unless proven otherwise.

Q: But don't they test animals using much higher levels of a chemical than people usually are exposed to?

A: Yes. That's so effects can be seen more clearly using fewer animals. But high doses alone don't cause cancer unless it's a cancer agent. In fact, a chemical that causes cancer in animals at high doses could cause cancer in humans exposed to low doses.

Q: Can men as well as women be affected by chemicals that cause reproductive system damage?

A: Yes. Some chemicals reduce potency or fertility in both men and women. Some damage sperm and eggs, possibly leading to birth defects.

Q: Who is at the greatest risk from reproductive hazards?

A: Pregnant women are at greatest risk from chemicals that harm the developing fetus. However, chemicals may affect the ability to have children, so both men and women of childbearing age are at high risk.

Q: Should I be concerned if a chemical is a teratogen in animals?

A: Yes. Although some chemicals may affect humans differently than they affect animals, damage to animals suggests that similar damage can occur in humans.

The following information is available from:

New Jersey Department of Health and
Senior Services
Occupational Disease and Injury Services
Trenton, NJ 08625-0360
(609) 984-1863

Industrial Hygiene Information

Industrial hygienists are available to answer your questions regarding the control of chemical exposures using exhaust ventilation, special work practices, good housekeeping, good hygiene practices, and personal protective equipment including respirators. In addition, they can help to interpret the results of industrial hygiene survey data.

Medical Evaluation

If you think you are becoming sick because of exposure to chemicals at your workplace, you may call a Department of Health and Senior Services physician who can help you find the services you need.

Public Presentations

Presentations and educational programs on occupational health or the Right to Know Act can be organized for labor unions, trade associations and other groups.

Right to Know Information Resources

The Right to Know Infoline (609) 984-2202 can answer questions about the identity and potential health effects of chemicals, list of educational materials in occupational health, references used to prepare the Fact Sheets, preparation of the Right to Know survey, education and training programs, labeling requirements, and general information regarding the Right to Know Act. Violations of the law should be reported to (609) 984-2202.

DEFINITIONS

ACGIH is the American Conference of Governmental Industrial Hygienists. It recommends upper limits (called TLVs) for exposure to workplace chemicals.

A **carcinogen** is a substance that causes cancer.

The **CAS number** is assigned by the Chemical Abstracts Service to identify a specific chemical.

A **combustible** substance is a solid, liquid or gas that will burn.

A **corrosive** substance is a gas, liquid or solid that causes irreversible damage to human tissue or containers.

DEP is the New Jersey Department of Environmental Protection.

DOT is the Department of Transportation, the federal agency that regulates the transportation of chemicals.

EPA is the Environmental Protection Agency, the federal agency responsible for regulating environmental hazards.

A **fetus** is an unborn human or animal.

A **flammable** substance is a solid, liquid, vapor or gas that will ignite easily and burn rapidly.

The **flash point** is the temperature at which a liquid or solid gives off vapor that can form a flammable mixture with air.

HHAG is the Human Health Assessment Group of the federal EPA.

IARC is the International Agency for Research on Cancer, a scientific group that classifies chemicals according to their cancer-causing potential.

A **miscible** substance is a liquid or gas that will evenly dissolve in another.

mg/m³ means milligrams of a chemical in a cubic meter of air. It is a measure of concentration (weight/volume).

MSHA is the Mine Safety and Health Administration, the federal agency that regulates mining. It also evaluates and approves respirators.

A **mutagen** is a substance that causes mutations. A **mutation** is a change in the genetic material in a body cell. Mutations can lead to birth defects, miscarriages, or cancer.

NAERG is the North American Emergency Response Guidebook. It was jointly developed by Transport Canada, the United States Department of Transportation and the Secretariat of Communications and Transportation of Mexico. It is a guide for first responders to quickly identify the specific or generic hazards of material involved in a transportation incident, and to protect themselves and the general public during the initial response phase of the incident.

NCI is the National Cancer Institute, a federal agency that determines the cancer-causing potential of chemicals.

NFPA is the National Fire Protection Association. It classifies substances according to their fire and explosion hazard.

NIOSH is the National Institute for Occupational Safety and Health. It tests equipment, evaluates and approves respirators, conducts studies of workplace hazards, and proposes standards to OSHA.

NTP is the National Toxicology Program which tests chemicals and reviews evidence for cancer.

OSHA is the Occupational Safety and Health Administration, which adopts and enforces health and safety standards.

PEOSHA is the Public Employees Occupational Safety and Health Act, a state law which sets PELs for New Jersey public employees.

ppm means parts of a substance per million parts of air. It is a measure of concentration by volume in air.

A **reactive** substance is a solid, liquid or gas that releases energy under certain conditions.

A **teratogen** is a substance that causes birth defects by damaging the fetus.

TLV is the Threshold Limit Value, the workplace exposure limit recommended by ACGIH.

The **vapor pressure** is a measure of how readily a liquid or a solid mixes with air at its surface. A higher vapor pressure indicates a higher concentration of the substance in air and therefore increases the likelihood of breathing it in.

CHEMTREC: (800) 424-9300
NJDEP HOTLINE: (609) 292-7172

Hazard rating	NJDHSS	NFPA
FLAMMABILITY	Not Found	1
REACTIVITY	Not Found	0
<p>CARCINOGEN</p> <p>POISONOUS GASES ARE PRODUCED IN FIRE</p>		

Hazard Rating Key: 0=minimal; 1=slight; 2=moderate; 3=serious; 4=severe

FIRE HAZARDS

- * **Polychlorinated Biphenyls** may burn, but do not readily ignite.
- * Use dry chemical, CO₂, water spray, or foam extinguishers.
- * **POISONOUS GASES ARE PRODUCED IN FIRE**, including *Dioxin* and *Chlorinated Dibenzofurans*.
- * If employees are expected to fight fires, they must be trained and equipped as stated in OSHA 1910.156.

SPILLS AND EMERGENCIES

If Polychlorinated Biphenyls are spilled or leaked, take the following steps:

- * Evacuate and isolate the area of the spill or leak, and restrict persons not wearing protective equipment from area of spill or leak until clean-up is complete.
- * Ventilate the area of spill or leak.
- * Absorb liquids in vermiculite, dry sand, earth, or a similar material and deposit in sealed containers.
- * Collect powdered material in the most convenient and safe manner and deposit in sealed containers.
- * It may be necessary to contain and dispose of **Polychlorinated Biphenyls** as a **HAZARDOUS WASTE**. Contact your Department of Environmental Protection (DEP) or your regional office of the federal Environmental Protection Agency (EPA) for specific recommendations.
- * If employees are required to clean-up spills, they must be properly trained and equipped. OSHA 1910.120(q) may be applicable.

HANDLING AND STORAGE (See page 3)

FIRST AID

In NJ, POISON INFORMATION 1-800-962-1253

Eye Contact

- * Immediately flush with large amounts of water for at least 15 minutes, occasionally lifting upper and lower lids.

Skin Contact

- * Quickly remove contaminated clothing. Immediately wash contaminated skin with large amounts of soap and water.

Breathing

- * Remove the person from exposure.
- * Begin rescue breathing if breathing has stopped and CPR if heart action has stopped.
- * Transfer promptly to a medical facility.

PHYSICAL DATA

Vapor Pressure <1 mm Hg at 100°F (30°C)

Flash Point: 383°F (195°C)

Water Solubility: Insoluble

OTHER NAMES AND FORMULATIONS

This Fact Sheet can be used for the following substances:

PCB-1242 (Chlorodiphenyl(42% Chlorine))
CAS # 53469-21-9

PCB-1254 (Chlorodiphenyl(54% Chlorine))
CAS # 11097-69-1

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NEW JERSEY DEPARTMENT OF HEALTH AND
SENIOR SERVICES

Right to Know Program
PO Box 368, Trenton, NJ 08625-0368
(609) 984-2202