



Kevin Mooney

Senior Project Manager
GE Aerospace

1 Plastics Ave.
Pittsfield, MA 01201

T (413) 553-6610
kevin.mooney@geaerospace.com

Via Electronic Mail

February 27, 2026

Mr. Joshua Fontaine
U.S. Environmental Protection Agency, New England Region
Five Post Office Square
Suite 100
Boston, MA 02109

**Re: GE-Pittsfield/Housatonic River Site
Rest of River (GECD850)
2025 Annual Report on Biota Consumption Advisory Outreach Activities for Housatonic Rest of
River in Connecticut**

Dear Mr. Fontaine:

Attached for the General Electric Company (GE) is a report entitled *2025 Annual Report on Biota Consumption Advisory Outreach Activities: Housatonic Rest of River – Connecticut*, prepared for GE by Arcadis. This report is submitted in accordance with GE's revised *Biota Consumption Advisory Outreach Plan for Housatonic Rest of River – Connecticut*, submitted by GE on January 20, 2022 and approved by EPA on January 26, 2022. This report describes the outreach activities conducted on GE's behalf in 2025, including the installation of new fish consumption advisory signs along the Connecticut portion of the Rest of River, as well as the provision of the Connecticut Department of Public Health pamphlet describing the fish consumption advisory to fishing license sales agents in the Connecticut towns and counties through which the Housatonic River flows. The report also describes the fish consumption advisory outreach activities planned for 2025 and future years for the Housatonic River in Connecticut in accordance with the approved plan.

Please let me know if you have any questions about this annual report.

Very truly yours,

Kevin G. Mooney
Senior Project Manager

Attachment

Cc: (via electronic mail)
Alexander Carli-Dorsey, EPA
John Kilborn, EPA

Lisa Danek Burke, EPA
Christopher Ferry, ASRC Federal
Thomas Czelusniak, HDR Inc.
Scott Campbell, Taconic Ridge Environmental
Izabella Zapisek, Taconic Ridge Environmental
Carol Papp, CT DEEP
Graham Stevens, CT DEEP
Lori DiBella, CT AG
Michael Gorski, MassDEP
Tamara Cardona-Marek, MassDEP
Ben Guidi, MassDEP
Jason Perry, MassDEP
Michelle Craddock, MassDEP
Jeffrey Mickelson, MassDEP
Eve Schluter, MassDFW
Betsy Harper, MA AG
Danielle Perry, NOAA
James McGrath, City of Pittsfield
Andrew Cambi, City of Pittsfield
Michael Coakley, PEDA
Melissa Provencher, BRPC
Jay Green, Town Administrator, Town of Lenox
R. Christopher Brittain, Town of Lee
Town Manager, Great Barrington
Town Administrator, Stockbridge
Town Administrator, Sheffield
Jim Wilusz, Tri Town Health Dept.
Lance Hauer, GE
Eric Merrifield, GE
Andrew Inglis, GE
Rachel Leary, GE
David Knutsen, Arcadis
Michael Werth, Anchor QEA
James Bieke, Counsel for GE
Public Information Repository at David M. Hunt Library in Falls Village, CT
GE Internal Repository

General Electric Company

2025 Annual Report on Biota Consumption Advisory Outreach Activities:

Housatonic Rest of River – Connecticut

February 2026

2025 Annual Report on Biota Consumption Advisory Outreach Activities: Housatonic Rest of River – Connecticut

February 2026

Prepared By:

Arcadis U.S., Inc.
One Lincoln Center, 110 West Fayette Street, Suite 300
Syracuse
New York 13202
Phone: 315 446 9120
Fax: 315 449 0017

Prepared For:

General Electric Company

Our Ref:

30299972

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Attachments

Attachment A	Connecticut Fish Consumption Advisory Signs
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Housatonic Rest of River – Connecticut

Attachment B 2025 Consumption Advisory Sign Photographic Log

Attachment C 2025 Connecticut Fish Consumption Advisory Pamphlet (in English and Spanish)

Attachment D 2025 Connecticut Fish Consumption Advisory Pamphlet in Polish, Chinese, Portuguese, and French

1 Introduction

The State of Connecticut has a general state-wide consumption advisory for eating fish from Connecticut waters, and it also has specific fish consumption advisories for specific waterbodies in Connecticut, including the Housatonic River. These advisories, developed by the Connecticut Department of Public Health (CT DPH) in conjunction with the Connecticut Department of Energy and Environmental Protection (CT DEEP), are based on the presence of polychlorinated biphenyls (PCBs), mercury, and/or other chemicals in the fish. The current fish consumption advisories for the Housatonic River in Connecticut apply to the consumption of certain fish species from certain portions of the River due to the presence or potential presence of PCBs in the fish. These advisories range from “Do not eat” to warnings to limit consumption to only “one meal per month” or “one meal per week,” depending on the species, area of the River, and the type of individual (i.e., “high-risk group,” consisting of pregnant women, women who could become pregnant, nursing women, and children under the age of six, or “low-risk group,” consisting of all others). In addition, the state-wide advisory warns against consumption of most freshwater fish throughout the State more than once a month or once a week due to the presence of mercury.

On August 9, 2021, in accordance with a prior (June 28, 2021) letter issued by the U.S. Environmental Protection Agency (EPA), the General Electric Company (GE) submitted to EPA a revised Biota Consumption Advisory Outreach Plan for the Housatonic River in Connecticut, which presented GE’s plan for supporting EPA and the State of Connecticut in improving public awareness of the CT DPH’s fish consumption advisories for the Housatonic River. That plan was submitted in accordance with the requirements of Section II.B.7.a of the Revised Modified Resource Conservation and Recovery Act (RCRA) Permit issued to GE by EPA on December 16, 2020, relating to the portion of the Housatonic River downstream of the confluence of the East and West Branches of the River in Pittsfield, including in Connecticut (referred to as the “Rest of River”). That section requires GE to “cooperate with and support EPA and the States to improve public awareness of the advisories by conducting the following: preparing, distributing, inspecting, monitoring, and maintaining educational and outreach activities, including the producing and posting of signs [in appropriate languages]; providing to hunting and fishing license distributors appropriate written notices regarding such advisories to be included with licenses; and performing all other related activities.”

On December 21, 2021, EPA issued a conditional approval letter for GE’s August 2021 outreach plan and required GE to provide further revisions to that plan. In accordance with that letter, GE revised the plan again and submitted a further revised Biota Consumption Advisory Outreach Plan for Connecticut on January 20, 2022 (Arcadis 2022a). EPA approved that revised plan on January 26, 2022.

The final revised outreach plan noted that GE would submit, by the end of February 2022, an annual report describing the outreach activities conducted on GE’s behalf in 2021 prior to submission of the final plan and would thereafter submit such annual reports by the end of

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February in the year following the subject year. Since that time, GE has conducted the advisory outreach activities described in the final outreach plan and has submitted reports on those activities for 2021, 2022, 2023, and 2024 (Arcadis 2022b, 2023, 2024, 2025). The most recent such report, which described 2024 activities, was submitted on February 28, 2025 (Arcadis 2025) and was approved by EPA by letter dated September 16, 2025.

The present report describes biota consumption advisory outreach activities performed by Arcadis on GE's behalf in 2025. Section 2 of this report describes the 2025 replacement of all fish consumption advisory signs with new signs developed by the State of Connecticut (the "State"). Section 3 describes the provision of written pamphlets describing the fish consumption advisories in Connecticut in 2025. Section 4 describes future outreach activities, including inspection and replacement of advisory signs, as well as provision of fish consumption advisory pamphlets and submission of annual reports on those activities. Section 5 provides a schedule for those future activities.

2 Installation of New Advisory Signs

On June 5, 2025, EPA provided GE with four new location-specific sign designs that were prepared by the State to show the fish consumption advisories. These were used by GE to manufacture new signs to replace those previously posted along the Housatonic River and selected tributaries. The new signs describe the fish consumption advisory(ies) applicable to the particular area by species. The four new signs are described below, and copies of those signs are shown in Attachment A.

Table 1: 2025 Connecticut Replacement Sign Descriptions

Sign	Sign Description	Connecticut Reach
Housatonic River	Describes advisories for 14 fish species, with bluegill limited to 1 meal per month for non-sensitive populations	Housatonic River upstream of Lake Lillinonah
Lakes on Housatonic River	Describes advisories for the same 14 fish species, with bluegill limited to 1 meal per week for non-sensitive populations	Lakes on Housatonic River (Lillinonah, Zoar, Housatonic)
Blackberry River	Describes advisory for smallmouth bass	Blackberry River downstream of “Blast Furnace” (North Canaan)
Furnace Brook	Describes advisory for trout	Furnace Brook (Cornwall)

On September 16, 2025, following receipt of the new signs from the manufacturer, GE notified EPA of its plan to post the signs. During September through November 2025, GE visited the locations of all fish consumption advisory signs previously posted at public access points along the Housatonic River in Connecticut and its tributaries at the locations listed in Table 2, and it replaced those signs with the new signs described above. Signs previously posted at the three most downstream locations (downstream of Lake Housatonic/Derby Dam) were removed and not replaced, as directed by EPA and the State, since those locations do not have a PCB consumption advisory in place. In addition, GE provided the State with additional signs on October 24, 2025 at its request.

Table 2 lists the locations of all consumption advisory signs installed along the Rest of River in Connecticut, as well as their most recent installation date, their locational coordinates, and comments showing the results of the 2025 replacement activities. The locations of the consumption advisory signs are depicted on Figures 1 through 4. A sign photographic log is provided in Attachment B. Locational information is being maintained in a Geographic Information System (GIS) geospatial database and locational map, developed to assist with regular inspections and replacement of signs.

3 Provision of Fish Consumption Advisory Pamphlets

On June 6, 2025, Arcadis, on behalf of GE, distributed copies of the 2025 Connecticut fish consumption advisory pamphlet, entitled “If I Catch It, Can I Eat It?”, and an appropriate cover letter to fishing license sales agents in the Connecticut towns and counties through which the Housatonic River flows. The pamphlet was provided in both English and Spanish. Copies of the pamphlet provided (in both English and Spanish) are included in Attachment C.

The entities that were provided fish consumption advisory pamphlets and cover letters in hard copy format are listed in Table 3. The original list of fishing license agents was included in the approved outreach plan and was developed by reviewing CT DEEP’s list of town clerks and outdoor equipment retailers that sell fishing licenses (available at https://portal.ct.gov/-/media/DEEP/fishing/general_information/TownClerkRetailAgentspdf.pdf), plotting the locations of all those entities in a Geographic Information System (GIS), and then including on the list the Town Clerk offices located within the Connecticut towns through which the Housatonic River flows and other retailers located within the counties of Litchfield, Fairfield, and New Haven. In 2024, that list was updated following the same procedure and utilizing CT DEEP’s latest (April 2024) online list of outdoor license agents available at the above website address. The list updated in 2024 also served as the basis for the 2025 distribution since the April 2024 CT DEEP online list of agents remained the latest available. The only change was that Dick’s Sporting Goods Store #169 in Meriden, CT, which had previously received pamphlets, was permanently closed at the time of the 2025 distribution; thus, it did not receive pamphlets during 2025 and will be removed from future distributions. Table 3 contains the updated list.

In its cover letters to all fishing license agents, GE requested the license agents distribute the pamphlet to all persons obtaining a fishing license. In addition, in all cover letters, GE committed to provide the recipients with a reasonable number of additional pamphlets if requested. During 2025, CT DEEP requested additional pamphlets; GE provided those pamphlets to CT DEEP on July 1, 2025.

In the meantime, on June 16, 2025, EPA provided to GE four additional translations of the pamphlets (in Polish, Chinese, Portuguese, and French) and asked whether GE would be willing to provide those versions to the fishing license agents. GE was not able to provide those additional pamphlets to the fishing license agents in 2025, but will do so in 2026, subject to discussion with EPA regarding the specific stores or vendors that would receive such additional pamphlets and the number of pamphlets in the additional languages. This is discussed in Section 4.2 below.

4 Future Activities

This section describes the future biota consumption outreach activities that GE will conduct in the Connecticut portion of the Rest of River. This description is taken largely from Biota Consumption Advisory Outreach Plan submitted on January 20, 2022 and approved by EPA.

4.1 Inspection and Maintenance of Fish Consumption Advisory Signs

On an annual basis, GE will conduct an inspection of the posted fish consumption advisory signs. During this annual inspection, if signs are missing, vandalized, or deemed illegible or if additional likely public access points are identified, GE will produce replacement or additional signs and post them at the appropriate locations. GE will also ensure that the signs remain visible to the public and will provide maintenance through removal of obscuring vegetation and/or overgrowth.

If requested by the State, GE will provide additional signs to the State. Additionally, GE will update and maintain the GIS geospatial database and locational map of all sign locations to assist with subsequent inspections and replacement of signage. The database and locational map will be shared with EPA and the State upon request.

Further, if, at any time, EPA, CT DEEP, or CT DPH identifies additional locations where the posting of a replacement or additional sign is warranted or any additional changes to the format, wording, or languages of the signs, EPA will specify such additional locations or changes and GE will provide the requested sign(s), or make the specified changes, and post it/them at the appropriate location(s). In the event that EPA advises GE that further revisions to the signs are necessary, it will specify the desired revisions to the format and wording of the signs and will provide translations into the desired languages, and GE will provide a mock-up of the revised signs to EPA for final approval before the signs are fabricated and installed.

If site conditions and/or CT DPH advisories change, GE will consult with EPA, CT DEEP, and CT DPH regarding updates to the fish consumption advisory signs.

4.2 Provision of Fish Consumption Advisory Pamphlets

On an annual basis, continuing in 2026, GE will provide fishing license sales agents in the Connecticut towns and counties through which the Housatonic River flows with copies of the current Connecticut fish consumption advisory fact sheet/pamphlet and an appropriate cover letter. The pamphlet will be provided in both English and Spanish. In 2026, it will be the 2025 pamphlet included in Attachment C, entitled “If I Catch It, Can I Eat It?”, which is provided on the CT DPH website in both of those languages (CT DPH 2025a,b), or a 2026 version if available. In 2026, GE is planning to provide the most recent version of the fish consumption advisory pamphlet in English and Spanish, together with the cover letter, to the fishing license agents listed in Table 3. GE is

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providing this list to EPA for an annual review. If EPA advises GE of any changes to this list, GE will revise the list accordingly.

In addition, as noted above, during 2025, EPA provided to GE four additional translations of the pamphlets (in Polish, Chinese, Portuguese, and French) and asked whether GE would be willing to provide those versions to the fishing license agents. Copies of those additional translations are provided in Attachment D. In 2026, GE will provide a limited number of pamphlets in those additional languages to selected fishing license agents following discussion with EPA regarding the specific stores or vendors that would receive such additional pamphlets and the number of pamphlets in the additional languages that would be provided.

Further, if, at any time, EPA, CT DEEP, or CT DPH identifies additional recipients for the advisory pamphlets, or any changes to the format, wording, or languages of the pamphlets, EPA will specify such additional recipients or changes to the pamphlets (including translations into additional languages if desired), and GE will provide such additional pamphlets or make such changes.

In its cover letters to all fishing license agents, GE will request the license agents to distribute the pamphlet to all persons obtaining a fishing license. In addition, in all cover letters, GE will commit to provide the recipients with a reasonable number of additional pamphlets in English or Spanish if requested. Further, GE will advise the recipients of the versions of the pamphlets translated into Polish, Chinese, Portuguese, and French; and it will commit to provide them with additional pamphlets in those languages if requested.

As with the consumption advisory signs, if site conditions and/or CT DPH advisories change, GE will consult with EPA, CT DEEP, and CT DPH regarding updates to the fish consumption advisory pamphlets.

4.3 Other Activities

In addition to the activities described above, GE will support other, related educational and outreach activities undertaken by EPA or the State to publicize the CT DPH's fish consumption advisory for the Housatonic River. Such activities may include, but are not limited to, providing information or technical assistance to EPA, CT DEEP, and/or CT DPH, as requested, for their development of public service announcements on their websites or for their holding of public meetings to publicize the fish consumption advisory, and if requested, use of QR codes on the advisory signs or in the informational pamphlets linking the public to additional information on CT DPH's website.

If site conditions and/or CT DPH advisories change, GE will consult with EPA, CT DEEP, and CT DPH regarding updates to any such outreach and educational activity materials to include current information. Further, since the manner of support and information dissemination may change over time, GE will discuss with EPA, CT DEEP, and CT DPH other changes or additions to the outreach program that are suggested by any of those agencies, and if agreed upon by EPA, CT DEEP and CT DPH and if consistent with the requirements of Section II.B.7.a of the Revised Modified Permit, GE will make such changes or additions to the outreach plan. Any changes proposed to the

outreach plan by GE will be submitted to EPA for approval in the annual report described in Section 4.4 below.

4.4 Reporting

Continuing in 2026 and subsequent years, GE will prepare and submit to EPA an annual report summarizing the fish consumption advisory activities conducted during the prior year. The annual report will summarize the activities conducted for the fish consumption advisory signs and pamphlets and implementation of other outreach and educational activities (if any) during the prior year. That report will identify the entities to which copies of the consumption advisory informational pamphlets were distributed during the prior year. The report will include figures and tables to document the locations of the signs and identify locations where signs were installed or replaced if missing or illegible. The most recent posting date, when known, will be included to help monitor the age of the signs. In addition, the report will describe the outreach activities to be conducted in the upcoming year, including any proposed changes to, or additional activities proposed for, the outreach program.

5 Schedule

In accordance with the approved Biota Consumption Advisory Outreach Plan for Connecticut, GE will conduct annual inspections of the currently posted advisory signs and perform maintenance, replacement, and/or additional sign installation activities as necessary. Additionally, upon request by EPA or the State, GE will provide and post consumption advisory signs at other specific location(s) along the River or its tributaries.

In addition, on an annual basis (likely in the spring), GE will provide copies of the current fish consumption advisory pamphlet to the fishing license agents listed in the prior annual report (with any revisions identified by EPA or agreed upon with EPA) and ask them to distribute the pamphlets to all persons obtaining a fishing license. As noted in Section 4.2, these pamphlets will be provided in English and Spanish, and a limited number will be provided in the other languages into which the pamphlet has been translated.

GE will submit the annual report on fish consumption advisory activities conducted in 2026 by February 26, 2027, and will thereafter submit such annual reports, as described in Section 4.4, by the end of February in the year following the subject year.

GE will continue to perform the fish consumption advisory outreach activities described in this revised plan until such time as the advisories are discontinued or this program is modified with EPA approval.

6 References

- Arcadis (Arcadis U.S., Inc.). 2022a. *Biota Consumption Advisory Outreach Plan for Housatonic Rest of River – Connecticut*. Prepared for General Electric Company. Revised January 2022.
- Arcadis. 2022b. *2021 Annual Report on Biota Consumption Advisory Outreach Activities – Housatonic Rest of River – Connecticut*. Prepared for General Electric Company. February 2022.
- Arcadis. 2023. *2022 Annual Report on Biota Consumption Advisory Outreach Activities: Housatonic Rest of River – Connecticut*. Prepared for General Electric Company. February 2023.
- Arcadis. 2024. *2023 Annual Report on Biota Consumption Advisory Outreach Activities: Housatonic Rest of River – Connecticut*. Prepared for General Electric Company. February 2024.
- Arcadis. 2025. *2024 Annual Report on Biota Consumption Advisory Outreach Activities: Housatonic Rest of River – Connecticut*. Prepared for General Electric Company. February 2025.
- CT DPH (Connecticut Department of Public Health). 2025a. “If I Catch It, Can I Eat It?” <https://portal.ct.gov/dph/-/media/dph/ehdw/ificatchit-2025-final-english-january-30-2025.pdf?rev=e436389356f343938a73d7309cc6a5d6&hash=64063F3E557BB7D8830C9EDBBEB8B558>.
- CT DPH. 2025b. ¿Si lo atrapo, puedo comerlo? <https://portal.ct.gov/dph/-/media/dph/ehdw/if-i-catch-it-can-i-eat-it-spanish-january-30-2025-final.pdf?rev=da57a58436104cfba2a00305350d26fe&hash=F2D56E2FA054CCE5319DBD60C26EA15A>.

Tables

Table 2
Summary of Fish Consumption Advisory Sign Locations and Maintenance Activities
2025 Annual Report on Biota Consumption Advisory Outreach Activities
Housatonic Rest of River - Connecticut



Location Description	2025 Location ID ¹	2024 Location ID	Reach/Tributary	Sign	Most Recent Sign Installation Date	Coordinates ²		Comments
						North	West	
Near old bridge abutments	1	1	10	Housatonic River	9/19/2025	42.0313736	73.3498315	Found English and Spanish signs near old bridge abutments, on large tree off Weatogue Road in Salisbury, CT, replaced both signs with new Housatonic River sign.
Fire dept. pull off	2	2	10	Housatonic River	9/19/2025	42.0259341	73.3531601	Found both English and Spanish signs next to fire department water hookup on Weatogue Road in Salisbury, CT, replaced both signs with new Housatonic River sign. Location needed to be cut out.
At Rte 44 bridge	3	3	Blackberry River	Blackberry River	9/19/2025	42.0240141	73.3409852	Found both English and Spanish signs on telephone pole next to bridge off Church St./Rt. 44 in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting.
At Rte 7 bridge	4	4	Blackberry River	Blackberry River	9/19/2025	42.0219583	73.3252832	Found both English and Spanish signs on telephone pole adjacent to bridge at corner of Rt. 7 and Lower Road in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting.
At lower road bridge	5	5	Blackberry River	Blackberry River	10/2/2025	42.0108126	73.3044297	Found both English and Spanish signs on telephone pole off southeast corner of bridge on Lower Rd. in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting .
At blast furnace historic site	6	6	Blackberry River	Blackberry River	10/2/2025	42.0109047	73.2924547	Found both English and Spanish signs on tree near Blackberry River at Beckley Iron Furnace State Park, replaced both signs with new Blackberry River sign. Park just before bridge and walk to bottom of falls in North Canaan, CT. Location needed some cutting .
Great falls upper parking	7	7	10	Housatonic River	10/3/2025	41.9639168	73.3718792	Found both English and Spanish signs on large tree at end of Great Falls View Parking Lot off Housatonic River Rd., in Salisbury, CT. Replaced both signs with new Housatonic River sign.
Lower great falls parking	8	8	11	Housatonic River	10/3/2025	41.9611463	73.3737373	Found both English and Spanish signs on large tree at Lower Great Falls Pull-Off on Housatonic River Rd., in Salisbury, CT. Replaced both signs with new Housatonic River sign.
Telephone pole east side of bridge	9	9	11	Housatonic River	10/3/2025	41.9585392	73.3704315	Found English and Spanish signs on telephone pole near northeast corner of Falls River Bridge off Water St. in Falls Village, CT, replaced both signs with Housatonic River sign.
Pull off above bridge	10	10	11	Housatonic River	10/3/2025	41.9581134	73.3712154	Found both English and Spanish signs on tree at pull-off at Falls Mountain Rd. and Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign.
Canoe access kiosk	11	11	11	Housatonic River	10/3/2025	41.9571674	73.3701217	Found both English and Spanish signs on Falls Village Canoe access kiosk off Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
D.S. canoe access pull off	12	12	11	Housatonic River	10/3/2025	41.9484564	73.3678123	Found both English and Spanish signs on large tree adjacent to pull-off on Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign.
Posts along corn field	13	13	11	Housatonic River	10/3/2025	41.9342068	73.3623084	Found both English and Spanish signs on large post near southwest corner of bridge on Rt. 7 in Salisbury, CT, replaced both signs with Housatonic River sign.
At kiosk DS RT 7, 112 bridge	14	14	11	Housatonic River	10/3/2025	41.9327070	73.3627912	Found both English and Spanish signs on post of Appalachian Trail marker (southbound) at pull-off off on Rt. 7 in Salisbury, CT, replaced both signs with Housatonic River sign.

Table 2
Summary of Fish Consumption Advisory Sign Locations and Maintenance Activities
2025 Annual Report on Biota Consumption Advisory Outreach Activities
Housatonic Rest of River - Connecticut



Location Description	2025 Location ID ¹	2024 Location ID	Reach/Tributary	Sign	Most Recent Sign Installation Date	Coordinates ²		Comments
						North	West	
Pull off above reed brook	15	15	11	Housatonic River	2/12/2026	41.9175494	73.3592061	Found both English and Spanish signs on tree at the start of footpath, adjacent to pull-off on River Road in Cornwall, CT, replaced both signs with Housatonic River sign (10/3/2025). Location needed to be cut out. Sign was replaced on 2/12/2026, when it was observed to be missing during a site visit.
Tree below RR crossing	16	16	11	Housatonic River	10/6/2025	41.9131778	73.3607880	Found both English and Spanish signs on tree near river, adjacent to pull-off, near railroad crossing on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed some cutting.
Tree across from Indian Weir- River Road Cornwall	17	17	11	Housatonic River	10/6/2025	41.9036288	73.3594080	Found both English and Spanish signs on large tree overhanging river, adjacent to pull-off near railroad crossing on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.
Pull off east side of trail	18	18	11	Housatonic River	10/6/2025	41.8960232	73.3584685	Found both English and Spanish signs on tree adjacent to small pull-off on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
Large pull off along river	19	19	11	Housatonic River	10/7/2025	41.8889382	73.3573078	Found both English and Spanish signs on tree adjacent to large pull-off on River Rd. in Cornwall, CT, replaced both signs with new Housatonic River sign.
Pull off at old bridge abutments	20	20	11	Housatonic River	10/7/2025	41.8859590	73.3595716	Found Spanish sign on large tree adjacent to pull-off on River Rd. in Cornwall, CT, replaced sign with Housatonic River sign. Location needed some cutting.
Third pull off on River Rd.	21	21	11	Housatonic River	10/7/2025	41.8831788	73.3629210	Found English and Spanish signs on tree adjacent to third pull-off near field on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
First pull off on River Rd.	22	22	11	Housatonic River	10/7/2025	41.8809689	73.3641551	Found both English and Spanish signs on post at first pull-off on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.
Mill River bridge	23	24	11	Housatonic River	10/7/2025	41.8716745	73.3632858	Found both English and Spanish signs on telephone pole at corner of Lower River Rd. and West Cornwall covered bridge in West Cornwall, CT, replaced both signs with Housatonic River sign.
Garbage pool	24	25	11	Housatonic River	10/7/2025	41.8692857	73.3631486	Found both English and Spanish signs on tree at "The Bend" canoe access launch off Lower River Rd. in West Cornwall, CT, replaced both signs with Housatonic River sign.
Trinity pull off	25	29(1)	11	Housatonic River	10/7/2025	41.8635108	73.3702407	Found both English and Spanish signs on large pine tree adjacent to Trinity Riverside Trailhead at end of Lower River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.
Elms North Parking	26	23	11	Housatonic River	10/7/2025	41.8804337	73.3659381	Found both English and Spanish signs on post at end of parking loop off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign. After pavement drive across field to opening in hedgerow, needed a lot of cutting.
Pull off above fly section	27	26	11	Housatonic River	10/8/2025	41.8667338	73.3697553	Original tree with signs was cut down, installed Housatonic River sign on another tree in the same pull-off on Rt. 7 just northeast of Pine Swamp Brook in Sharon, CT.
Route 7 pull off, after Pine Swamp Brook	28	27	11	Housatonic River	10/9/2025	41.86648	73.36946	Original tree with signs was cut down, and pull-off was closed. Moved this location to just north of Pine Swamp Brook, installed Housatonic River sign on black cherry tree, on river side of Rt. 7 in Sharon, CT.

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Pine Swamp Brook	29	28	11	Housatonic River	10/9/2025	41.8662700	73.3701200	Original tree with signs was cut down, moved this location adjacent to and just south of Pine Swamp Brook, installed Housatonic River sign on a large oak tree, on river side of Rt. 7 in Sharon, CT.
Route 7 pull off	30	29(2)	11	Housatonic River	10/9/2025	41.8650819	73.3706404	Found both English and Spanish signs on tree near river, along Rt. 7 in Sharon, CT. Tree with signs is toward the bottom of the river bank, replaced both signs with Housatonic River sign.
In front of Clarkes	31	30	11	Housatonic River	10/8/2025	41.8624019	73.3733347	Found both English and Spanish signs on tree across Rt. 7 from Clarke Outdoors building in Sharon, CT, replaced both signs with Housatonic River sign.
Border of TMA fly section	32	31	11	Housatonic River	10/8/2025	41.8587375	73.3749403	Found English and Spanish signs on tree across from Rt. 7 pull-off at start of Trout Management Area in Sharon, CT, replaced both signs with Housatonic River sign.
Pull-off just north of Carse Brook	33	32(1)	11	Housatonic River	10/8/2025	41.8546226	73.3761258	Found both Spanish and English signs on tree just north of Carse Brook at Rt. 7 pull-off in Sharon, CT, replaced both signs with Housatonic River sign. Tree with signs is 50 feet into the woods.
First pull-off south of Carse Brook	34	32(2)	11	Housatonic River	10/9/2025	41.8558266	73.3756300	Found both Spanish and English signs on tree just south of Carse Brook at Rt. 7 pull-off in Sharon, CT, replaced both signs with Housatonic River sign.
Cellar hole	35	33	11	Housatonic River	10/9/2025	41.8510599	73.3760175	Found English and Spanish signs on tree at Cellar Hole boat launch pull-off on Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign. Location was cut out so that signs could be seen.
Pull off below cellar hole	36	34	11	Housatonic River	10/9/2025	41.8463806	73.3754449	Found both English and Spanish signs on tree at Rt. 7 pull-off with "No Swimming No Picnicking" sign in Sharon, CT, replaced both signs with Housatonic River sign.
End of campsites at meadows	37	35	11	Housatonic River	10/9/2025	41.8418393	73.3767129	Found both English and Spanish signs on tree at end of road, down path about 100 ft in Housatonic Meadows State Campground (take left at entry - all the way to end at trail) in Sharon, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
Housatonic meadows campground	38	36(2)	11	Housatonic River	10/9/2025	41.8412251	73.3768500	Found both English and Spanish signs on tree at end of road past cabins at Housatonic Meadows State Campground in Sharon, CT, replaced both signs with Housatonic River sign.
Housatonic meadows campground	39	36(1)	11	Housatonic River	10/9/2025	41.8396575	73.3780520	Found both English and Spanish signs on tree before cabins at Housatonic Meadows State Campground in Sharon, CT. Original tree had a lot of vines and brush around it, moved location to adjacent tree and installed Housatonic River sign.
In front of pine knob loop	40	37	11	Housatonic River	10/10/2025	41.8330233	73.3832334	Found both English and Spanish signs on tree across Rt. 7 from Pine Knob Loop Trailhead Parking in Sharon, CT, replaced both signs with Housatonic River sign. Location needed some cutting.
Dual pull off below pine knob	41	38(1)	11	Housatonic River	10/10/2025	41.8308085	73.3845745	Found English and Spanish signs on tree adjacent to Rt. 7 pull-off just south of Pine Knob Loop Trail in Sharon, CT, across Rt. 7 from the river. Replaced both signs with Housatonic River sign. Location needed some cutting.
Dual pull off below pine knob	42	38(2)	11	Housatonic River	10/10/2025	41.8314613	73.3845121	Found English and Spanish signs on telephone pole across from Rt. 7 pull-off, just south of Pine Knob Loop Trail in Sharon, CT, replaced both signs with Housatonic River sign.

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Dual pull off below pine knob	43	38(3)	11	Housatonic River	10/10/2025	41.8321875	73.3843401	Found English and Spanish signs on telephone pole just south of Pine Knob Loop Trail, on river side of Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign.
Second pull-off upstream of Housatonic Meadows State Park	44	39	11	Housatonic River	10/10/2025	41.8279812	73.3822218	Both English and Spanish signs were missing, installed Housatonic River sign on same tree at pull-off on Rt. 7 in Sharon, CT.
First pull-off upstream of Housatonic Meadows State Park	45	41	11	Housatonic River	10/10/2025	41.8260165	73.3798139	Found both English and Spanish signs on large pine tree at pull-off on Rt. 7, just north of Housatonic Meadows State Park in Sharon, CT, replaced both signs with Housatonic River sign.
Housatonic Meadows State Park parking	46	42	11	Housatonic River	10/10/2025	41.82459	73.37792	Found both English and Spanish signs on tree adjacent to parking lot area near the entrance to Housatonic Meadows State Park off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River Sign.
Housatonic meadows water entry	47	43	11	Housatonic River	10/10/2025	41.82452	73.37668	Found both English and Spanish signs on large Hemlock tree just south of Housatonic Meadows State Park parking area, off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign.
Boat launch housatonic meadows	48	44	11	Housatonic River	10/27/2025	41.8239131	73.3733779	Post with both English and Spanish signs was gone, installed Housatonic River sign on adjacent tree near boat launch in Housatonic Meadows State Park, off Rt. 7 in Sharon, CT.
Commercial boat launch	49	45	11	Housatonic River	10/27/2025	41.8231883	73.372578	Found board with both English and Spanish signs on the ground. Installed Housatonic River sign on same tree at commercial boat launch, at the end of the road in Housatonic Meadows State Park off Rt. 7 in Sharon, CT.
At roadside pull-off with picnic table	50	40	Furnace Brook	Furnace Brook	10/27/2025	41.8238621	73.3578895	Found both English and Spanish signs on tree adjacent to pull-off with picnic tables on Furnace Brook Rd. in Cornwall, CT. Replaced both signs with Furnace Brook sign.
Above Rt. 4 Bridge	51	49	Furnace Brook	Furnace Brook	10/27/2025	41.8186086	73.3682244	Found both English and Spanish signs on tree at Furnace Brook Memorial pull-off on Rt. 4 just east of Cornwall Bridge, CT, replaced both signs with Furnace Brook sign.
Furnace Brook confluence	52	47	11/Furnace Brook	Furnace Brook	10/27/2025	41.821034	73.3713518	Found both English and Spanish signs on telephone pole by Furnace Brook confluence bridge off Popple Swamp Rd. in Cornwall Bridge, CT, replaced both signs with Furnace Brook sign.
At bridge just above confluence with Housatonic River	53	46(1&2)	11	Housatonic River	10/28/2025	41.8213871	73.3712023	Found 2 sets of English and Spanish signs on telephone pole just past Furnace Brook confluence, at parking area off Popple Swamp Rd. in Cornwall, CT, replaced both sets of signs with Housatonic River sign.
At bridge just above confluence with Housatonic River	54	46(3)	11	Housatonic River	10/28/2025	41.8219437	73.3711222	Found both English and Spanish signs on large Maple tree at the start of Lower River Road, next to railroad tracks in Cornwall Bridge, CT, replaced both signs with Housatonic River sign.
Underneath Cornwall Bridge	55	48	11	Housatonic River	10/28/2025	41.81998	73.37325	Found both signs on Francis L. Sheane Fly Fishing Area sign, at pull-off on River Rd., under Rt. 7 bridge in Sharon, CT, replaced both signs with Housatonic River sign. Fly Fishing sign needs replacment.
End of River Rd trail head	56	50	12	Housatonic River	10/28/2025	41.8077504	73.3916629	Found both English and Spanish signs on tree at pull-off on River Rd., close to Appalachian Trail gate in Sharon, CT, replaced both signs with Housatonic River sign.

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Gunn Brook Pull off	57	51	12	Housatonic River	10/28/2025	41.8050184	73.3872976	Both English and Spanish signs were missing, installed Housatonic River sign on same tree at the end of Swifts Bridge Rd., off Rt. 7 in Cornwall Bridge, CT.
Across from Kent Falls	58	52	12	Housatonic River	10/28/2025	41.7765666	73.4191636	Found both English and Spanish signs on tree across the railroad tracks and to the southwest of Kent Falls State Park off Rt. 7 in Kent, CT, replaced both signs with Housatonic River sign.
North Kent Pool	59	54	12	Housatonic River	10/28/2025	41.7668043	73.4380071	Found both English and Spanish signs on Housatonic River Wildlife Management Area kiosk at the end of N Kent No 2 Rd., in Kent, CT, replaced both signs on same kiosk with Housatonic River sign.
Footpath Kiosk End of River Road	60	53	12	Housatonic River	10/28/2025	41.7679466	73.4381184	Found both English and Spanish signs on Appalachian Trail kiosk at end of River Rd., in Kent, CT, replaced both signs with Housatonic River sign.
Footpath near culvert past gate	61	55	12	Housatonic River	10/28/2025	41.7614319	73.4471906	Found both English and Spanish signs on tree adjacent to footpath past Appalachian Trail gate on River Rd. in Kent, CT, replaced both signs with Housatonic River sign.
Hiker pull off River Rd	62	56	12	Housatonic River	10/28/2025	41.7580355	73.4502239	Found both English and Spanish signs on tree adjacent to Appalachian Trail parking area on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
Long pull off River Rd	63	57	12	Housatonic River	10/29/2025	41.7510705	73.4574571	Found English and Spanish signs on large tree adjacent to pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location needed some cutting.
2 car pull off above island	64	58	12	Housatonic River	10/29/2025	41.7507338	73.4595865	Found both English and Spanish signs on large tree adjacent to 2 car pull-off on River Rd., on downstream end of two large islands in the Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.
Island pull off near brook	65	59	12	Housatonic River	10/29/2025	41.7501105	73.4599965	Found both English and Spanish signs on tree adjacent to island pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location is near a small brook, and needed a lot of cutting to see sign.
John Rodgers memorial	66	60	12	Housatonic River	10/29/2025	41.7454448	73.4646448	Found both English and Spanish signs on tree next to river, adjacent to pull-off on River Rd., at John Rodgers Memorial in Kent, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.
First pull off on River Rd	67	61	12	Housatonic River	10/29/2025	41.7409782	73.4701715	Found both English and Spanish signs on tree adjacent to pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign.
Large pull off before River Rd	68	62	12	Housatonic River	10/29/2025	41.7388249	73.4723139	Found English and Spanish signs on a telephone pole adjacent to pull-off on Skiff Mountain Rd. in Kent, CT, replaced both signs with Housatonic River sign.
Large log pull off	69	63	12	Housatonic River	10/29/2025	41.7364885	73.4739591	Found both English and Spanish signs on dead tree adjacent to pull-off on Skiff Mountain Rd., in Kent, CT. Removed both signs and moved location to adjacent live tree, and installed Housatonic River sign.
341 bridge street bridge	70	64	12	Housatonic River	10/29/2025	41.7268615	73.4815584	Found both English and Spanish signs on tree under west side of Macedonia Rd. (Rt 341) bridge in Kent, CT, replaced both signs with Housatonic River sign. Park near trail off Skiff Mountain Rd. and walk under bridge.

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Pull off above Bulls Bridge	71	65	12	Housatonic River	10/29/2025	41.6894114	73.5044216	Found both English and Spanish signs on tree adjacent to pull-off on Rt. 7, north of Bulls Bridge in Kent, CT, replaced both signs with Housatonic River sign.
Large pull off Schaghticoke Rd	72	66	12	Housatonic River	11/3/2025	41.6842323	73.5084392	Found both English and Spanish signs on large tree adjacent to barricaded pull-off on Schaghticoke Rd. in Kent, CT, replaced both signs with Housatonic River sign.
Above Bulls Bridge kiosk	73	67	13	Housatonic River	11/3/2025	41.6719967	73.5110570	Found both English and Spanish signs on tree past information kiosk off Bulls Bridge Rd., on west side of Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.
Bulls Bridge Kiosk	74	68	13	Housatonic River	11/3/2025	41.6758218	73.5097454	Found English and Spanish signs at kiosk off Bulls Bridge Rd., just past covered bridge on west side of Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.
Bulls Bridge pool	75	69	13	Housatonic River	11/3/2025	41.6730508	73.5092244	Found both English and Spanish signs on tree near river in Kent CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south down Appalachian Trail approx. 1,000 ft.
Ten Mile River bridge	76	70	13/Tenmile River	Housatonic River	11/3/2025	41.6660701	73.5069456	Found both signs on tree adjacent to Ten Mile River bridge, in Kent, CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south on Appalachian Trail to the Homestead Trail (approx. 1 mile).
10 Mile River Campsites	77	71	13	Housatonic River	11/3/2025	41.6651396	73.5072450	Found both English and Spanish signs on tree near Housatonic River at 10 Mile River Campsites, in Sherman CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south on Appalachian Trail to the Homestead Trail (approx. 1 mile), over Ten Mile River bridge, to campsites.
Gunns Eddy lot	78	72	13	Housatonic River	11/3/2025	41.6628543	73.4955364	Found and removed both English and Spanish signs on post to left of gate at Gunns Eddy lot off Rt. 7 in New Milford, CT. Post was too small, moved location to adjacent tree and installed Housatonic River sign.
First light power plant	79	73	13	Housatonic River	11/3/2025	41.6584438	73.4921542	Found both English and Spanish signs on tree near river, adjacent to First Light Power access off Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.
Pull off above Gaylordsville bridge	80	74	13	Housatonic River	11/3/2025	41.6515331	73.4881225	Found both English and Spanish signs on tree adjacent to barricaded pull-off on Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.
Gaylordsville bridge	81	75	13	Housatonic River	11/4/2025	41.6464521	73.4831815	Found both English and Spanish signs on tree near bottom of parking lot on southeast corner of Gaylordsville Bridge, at the end of a short trail, in Gaylordsville, CT, replaced both signs with Housatonic River sign.
Second pull-off on River Rd., New Milford	82	77	13	Housatonic River	11/4/2025	41.632554	73.4709614	Found both English and Spanish signs on tree adjacent to second pull-off on River Rd. (coming from Rt. 7), in New Milford, CT, replaced both signs with Housatonic River sign.
Third pull-off on River Rd., New Milford	83	78	13	Housatonic River	11/4/2025	41.6302085	73.4669438	Found both English and Spanish signs on tree at third pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.
Fourth pull-off on River Rd., New Milford	84	79	13	Housatonic River	11/4/2025	41.6230617	73.4616846	Found both English and Spanish signs on tree at fourth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.

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Sixth pull-off on River Rd., New Milford	85	81	13	Housatonic River	11/4/2025	41.6161775	73.4534978	Found both English and Spanish signs at sixth pull-off on River Rd. (coming from Rt. 7) on tree adjacent to parking area, in New Milford, CT, replaced both signs with Housatonic River sign.
Beach pull-off	86	83	13	Housatonic River	11/6/2025	41.6143337	73.4496432	Found both English and Spanish signs on tree at seventh pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign. Look for restricted access sign and ribbon on tree.
Eighth pull-off on River Rd., New Milford	87	84	13	Housatonic River	11/5/2025	41.6110867	73.4485441	Found both English and Spanish signs on tree at eighth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.
Ninth pull-off on River Rd., New Milford	88	85	13	Housatonic River	11/6/2025	41.6088386	73.4493458	Did not find tree with signs, installed Housatonic River sign on nearby tree at ninth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT. Park on River Rd. next to swimming prohibited sign, take trail toward the river.
Bend of the road pull-off on Rt. 7	89	76	13	Housatonic River	11/4/2025	41.6319932	73.4714837	Found and removed both English and Spanish signs on telephone pole, adjacent to small pull-off on Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.
Pull-off on Rt. 7 after straight away	90	80	13	Housatonic River	11/5/2025	41.6218468	73.4629815	Found both English and Spanish signs on large tree, near entrance to gravel pit, on Rt. 7, New Milford, CT, replaced both signs with Housatonic River sign. Tree sits back off Rt.7, behind guardrail. Location needed some cutting.
Pull-off on Rt.7 near US Private Rd. sign	91	82	13	Housatonic River	11/5/2025	41.6147693	73.4530801	Found both English and Spanish signs on tree adjacent to pull-off on Rt. 7, near Kennedy Ct., in New Milford, CT, replaced both signs with Housatonic River sign. Look for survey ribbon on tree and posts.
Bleachry Dam	92	86	13	Housatonic River	11/5/2025	41.5654719	73.4127115	Found and replaced both signs on tree with Housatonic River sign, near Bleachry Dam, on Pickett District Rd., in New Milford, CT. Trail to tree with sign is between new Hvac business and Scotts auto body shop.
West Cove Marina	93	87	14	Housatonic River	11/6/2025	41.5646529	73.4078342	Found English and Spanish signs on telephone pole next to boat launch at West Cove Marina, in New Milford, CT, replaced both signs with Housatonic River sign. Drive to end of West St. and around back of building to boat launch.
Town Park	94	88	14	Housatonic River	11/6/2025	41.5552755	73.4065729	Found English and Spanish signs on wood post at Addis Park boat launch off Lower Grove St. in New Milford, CT, replaced both signs with Housatonic River sign.
Lillinonah State Boat Launch	95	89/90	14	Lakes on Housatonic River	11/7/2025	41.4802646	73.3489269	Found three signs on kiosk next to Bridgewater/Lake Lillinonah public boat launch in Bridgewater, CT, replaced all three signs with Lakes on Housatonic River sign.
Lillinonah Woods	96	91	14	Lakes on Housatonic River	11/7/2025	41.4754540	73.3506881	Found both English and Spanish signs on kiosk at Lillinonah Woods Park off Obtuse Hill Rd., in Brookfield, CT, replaced both signs with Lakes on Housatonic River sign. Location needed to be cut out.
Lillinonah Lake Boat Launch-Hanover Street	97	92/93	14	Lakes on Housatonic River	11/7/2025	41.4712329	73.3323964	Found three signs on kiosk next to Lake Lillinonah Town Park boat launch, off Hanover Street, in Newtown, CT, replaced all three signs with Lakes on Housatonic River sign.
Pond Brook Confluence with Housatonic River	98	95	14	Lakes on Housatonic River	11/7/2025	41.4596519	73.324898	Found both English and Spanish signs on kiosk next to Town of Newtown Park and boat ramp in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.

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Upper Paugusett Trails	99	98	14	Lakes on Housatonic River	11/7/2025	41.4497604	73.3069349	Found both English and Spanish signs on kiosk at the end of Echo Valley Rd. - The Sugarbush at Upper Paugusett in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.
Newtown Forest Trails	100	100	14	Lakes on Housatonic River	11/11/2025	41.4442831	73.3043922	Found both English and Spanish signs on tree across Alberts Rd. from parking area for Newtown Forest Association in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.
Confluence of the Pootatuck and Housatonic	101	101	15/Pootatuck River	Lakes on Housatonic River	11/11/2025	41.4398828	73.2687372	Found Spanish sign, English sign was missing, on large tree at back of parking lot off Bridge End Farm Lane in park, in Sandy Hook, CT, replaced sign with Lakes on Housatonic River sign.
River Road- Sandy Hook	102	99	15	Lakes on Housatonic River	11/11/2025	41.44468	73.2668	Tree that had the signs attached was cut down and removed. Attached Lakes on Housatonic River sign to telephone pole across River Rd., in Southbury, CT.
Below Shepaug Dam	103	96/97	15	Lakes on Housatonic River	11/7/2025	41.4500145	73.2905771	Found three signs on large pine tree in the Housatonic River Project Recreation area, just downstream of Shepaug Dam in Southbury, CT, replaced all three signs with Lakes on Housatonic River sign.
George C. Waldo State Park Area	104	94	14	Lakes on Housatonic River	11/7/2025	41.4639192	73.2867392	Found both English and Spanish signs on tree to the left of access gate in George C. Waldo State Park in Southbury, CT, replaced both signs with Lakes on Housatonic River sign on adjacent kiosk.
Pomperaug River Confluence Area	105	102	15/Pomeraug River	Lakes on Housatonic River	11/11/2025	41.4389171	73.2511896	Found both English and Spanish signs on large tree at bottom of path off River Rd. in Southbury, CT, replaced both signs with Lakes on Housatonic River sign. Park across River Rd. and walk down past gate. Location needed to be cut out.
Lake Zoar Boat Launch	106	103/104	15	Lakes on Housatonic River	11/11/2025	41.4278173	73.2362265	Found three signs on kiosk at Lake Zoar Public Boat Launch in Southbury, CT, replaced all three signs with Lakes on Housatonic River sign.
Kettletown State Park	107	105/106	15	Lakes on Housatonic River	11/11/2025	41.424611	73.207332	Found only the English and Spanish signs on kiosk, in Kettletown State Park, adjacent to cove off Lake Zoar, off Georges Hill Rd., in Southbury, CT, replaced all signs with Lakes on Housatonic River sign.
Jackson Cove Park	108	107/108	15	Lakes on Housatonic River	11/11/2025	41.411503	73.190221	Found three signs on telephone pole adjacent to Jackson Cove boat launch, at Jackson Cove Park, off of Jackson Cove Rd., in Oxford, CT, replaced all three signs with Lakes on Housatonic River sign.
Paugusett State Forest Zoar Trail	109	109	15	Lakes on Housatonic River	11/14/2025	41.402352	73.187485	Found both English and Spanish signs on kiosk, at Paugusett State Forest Zoar Trailhead at far end of Great Quarter Rd., Sandy Hook, CT, replaced both signs with Lakes on Housatonic River sign.
Marina Halfway River	110	110	15	Lakes on Housatonic River	11/14/2025	41.389921	73.186828	Found both English and Spanish signs on attendant's shed at Eichlers Cove Marina, Old Bridge Rd., Sandy Hook, CT, replaced both signs with Lakes on Housatonic River sign.
Stevenson Dam Recreational area	111	115/116	16	Lakes on Housatonic River	11/14/2025	41.382474	73.168963	Found only the English and Spanish signs on kiosk, at Housatonic River Project Recreational Area, adjacent to Stevenson Dam off of Rt. 34, on downstream side of dam, in Monroe, CT, replaced all signs with Lakes on Housatonic River sign.
Coppermine Rd. Pull-off	112	111/112	15	Lakes on Housatonic River	11/14/2025	41.38519	73.172136	Large tree with all three signs was cut down and removed. Installed Lakes on Housatonic River sign on nearby tree adjacent to Coppermine Rd. pull-off, in Oxford, CT. Location needed to be cut out.

Table 2
Summary of Fish Consumption Advisory Sign Locations and Maintenance Activities
2025 Annual Report on Biota Consumption Advisory Outreach Activities
Housatonic Rest of River - Connecticut

Location Description	2025 Location ID ¹	2024 Location ID	Reach/Tributary	Sign	Most Recent Sign Installation Date	Coordinates ²		Comments
						North	West	
Roosevelt Dr. First Light Pull-off	113	113/114	16	Lakes on Housatonic River	11/14/2025	41.384197	73.165411	Found all three signs on tree, along trail from First Light Power pull-off area to Housatonic River, off Roosevelt Dr. (Rt. 34), in Oxford, CT, replaced all three signs with Lakes on Housatonic River sign. Needed to be cut out.
Pink House Cove	114	119/120	16	Lakes on Housatonic River	11/14/2025	41.338741	73.117091	Telephone pole with all three signs on it was replaced by a new telephone pole. Installed Lakes on Housatonic River sign on nearby tree off Rt. 34, adjacent to Pink House Cove Ice Fishing Area, in Derby, CT.
Maples Boat Launch	115	121	16	Lakes on Housatonic River	11/14/2025	41.338111	73.121916	Found both English and Spanish signs on wood post at Maples Boat Launch in Shelton, CT. On The Maples Rd., off Indian Well Road, off Rt. 110. Replaced both signs with Lakes on Housatonic River sign.
Indian Wells Boat Launch	116	117/118	16	Lakes on Housatonic River	11/14/2025	41.340743	73.124218	Found all three signs on kiosk at Indian Wells State Park boat launch, Rt. 454, in Shelton, CT, replaced all three signs with Lakes on Housatonic River sign.
Riverside Park	-	122	17	-	-	41.3236115	73.1007545	Signs removed and not replaced. Location does not have a PCB fish consumption advisory in place.
Derby Dam Area	-	123/124	17	-	-	41.325955	73.100433	Signs removed and not replaced. Location does not have a PCB fish consumption advisory in place.
Hawkins Point	-	125	17	-	-	41.315168	73.085269	Signs removed and not replaced. Location does not have a PCB fish consumption advisory in place.

Notes:

¹ Location identifications updated in 2025 to account for replacement of all signs and sequencing from upstream to downstream.

² Units of Coordinates are in degrees, as measured with global positioning system-based Maps application.

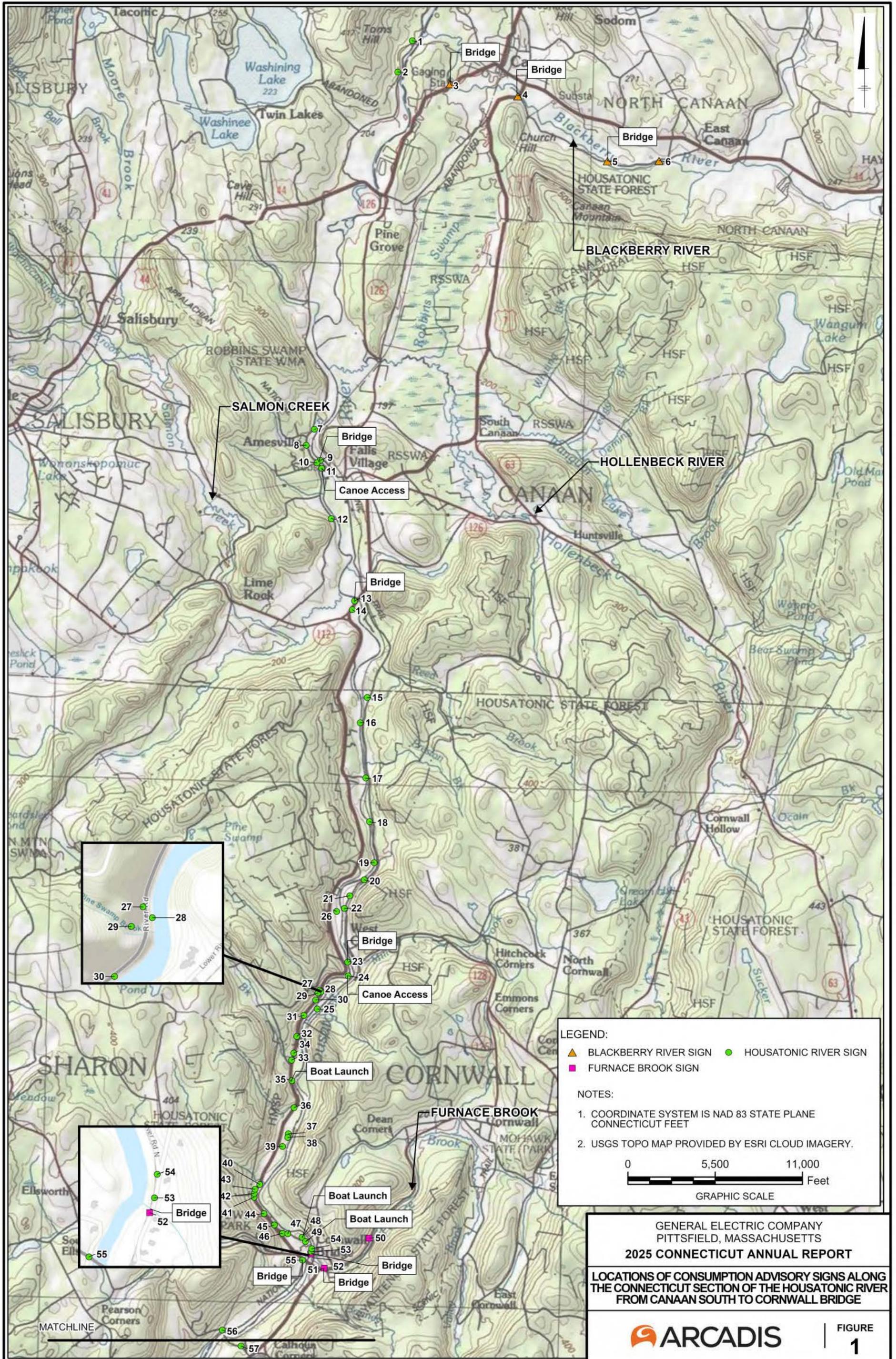
Reach Designations:

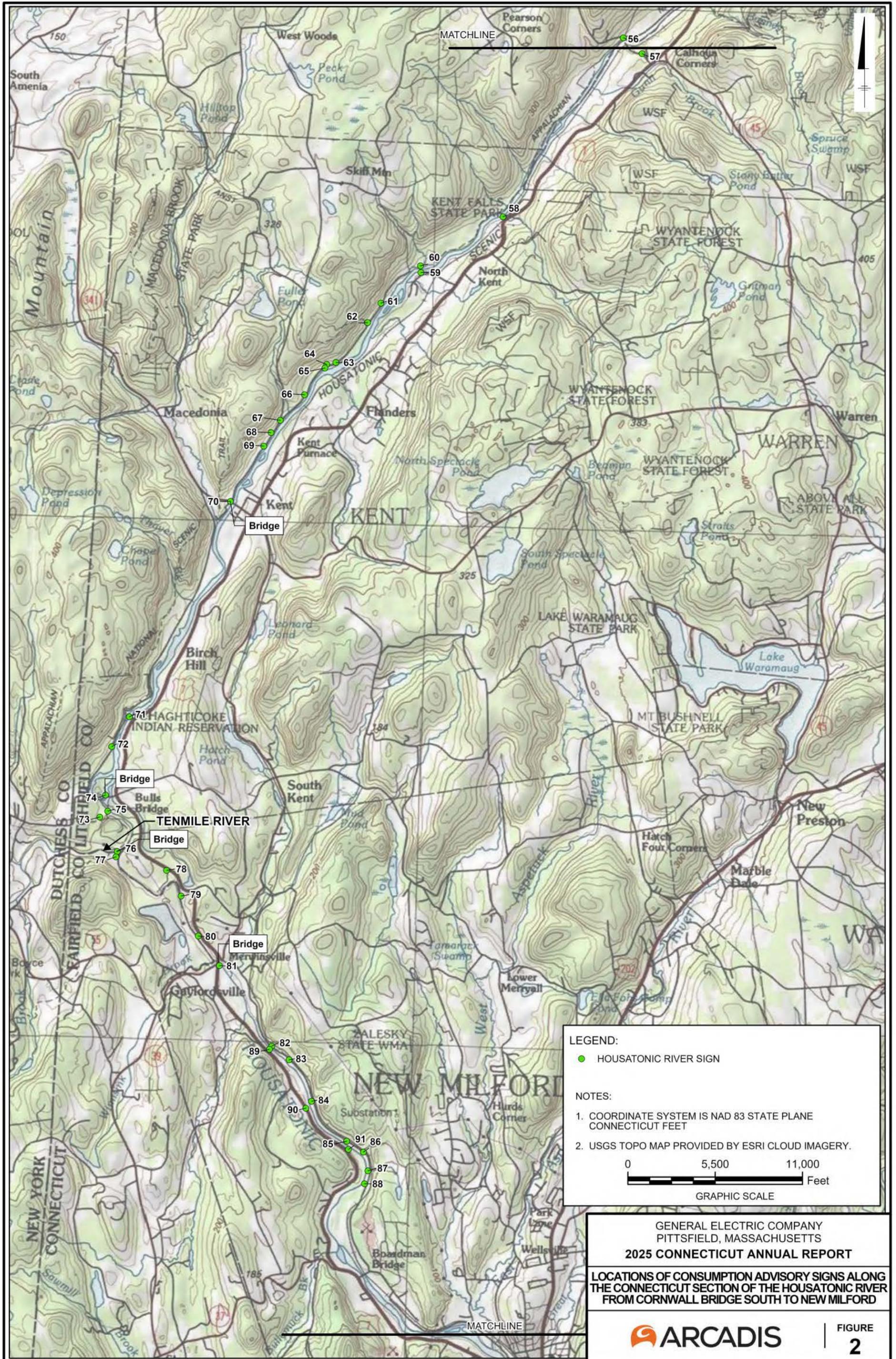
- Reach 10, Massachusetts/Connecticut border to Falls Village Dam
- Reach 11, Falls Village Dam to Cornwall Bridge
- Reach 12, Cornwall Bridge to Bulls Bridge Dam
- Reach 13, Bulls Bridge Dam to Bleachery Dam
- Reach 14, Bleachery Dam to Shepaug Dam (Lake Lillinonah)
- Reach 15, Shepaug Dam to Stevenson Dam (Lake Zoar)
- Reach 16, Stevenson Dam to Lake Housatonic/Derby Dam (Lake Housatonic)
- Reach 17, Lake Housatonic/Derby Dam to Long Island Sound

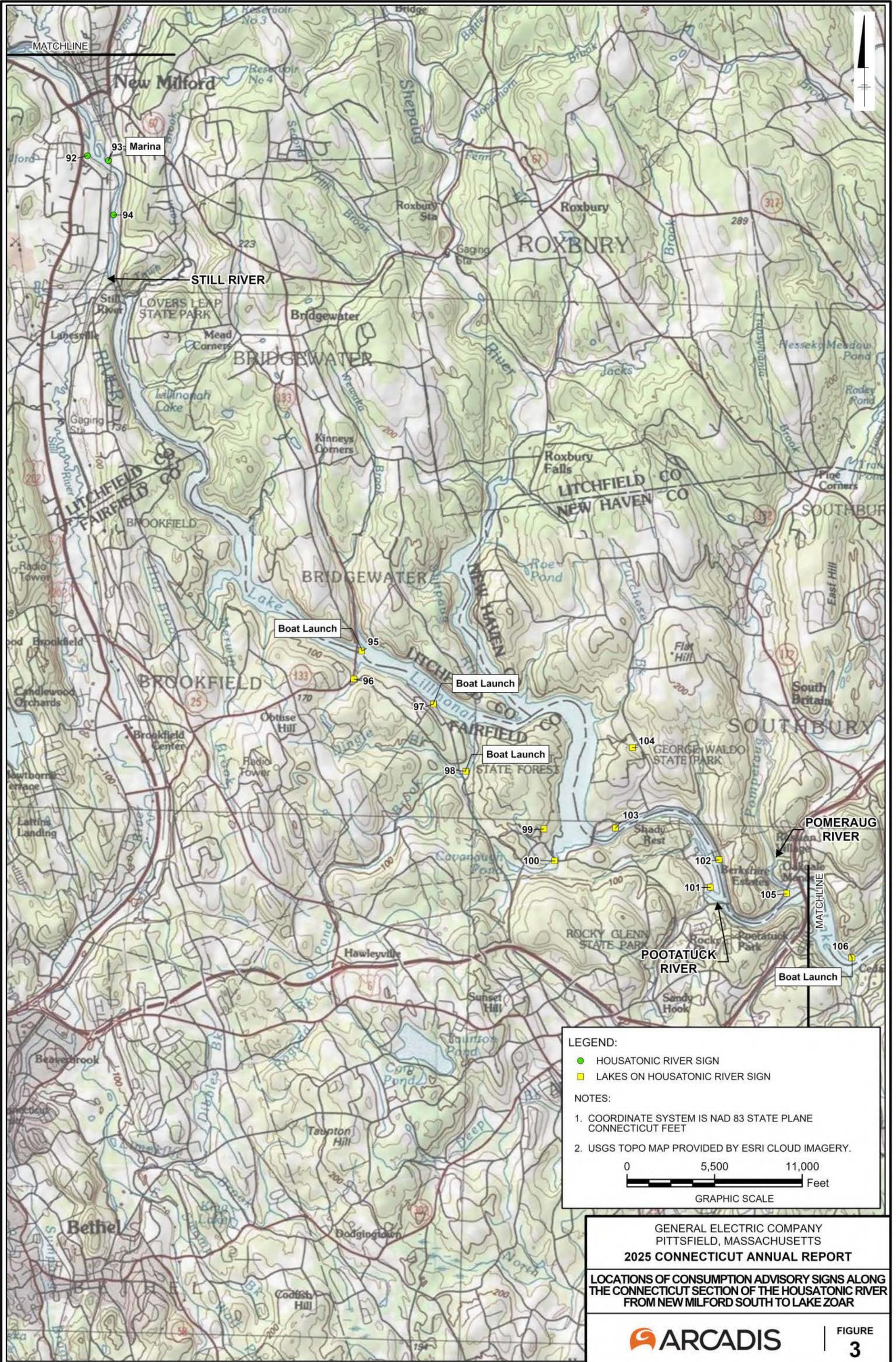
Table 3
Fishing License Agents Provided Consumption Advisory Pamphlet
Biota Consumption Advisory Outreach Annual Report
Housatonic Rest of River - Connecticut

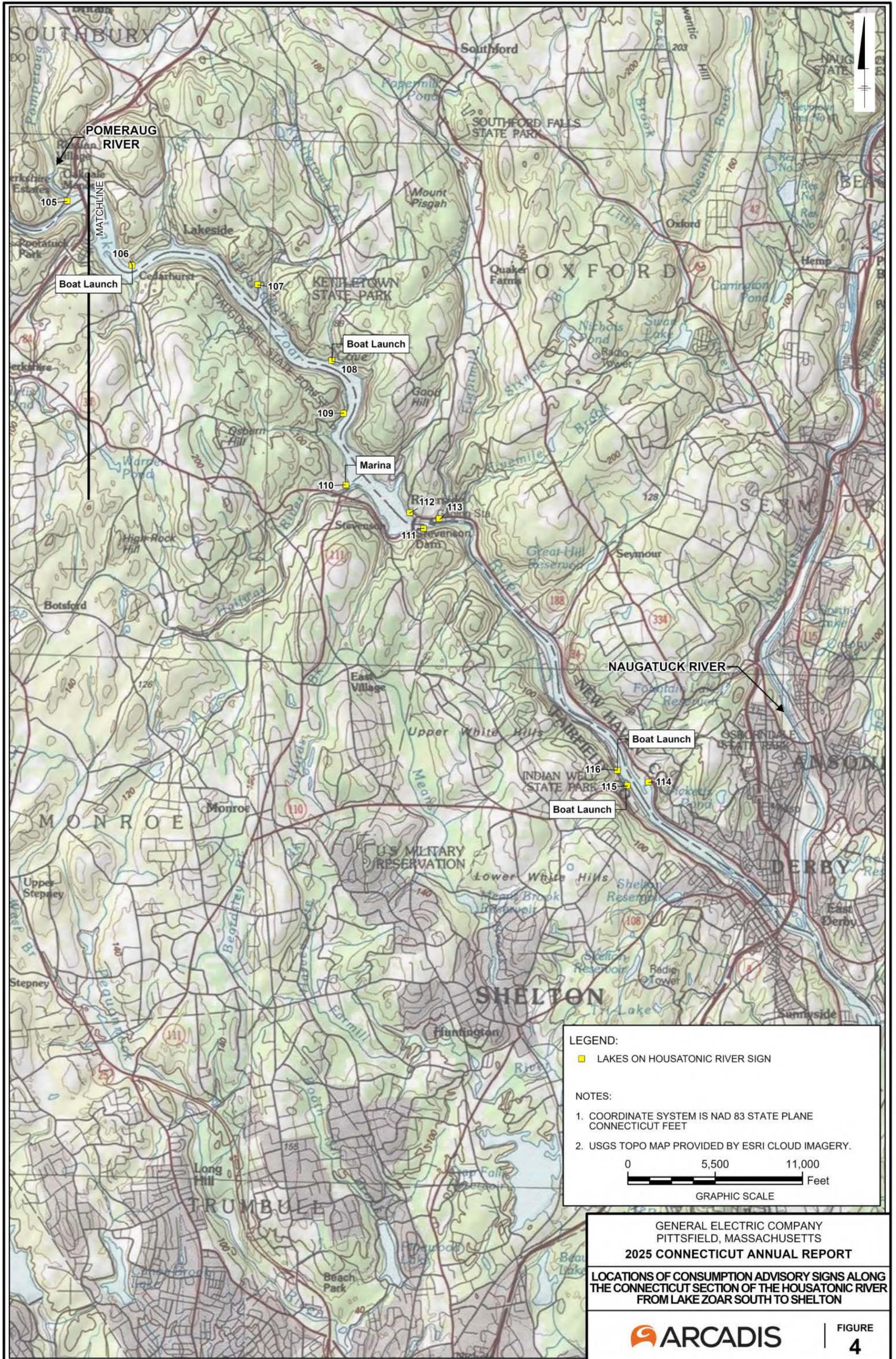
County	Business Name	Business Address
Fairfield	Bass Pro Outdoor World LLC	1 Bass Pro Dr., Bridgeport, Connecticut, 06608
Fairfield	Brookfield Town Clerk	100 Pocono Rd., Brookfield, Connecticut, 06804
Fairfield	Candlewood Bait & Tackle	36 Tamarack Ave., Danbury, Connecticut, 06811
Fairfield	Dick's Sporting Goods #1402	444 Connecticut Ave., Norwalk, Connecticut, 06854
Fairfield	Dick's Sporting Goods #612	7 Backus Ave., Danbury, Connecticut, 06810
Fairfield	Fisherman's World	2 Fort Point St., Norwalk, Connecticut, 06855
Fairfield	Monroe Town Clerk	7 Fan Hill Rd., Monroe, Connecticut, 06468
Fairfield	Orbit Marine Sports Center Inc.	3273 Fairfield Ave., Bridgeport, Connecticut, 06605
Fairfield	Pete's Place	124 Jefferson St., Stamford, Connecticut, 06902
Fairfield	Shelton Town Clerk	54 Hill St., Shelton, Connecticut, 06484
Fairfield	Sherman Town Clerk	9 Route 39 N, Sherman, Connecticut, 06784
Fairfield	Stratford Town Clerk	2725 Main St., Stratford, Connecticut, 06615
Fairfield	Walmart #2163	465 Bridgeport Ave., #2163, Shelton, Connecticut, 06484
Fairfield	Walmart #3543	67 Newtown Rd., Danbury, Connecticut, 06810
Litchfield	Back To Basics	31 Main St., Terryville, Connecticut, 06786
Litchfield	Canaan Town Clerk	108 Main St., Falls Village, Connecticut, 06031
Litchfield	Cornwall Town Clerk	26 Pine St., Cornwall, Connecticut, 06753
Litchfield	Deep Western District Hq	2065 Thomaston Rd., Watertown, Connecticut, 06795
Litchfield	Jim's Bait & Tackle	391 Norfolk Rd., East Canaan, Connecticut, 06024
Litchfield	Kent Town Clerk	41 Kent Green Blvd., Kent, Connecticut, 06757
Litchfield	New Milford Town Clerk	10 Main St., New Milford, Connecticut, 06776
Litchfield	Salisbury Town Clerk	27 Main St., Salisbury, Connecticut, 06068
Litchfield	Sanzeri's	288 S Main St., Thomaston, Connecticut, 06787
Litchfield	Torrington Wireless	246 N Elm St., Torrington, Connecticut, 06790
Litchfield	Upcountry Sportfishing	352 Main St., New Hartford, Connecticut, 06057
Litchfield	Walmart #2144	970 Torrington St., Torrington, Connecticut, 06790
Litchfield	Walmart #3546	164 Danbury Rd., New Milford, Connecticut, 06776
New Haven	Captain Morgan's Bait & Tackle	21 Boston Post Rd., Madison, Connecticut, 06443
New Haven	Dee's Bait & Tackle	93 Clay St., New Haven, Connecticut, 06513
New Haven	Derby Town Clerk	1 Elizabeth St., Derby, Connecticut, 06418
New Haven	Dick's Sporting Goods #1246	411 Universal Dr. N, North Haven, Connecticut, 06473
New Haven	Dick's Sporting Goods #1389	275 Union St., Waterbury, Connecticut, 06706
New Haven	Dick's Sporting Goods #282	1201 Boston Post Rd., Milford, Connecticut, 06460
New Haven	Fisherman's Paradise LLC	38 Bridgeport Ave., Milford, Connecticut, 06460
New Haven	Milford Town Clerk	70 W River St., Milford, Connecticut, 06460
New Haven	New England Diving Of Ct	1060 S Colony Rd., Wallingford, Connecticut, 06492
New Haven	Oxford Town Clerk	486 Oxford Rd., Oxford, Connecticut, 06478
New Haven	Seymour Town Clerk	1 First St., Seymour, Connecticut, 06483
New Haven	Walmart #2284	1100 New Haven Rd., Naugatuck, Connecticut, 06770
New Haven	Walmart #2371	844 N Colony Rd., Wallingford, Connecticut, 06492
New Haven	Walmart #3548	910 Wolcott St., Waterbury, Connecticut, 06705
New Haven	Walmart #3803	515 Saw Mill Rd., West Haven, Connecticut, 06516
New Haven	Walmart #5294	1365 Boston Post Rd., Milford, Connecticut, 06460

Figures









Attachment A

Connecticut Fish Consumption Advisory Signs

Housatonic River Sign

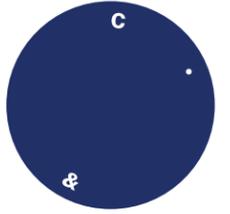
CAN I EAT WHAT I CATCH?



*PCB FISH CONSUMPTION ADVISORY

*RECOMENDACIONES PARA EL CONSUMO DE PESCADO CON PCB

*PCB 鱼类消费建议



Bass
Lobina
鲈鱼

Do not eat
No consumir
请勿食用

1 meal per 2 months
1 comida cada 2 meses
每 2 个月 1 餐



Bluegill
Brema
蓝鳃太阳鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Bullhead
Pez toro
牛头鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Carp
Carpa
鲤鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Catfish
Bagre
鲶鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Calico Bass (Crappie)
Mojarra calicó
花斑鲈鱼 (克拉皮鱼)

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Eel
Anguila
鳗鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Fallfish
Semotilus corporalis
风鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Northern Pike
Lucio del norte
北梭鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Rock Bass
Lobina de roca
岩钝鲈鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Sunfish
Pez luna
翻车鱼

1 meal per month
1 comida por mes
每月 1 餐

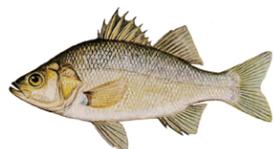
1 meal per week
1 comida por semana
每周 1 餐



Trout
Trucha
鳟鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



White Perch
Perca blanca
白鲈鱼

Do not eat
No consumir
请勿食用

1 meal per 2 months
1 comida cada 2 meses
每 2 个月 1 餐



Yellow Perch
Perca amarilla
黄鲈鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐

Key | Clave | 图例

Pregnant and/or expecting; children under six
Embarazadas y/o gestantes; niños menores de seis años
怀孕和/或待产; 六岁以下儿童

All others not mentioned above
Todas las que no se mencionan anteriormente
以上未提及的所有其他人

FOR MORE INFORMATION
Scan code or visit:
portal.ct.gov/DEEP-HousatonicPCBs

No consumption limit
Ningún límite de consumo
无消费限制

1 meal per week
1 comida por semana
每周 1 餐

1 meal per month
1 comida por mes
每月 1 餐

1 meal per 2 months
1 comida cada 2 meses
每 2 个月 1 餐

Do not eat
No consumir
请勿食用

*PCBs are harmful chemicals that can build up in your body and increase health risks. * Los PCB son sustancias químicas nocivas que pueden acumularse en el organismo e incrementar los riesgos para la salud. * PCB 是一种有害化学物质, 会在人体内积聚并增加健康风险。

Lakes on Housatonic River Sign

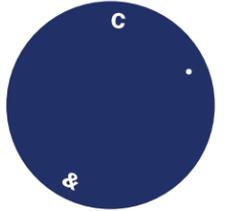
CAN I EAT WHAT I CATCH?



*PCB FISH CONSUMPTION ADVISORY

*RECOMENDACIONES PARA EL CONSUMO DE PESCADO CON PCB

*PCB 鱼类消费建议



Bass
Lobina
鲈鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Bluegill
Brema
蓝鳃太阳鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Bullhead
Pez toro
牛头鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Carp
Carpa
鲤鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Catfish
Bagre
鲶鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Calico Bass (Crappie)
Mojarra calicó
花斑鲈鱼 (克拉皮鱼)

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Eel
Anguila
鳗鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Fallfish
Semotilus corporalis
风鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Northern Pike
Lucio del norte
北梭鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



Rock Bass
Lobina de roca
岩钝鲈鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Sunfish
Pez luna
翻车鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐



Trout
Trucha
鳟鱼

Do not eat
No consumir
请勿食用

Do not eat
No consumir
请勿食用



White Perch
Perca blanca
白鲈鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per month
1 comida por mes
每月 1 餐



Yellow Perch
Perca amarilla
黄鲈鱼

1 meal per month
1 comida por mes
每月 1 餐

1 meal per week
1 comida por semana
每周 1 餐

Key | Clave | 图例

Pregnant and/or expecting; children under six
Embarazadas y/o gestantes; niños menores de seis años
怀孕和/或待产; 六岁以下儿童

All others not mentioned above
Todas las que no se mencionan anteriormente
以上未提及的所有其他人

FOR MORE INFORMATION
Scan code or visit:
portal.ct.gov/DEEP-HousatonicPCBs

No consumption limit
Ningún límite de consumo
无消费限制

1 meal per week
1 comida por semana
每周 1 餐

1 meal per month
1 comida por mes
每月 1 餐

1 meal per 2 months
1 comida cada 2 meses
每 2 个月 1 餐

Do not eat
No consumir
请勿食用

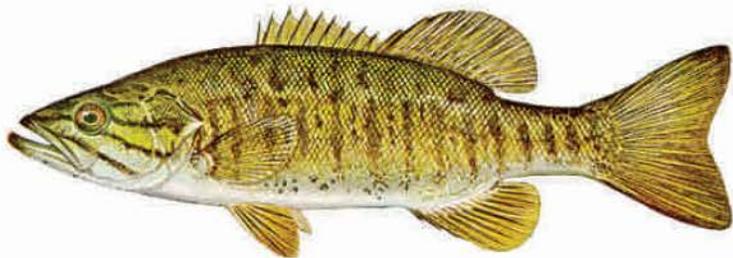
*PCBs are harmful chemicals that can build up in your body and increase health risks. * Los PCB son sustancias químicas nocivas que pueden acumularse en el organismo e incrementar los riesgos para la salud. * PCB 是一种有害化学物质, 会在人体内积聚并增加健康风险。

Blackberry River Sign

CAN I EAT WHAT I CATCH?



*PCB FISH CONSUMPTION ADVISORY
 *RECOMENDACIONES PARA EL CONSUMO DE PESCADO CON PCB
 *PCB 鱼类消费建议



Smallmouth Bass
 Lobina de boca chica
 小口黑鲈

 **1 meal per month**
 1 comida por mes
 每月 1 餐

 **1 meal per month**
 1 comida por mes
 每月 1 餐

Key | Clave | 图例



**Pregnant and/or expecting;
 children under six**
 Embarazadas y/o gestantes;
 niños menores de seis años
 怀孕和/或待产; 六岁以下儿童



All others not mentioned above
 Todas las que no se mencionan
 anteriormente
 以上未提及的所有其他人



No consumption limit
 Ningún límite de consumo
 无消费限制



1 meal per week
 1 comida por semana
 每周 1 餐



1 meal per month
 1 comida por mes
 每月 1 餐



1 meal per 2 months
 1 comida cada 2 meses
 每 2 个月 1 餐



Do not eat
 No consumir
 请勿食用

- * PCBs are harmful chemicals that can build up in your body and increase health risks.
- * Los PCB son sustancias químicas nocivas que pueden acumularse en el organismo e incrementar los riesgos para la salud.
- * PCB 是一种有害化学物质, 会在人体内积聚并增加健康风险。



For more information | Para obtener más información | 如需更多信息
Scan code or visit: | Escanee el código o visite: | 扫描二维码或访问:
portal.ct.gov/DEEP-HousatonicPCBs

Furnace Brook Sign

CAN I EAT WHAT I CATCH?



*PCB FISH CONSUMPTION ADVISORY
 *RECOMENDACIONES PARA EL CONSUMO DE PESCADO CON PCB
 *PCB 鱼类消费建议



Trout
 Trucha
 鳟鱼

 **1 meal per month**
 1 comida por mes
 每月 1 餐

 **1 meal per month**
 1 comida por mes
 每月 1 餐

Key | Clave | 图例



**Pregnant and/or expecting;
 children under six**
 Embarazadas y/o gestantes;
 niños menores de seis años
 怀孕和/或待产; 六岁以下儿童



All others not mentioned above
 Todas las que no se mencionan
 anteriormente
 以上未提及的所有其他人



No consumption limit
 Ningún límite de consumo
 无消费限制



1 meal per week
 1 comida por semana
 每周 1 餐



1 meal per month
 1 comida por mes
 每月 1 餐



1 meal per 2 months
 1 comida cada 2 meses
 每 2 个月 1 餐



Do not eat
 No consumir
 请勿食用

- * PCBs are harmful chemicals that can build up in your body and increase health risks.
- * Los PCB son sustancias químicas nocivas que pueden acumularse en el organismo e incrementar los riesgos para la salud.
- * PCB 是一种有害化学物质, 会在人体内积聚并增加健康风险。



For more information | Para obtener más información | 如需更多信息
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portal.ct.gov/DEEP-HousatonicPCBs

Attachment B

2025 Consumption Advisory Sign Photographic Log

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Near old bridge abutments

Site Location:
 1

Date Photograph Taken:
 September 19, 2025

Comments:
 Found English and Spanish signs near old bridge abutments, on large tree off Weatogue Road in Salisbury, CT, replaced both signs with new Housatonic River sign.



Site Name:
 Fire dept. pull off

Site Location:
 2

Date Photograph Taken:
 September 19, 2025

Comments:
 Found both English and Spanish signs next to fire department water hookup on Weatogue Road in Salisbury, CT, replaced both signs with new Housatonic River sign. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 At Rte 44 bridge

Site Location:
 3

Date Photograph Taken:
 September 19, 2025

Comments:
 Found both English and Spanish signs on telephone pole next to bridge off Church St./Rt. 44 in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting.



Site Name:
 At Rte 7 bridge

Site Location:
 4

Date Photograph Taken:
 October 2, 2025

Comments:
 Found both English and Spanish signs on telephone pole adjacent to bridge at corner of Rt. 7 and Lower Road in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 At lower road bridge

Site Location:
 5

Date Photograph Taken:
 October 2, 2025

Comments:
 Found both English and Spanish signs on telephone pole off southeast corner of bridge on Lower Rd. in North Canaan, CT, replaced both signs with new Blackberry River sign. Location needed some cutting .



Site Name:
 At blast furnace historic site

Site Location:
 6

Date Photograph Taken:
 October 2, 2025

Comments:
 Found both English and Spanish signs on tree near Blackberry River at Beckley Iron Furnace State Park, replaced both signs with new Blackberry River sign. Park just before bridge and walk to bottom of falls in North Canaan, CT. Location needed some cutting .

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Great falls upper parking

Site Location:
 7

Date Photograph Taken:
 October 3, 2025

Comments:
 Found both English and Spanish signs on large tree at end of Great Falls View Parking Lot off Housatonic River Rd., in Salisbury, CT. Replaced both signs with new Housatonic River sign.



Site Name:
 Lower great falls parking

Site Location:
 8

Date Photograph Taken:
 October 3, 2025

Comments:
 Found both English and Spanish signs on large tree at Lower Great Falls Pull-Off on Housatonic River Rd., in Salisbury, CT. Replaced both signs with new Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
2025 Biota Consumption Advisory Sign Maintenance
Housatonic Rest of River - Connecticut



Site Name:
Telephone pole east side of bridge

Site Location:
9

Date Photograph Taken:
October 3, 2025

Comments:
Found English and Spanish signs on telephone pole near northeast corner of Falls River Bridge off Water St. in Falls Village, CT, replaced both signs with Housatonic River sign.



Site Name:
Pull off above bridge

Site Location:
10

Date Photograph Taken:
October 3, 2025

Comments:
Found both English and Spanish signs on tree at pull-off at Falls Mountain Rd. and Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Canoe access kiosk

Site Location:
 11

Date Photograph Taken:
 October 3, 2025

Comments:
 Found both English and Spanish signs on Falls Village Canoe access kiosk off Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.



Site Name:
 D.S. canoe access pull off

Site Location:
 12

Date Photograph Taken:
 October 3, 2025

Comments:
 Found both English and Spanish signs on large tree adjacent to pull-off on Dugway Rd. in Salisbury, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
2025 Biota Consumption Advisory Sign Maintenance
Housatonic Rest of River - Connecticut



Site Name:
Posts along corn field

Site Location:
13

Date Photograph Taken:
October 3, 2025

Comments:
Found both English and Spanish signs on large post near southwest corner of bridge on Rt. 7 in Salisbury, CT, replaced both signs with Housatonic River sign.



Site Name:
At kiosk DS RT 7, 112 bridge

Site Location:
14

Date Photograph Taken:
February 12, 2026

Comments:
Found both English and Spanish signs on post of Appalachian Trail marker (southbound) at pull-off off on Rt. 7 in Salisbury, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pull off above reed brook

Site Location:
 15

Date Photograph Taken:
 February 12, 2026

Comments:
 Found both English and Spanish signs on tree at the start of footpath, adjacent to pull-off on River Road in Cornwall, CT, replaced both signs with Housatonic River sign (10/3/2025). Location needed to be cut out. Sign was replaced on 2/12/2026, when it was observed to be missing during a site visit.



Site Name:
 Tree below RR crossing

Site Location:
 16

Date Photograph Taken:
 October 6, 2025

Comments:
 Found both English and Spanish signs on tree near river, adjacent to pull-off, near railroad crossing on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed some cutting.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Tree across from Indian Weir-
 River Road Cornwall

Site Location:
 17

Date Photograph Taken:
 October 6, 2025

Comments:
 Found both English and Spanish signs on large tree overhanging river, adjacent to pull-off near railroad crossing on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.



Site Name:
 Pull off east side of trail

Site Location:
 18

Date Photograph Taken:
 October 6, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to small pull-off on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Large pull off along river

Site Location:
 19

Date Photograph Taken:
 October 7, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to large pull-off on River Rd. in Cornwall, CT, replaced both signs with new Housatonic River sign.



Site Name:
 Pull off at old bridge abutments

Site Location:
 20

Date Photograph Taken:
 October 7, 2025

Comments:
 Found Spanish sign on large tree adjacent to pull-off on River Rd. in Cornwall, CT, replaced sign with Housatonic River sign. Location needed some cutting.

PHOTOGRAPH LOG

Housatonic River
2025 Biota Consumption Advisory Sign Maintenance
Housatonic Rest of River - Connecticut



Site Name:
Third pull off on River Rd.

Site Location:
21

Date Photograph Taken:
October 7, 2025

Comments:
Found English and Spanish signs on tree adjacent to third pull-off near field on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.



Site Name:
First pull off on River Rd.

Site Location:
22

Date Photograph Taken:
October 7, 2025

Comments:
Found both English and Spanish signs on post at first pull-off on River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Mill River bridge

Site Location:
 23

Date Photograph Taken:
 October 7, 2025

Comments:
 Found both English and Spanish signs on telephone pole at corner of Lower River Rd. and West Cornwall covered bridge in West Cornwall, CT, replaced both signs with Housatonic River sign.



Site Name:
 Garbage pool

Site Location:
 24

Date Photograph Taken:
 October 7, 2025

Comments:
 Found both English and Spanish signs on tree at "The Bend" canoe access launch off Lower River Rd. in West Cornwell, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Trinity pull off

Site Location:
 25

Date Photograph Taken:
 October 7, 2025

Comments:
 Found both English and Spanish signs on large pine tree adjacent to Trinity Riverside Trailhead at end of Lower River Rd. in Cornwall, CT, replaced both signs with Housatonic River sign.



Site Name:
 Elms North Parking

Site Location:
 26

Date Photograph Taken:
 October 7, 2025

Comments:
 Found both English and Spanish signs on post at end of parking loop off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign. After pavement drive across field to opening in hedgerow, needed a lot of cutting.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pull off above fly section

Site Location:
 27

Date Photograph Taken:
 October 8, 2025

Comments:
 Original tree with signs was cut down, installed Housatonic River sign on another tree in the same pull-off on Rt. 7 just northeast of Pine Swamp Brook in Sharon, CT.



Site Name:
 Route 7 pull off, after Pine Swamp Brook

Site Location:
 28

Date Photograph Taken:
 October 9, 2025

Comments:
 Original tree with signs was cut down, and pull-off was closed. Moved this location to just north of Pine Swamp Brook, installed Housatonic River sign on black cherry tree, on river side of Rt. 7 in Sharon, CT.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pine Swamp Brook

Site Location:
 29

Date Photograph Taken:
 October 9, 2025

Comments:
 Original tree with signs was cut down, moved this location adjacent to and just south of Pine Swamp Brook, installed Housatonic River sign on a large oak tree, on river side of Rt. 7 in Sharon, CT.



Site Name:
 Route 7 pull off

Site Location:
 30

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both English and Spanish signs on tree near river, along Rt. 7 in Sharon, CT. Tree with signs is toward the bottom of the river bank, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 In front of Clarkes

Site Location:
 31

Date Photograph Taken:
 October 8, 2025

Comments:
 Found both English and Spanish signs on tree across Rt. 7 from Clarke Outdoors building in Sharon, CT, replaced both signs with Housatonic River sign.



Site Name:
 Border of TMA fly section

Site Location:
 32

Date Photograph Taken:
 October 8, 2025

Comments:
 Found English and Spanish signs on tree across from Rt. 7 pull-off at start of Trout Management Area in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pull off north of Carse Brook

Site Location:
 33

Date Photograph Taken:
 October 8, 2025

Comments:
 Found both Spanish and English signs on tree just north of Carse Brook at Rt. 7 pull-off in Sharon, CT, replaced both signs with Housatonic River sign. Tree with signs is 50 feet into the woods.



Site Name:
 First pull off south of Carse Brook

Site Location:
 34

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both Spanish and English signs on tree just south of Carse Brook at Rt. 7 pull-off in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Cellar hole

Site Location:
 35

Date Photograph Taken:
 October 9, 2025

Comments:
 Found English and Spanish signs on tree at Cellar Hole boat launch pull-off on Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign. Location was cut out so that signs could be seen.



Site Name:
 Pull off below cellar hole

Site Location:
 36

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both English and Spanish signs on tree at Rt. 7 pull-off with "No Swimming No Picnicking" sign in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 End of campsites at meadows

Site Location:
 37

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both English and Spanish signs on tree at end of road, down path about 100 ft in Housatonic Meadows State Campground (take left at entry - all the way to end at trail) in Sharon, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.



Site Name:
 Housatonic Meadows campground

Site Location:
 38

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both English and Spanish signs on tree at end of road past cabins at Housatonic Meadows State Campground in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Housatonic Meadows
 campground

Site Location:
 39

Date Photograph Taken:
 October 9, 2025

Comments:
 Found both English and Spanish signs on tree before cabins at Housatonic Meadows State Campground in Sharon, CT. Original tree had a lot of vines and brush around it, moved location to adjacent tree and installed Housatonic River sign.



Site Name:
 In front of pine knob loop

Site Location:
 40

Date Photograph Taken:
 October 10, 2025

Comments:
 Found both English and Spanish signs on tree across Rt. 7 from Pine Knob Loop Trailhead Parking in Sharon, CT, replaced both signs with Housatonic River sign. Location needed some cutting.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Dual pull off below pine knob

Site Location:
 41

Date Photograph Taken:
 October 10, 2025

Comments:
 Found English and Spanish signs on tree adjacent to Rt. 7 pull-off just south of Pine Knob Loop Trail in Sharon, CT, across Rt. 7 from the river. Replaced both signs with Housatonic River sign. Location needed some cutting.



Site Name:
 Dual pull off below pine knob

Site Location:
 42

Date Photograph Taken:
 October 10, 2025

Comments:
 Found English and Spanish signs on telephone pole across from Rt. 7 pull-off, just south of Pine Knob Loop Trail in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Dual pull off below pine knob

Site Location:
 43

Date Photograph Taken:
 October 10, 2025

Comments:
 Found English and Spanish signs on telephone pole just south of Pine Knob Loop Trail, on river side of Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign.



Site Name:
 Second pull-off upstream Housatonic meadows

Site Location:
 44

Date Photograph Taken:
 October 10, 2025

Comments:
 Both English and Spanish signs were missing, installed Housatonic River sign on same tree at pull-off on Rt. 7 in Sharon, CT.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 First pull-off upstream of Housatonic Meadows State Park

Site Location:
 45

Date Photograph Taken:
 October 10, 2025

Comments:
 Found both English and Spanish signs on large pine tree at pull-off on Rt. 7, just north of Housatonic Meadows State Park in Sharon, CT, replaced both signs with Housatonic River sign.



Site Name:
 Housatonic Meadows State Park parking

Site Location:
 46

Date Photograph Taken:
 October 10, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to parking lot area near the entrance to Housatonic Meadows State Park off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River Sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Housatonic meadows water entry

Site Location:
 47

Date Photograph Taken:
 October 10, 2025

Comments:
 Found both English and Spanish signs on large Hemlock tree just south of Housatonic Meadows State Park parking area, off Rt. 7 in Sharon, CT, replaced both signs with Housatonic River sign.



Site Name:
 Boat launch Housatonic meadows

Site Location:
 48

Date Photograph Taken:
 October 27, 2025

Comments:
 Post with both English and Spanish signs was gone, installed Housatonic River sign on adjacent tree near boat launch in Housatonic Meadows State Park, off Rt. 7 in Sharon, CT.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Commercial boat launch

Site Location:
 49

Date Photograph Taken:
 October 27, 2025

Comments:
 Found board with both English and Spanish signs on the ground. Installed Housatonic River sign on same tree at commercial boat launch, at the end of the road in Housatonic Meadows State Park off Rt. 7 in Sharon, CT.



Site Name:
 At roadside pull-off with picnic table

Site Location:
 50

Date Photograph Taken:
 October 27, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to pull-off with picnic tables on Furnace Brook Rd. in Cornwall, CT. Replaced both signs with Furnace Brook sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Above Rt. 4 Bridge

Site Location:
 51

Date Photograph Taken:
 October 27, 2025

Comments:
 Found both English and Spanish signs on tree at Furnace Brook Memorial pull-off on Rt. 4 just east of Cornwall Bridge, CT, replaced both signs with Furnace Brook sign.



Site Name:
 Furnace Brook confluence

Site Location:
 52

Date Photograph Taken:
 October 27, 2025

Comments:
 Found both English and Spanish signs on telephone pole by Furnace Brook confluence bridge off Popple Swamp Rd. in Cornwall Bridge, CT, replaced both signs with Furnace Brook sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 At bridge just above confluence with Housatonic River

Site Location:
 53

Date Photograph Taken:
 October 28, 2025

Comments:
 Found 2 sets of English and Spanish signs on telephone pole just past Furnace Brook confluence, at parking area off Popple Swamp Rd. in Cornwall, CT, replaced both sets of signs with Housatonic River sign.



Site Name:
 At bridge just above confluence with Housatonic River

Site Location:
 54

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on large Maple tree at the start of Lower River Road, next to railroad tracks in Cornwall Bridge, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Underneath Cornwall Bridge

Site Location:
 55

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both signs on Francis L. Sheane Fly Fishing Area sign, at pull-off on River Rd., under Rt. 7 bridge in Sharon, CT, replaced both signs with Housatonic River sign. Fly Fishing sign needs replacement.



Site Name:
 End of River Rd trail head

Site Location:
 56

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on tree at pull-off on River Rd., close to Appalachian Trail gate in Sharon, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Gunn Brook Pull off

Site Location:
 57

Date Photograph Taken:
 October 28, 2025

Comments:
 Both English and Spanish signs were missing, installed Housatonic River sign on same tree at the end of Swifts Bridge Rd., off Rt. 7 in Cornwall Bridge, CT.



Site Name:
 Across from Kent Falls

Site Location:
 58

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on tree across the railroad tracks and to the southwest of Kent Falls State Park off Rt. 7 in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 North Kent Pool

Site Location:
 59

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on Housatonic River Wildlife Management Area kiosk at the end of N Kent No 2 Rd., in Kent, CT, replaced both signs on same kiosk with Housatonic River sign.



Site Name:
 Footpath Kiosk End of River Road

Site Location:
 60

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on Appalachian Trail kiosk at end of River Rd., in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Footpath near culvert past gate

Site Location:
 61

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to footpath past Appalachian Trail gate on River Rd. in Kent, CT, replaced both signs with Housatonic River sign.



Site Name:
 Hiker pull off River Rd

Site Location:
 62

Date Photograph Taken:
 October 28, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to Appalachian Trail parking area on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
2025 Biota Consumption Advisory Sign Maintenance
Housatonic Rest of River - Connecticut



Site Name:
Long pull off River Rd

Site Location:
63

Date Photograph Taken:
October 29, 2025

Comments:
Found English and Spanish signs on large tree adjacent to pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location needed some cutting.



Site Name:
2 car pull off above island

Site Location:
64

Date Photograph Taken:
October 29, 2025

Comments:
Found both English and Spanish signs on large tree adjacent to 2 car pull-off on River Rd., on downstream end of two large islands in the Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Island pull off near brook

Site Location:
 65

Date Photograph Taken:
 October 29, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to island pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign. Location is near a small brook, and needed a lot of cutting to see sign.



Site Name:
 John Rodgers memorial

Site Location:
 66

Date Photograph Taken:
 October 29, 2025

Comments:
 Found both English and Spanish signs on tree next to river, adjacent to pull-off on River Rd., at John Rodgers Memorial in Kent, CT, replaced both signs with Housatonic River sign. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 First pull off on River Rd

Site Location:
 67

Date Photograph Taken:
 October 29, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to pull-off on River Rd. in Kent, CT, replaced both signs with Housatonic River sign.



Site Name:
 Large pull off before River Rd

Site Location:
 68

Date Photograph Taken:
 October 29, 2025

Comments:
 Found English and Spanish signs on a telephone pole adjacent to pull-off on Skiff Mountain Rd. in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
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Housatonic Rest of River - Connecticut



Site Name:
Large log pull off

Site Location:
69

Date Photograph Taken:
October 29, 2025

Comments:
Found both English and Spanish signs on dead tree adjacent to pull-off on Skiff Mountain Rd., in Kent, CT. Removed both signs and moved location to adjacent live tree, and installed Housatonic River sign.



Site Name:
341 bridge street bridge

Site Location:
70

Date Photograph Taken:
October 29, 2025

Comments:
Found both English and Spanish signs on tree under west side of Macedonia Rd. (Rt 341) bridge in Kent, CT, replaced both signs with Housatonic River sign. Park near trail off Skiff Mountain Rd. and walk under bridge.

PHOTOGRAPH LOG

Housatonic River
2025 Biota Consumption Advisory Sign Maintenance
Housatonic Rest of River - Connecticut



Site Name:
Pull off above Bulls Bridge

Site Location:
71

Date Photograph Taken:
October 29, 2025

Comments:
Found both English and Spanish signs on tree adjacent to pull-off on Rt. 7, north of Bulls Bridge in Kent, CT, replaced both signs with Housatonic River sign.



Site Name:
Large pull off Schaghticoke Rd

Site Location:
72

Date Photograph Taken:
November 3, 2025

Comments:
Found both English and Spanish signs on large tree adjacent to barricaded pull-off on Schaghticoke Rd. in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Above Bulls Bridge kiosk

Site Location:
 73

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both English and Spanish signs on tree past information kiosk off Bulls Bridge Rd., on west side of Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.



Site Name:
 Bulls Bridge Kiosk

Site Location:
 74

Date Photograph Taken:
 November 3, 2025

Comments:
 Found English and Spanish signs at kiosk off Bulls Bridge Rd., just past covered bridge on west side of Housatonic River in Kent, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Bulls Bridge pool

Site Location:
 75

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both English and Spanish signs on tree near river in Kent CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south down Appalachian Trail approx. 1,000 ft.



Site Name:
 Ten Mile River bridge

Site Location:
 76

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both signs on tree adjacent to Ten Mile River bridge, in Kent, CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south on Appalachian Trail to the Homestead Trail (approx. 1 mile).

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 10 Mile River Campsites

Site Location:
 77

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both English and Spanish signs on tree near Housatonic River at 10 Mile River Campsites, in Sherman CT, replaced both signs with Housatonic River sign. Park at Bulls Bridge and walk south on Appalachian Trail to the Homestead Trail (approx. 1 mile), over Ten Mile River bridge, to campsites.



Site Name:
 Gunns Eddy lot

Site Location:
 78

Date Photograph Taken:
 November 3, 2025

Comments:
 Found and removed both English and Spanish signs on post to left of gate at Gunns Eddy lot off Rt. 7 in New Milford, CT. Post was too small, moved location to adjacent tree and installed Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 First light power plant

Site Location:
 79

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both English and Spanish signs on tree near river, adjacent to First Light Power access off Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.



Site Name:
 Pull off above Gaylordsville bridge

Site Location:
 80

Date Photograph Taken:
 November 3, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to barricaded pull-off on Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Gaylordsville bridge

Site Location:
 81

Date Photograph Taken:
 November 4, 2025

Comments:
 Found both English and Spanish signs on tree near bottom of parking lot on southeast corner of Gaylordsville Bridge, at the end of a short trail, in Gaylordsville, CT, replaced both signs with Housatonic River sign.



Site Name:
 Second pull-off on River Rd.,
 New Milford

Site Location:
 82

Date Photograph Taken:
 November 4, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to second pull-off on River Rd. (coming from Rt. 7), in New Milford, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Third pull-off on River Rd., New Milford

Site Location:
 83

Date Photograph Taken:
 November 4, 2025

Comments:
 Found both English and Spanish signs on tree at third pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.



Site Name:
 Fourth pull-off on River Rd., New Milford

Site Location:
 84

Date Photograph Taken:
 November 4, 2025

Comments:
 Found both English and Spanish signs on tree at fourth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Sixth pull-off on River Rd., New Milford

Site Location:
 85

Date Photograph Taken:
 November 5, 2025

Comments:
 Found both English and Spanish signs at sixth pull-off on River Rd. (coming from Rt. 7) on tree adjacent to parking area, in New Milford, CT, replaced both signs with Housatonic River sign.



Site Name:
 Beach pull-off

Site Location:
 86

Date Photograph Taken:
 November 6, 2025

Comments:
 Found both English and Spanish signs on tree at seventh pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign. Look for restricted access sign and ribbon on tree.

PHOTOGRAPH LOG

Housatonic River
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Housatonic Rest of River - Connecticut



Site Name:
Eighth pull-off on River Rd., New Milford

Site Location:
87

Date Photograph Taken:
November 5, 2025

Comments:
Found both English and Spanish signs on tree at eighth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT, replaced both signs with Housatonic River sign.



Site Name:
Ninth pull-off on River Rd., New Milford

Site Location:
88

Date Photograph Taken:
November 6, 2025

Comments:
Did not find tree with signs, installed Housatonic River sign on nearby tree at ninth pull-off on River Rd. (coming from Rt. 7) in New Milford, CT. Park on River Rd. next to swimming prohibited sign, take trail toward the river.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Bend of the road pull-off on Rt. 7

Site Location:
 89

Date Photograph Taken:
 November 4, 2025

Comments:
 Found and removed both English and Spanish signs on telephone pole, adjacent to small pull-off on Rt. 7 in New Milford, CT, replaced both signs with Housatonic River sign.



Site Name:
 Pull-off on Rt. 7 after straight away

Site Location:
 90

Date Photograph Taken:
 November 5, 2025

Comments:
 Found both English and Spanish signs on large tree, near entrance to gravel pit, on Rt. 7, New Milford, CT, replaced both signs with Housatonic River sign. Tree sits back off Rt.7, behind guardrail. Location needed some cutting.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pull-off on Rt.7 near US Private Rd. sign

Site Location:
 91

Date Photograph Taken:
 November 5, 2025

Comments:
 Found both English and Spanish signs on tree adjacent to pull-off on Rt. 7, near Kennedy Ct., in New Milford, CT, replaced both signs with Housatonic River sign. Look for survey ribbon on tree and posts.



Site Name:
 Bleachry Dam

Site Location:
 92

Date Photograph Taken:
 November 6, 2025

Comments:
 Found and replaced both signs on tree with Housatonic River sign, near Bleachry Dam, on Pickett District Rd., in New Milford, CT. Trail to tree with sign is between new Hvac business and Scotts auto body shop.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 West Cove Marina

Site Location:
 93

Date Photograph Taken:
 November 6, 2025

Comments:
 Found English and Spanish signs on telephone pole next to boat launch at West Cove Marina, in New Milford, CT, replaced both signs with Housatonic River sign. Drive to end of West St. and around back of building to boat launch.



Site Name:
 Town Park

Site Location:
 94

Date Photograph Taken:
 November 6, 2025

Comments:
 Found English and Spanish signs on wood post at Addis Park boat launch off Lower Grove St. in New Milford, CT, replaced both signs with Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Lillinonah State Boat Launch

Site Location:
 95

Date Photograph Taken:
 November 7, 2025

Comments:
 Found three signs on kiosk next to Bridgewater/Lake Lillinonah public boat launch in Bridgewater, CT, replaced all three signs with Lakes on Housatonic River sign.



Site Name:
 Lillinonah Woods

Site Location:
 96

Date Photograph Taken:
 November 7, 2025

Comments:
 Found both English and Spanish signs on kiosk at Lillinonah Woods Park off Obtuse Hill Rd., in Brookfield, CT, replaced both signs with Lakes on Housatonic River sign. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut

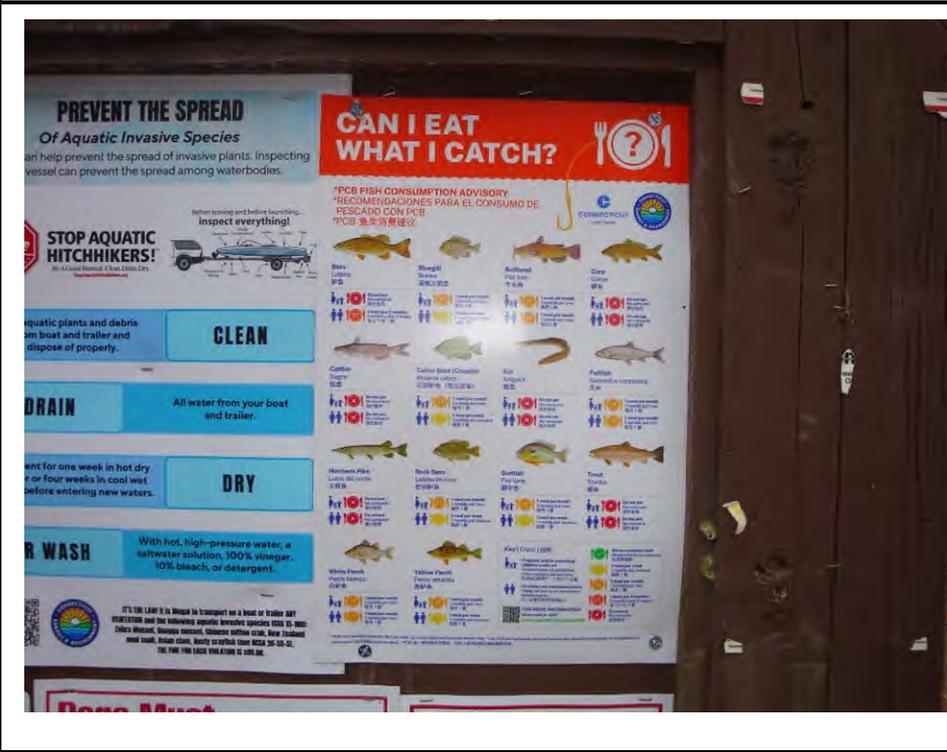


Site Name:
 Lillionah Lake Boat Launch-
 Hanover Street

Site Location:
 97

Date Photograph Taken:
 November 7, 2025

Comments:
 Found three signs on kiosk next to Lake Lillionah Town Park boat launch, off Hanover Street, in Newtown, CT, replaced all three signs with Lakes on Housatonic River sign.



Site Name:
 Pond Brook Confluence with
 Housatonic River

Site Location:
 98

Date Photograph Taken:
 November 7, 2025

Comments:
 Found both English and Spanish signs on kiosk next to Town of Newtown Park and boat ramp in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Upper Paugusett Trails

Site Location:
 99

Date Photograph Taken:
 November 7, 2025

Comments:
 Found both English and Spanish signs on kiosk at the end of Echo Valley Rd. - The Sugarbush at Upper Paugusett in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.



Site Name:
 Newtown Forest Trails

Site Location:
 100

Date Photograph Taken:
 November 11, 2025

Comments:
 Found both English and Spanish signs on tree across Alberts Rd. from parking area for Newtown Forest Association in Newtown, CT, replaced both signs with Lakes on Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Confluence of the Pootatuck and Housatonic

Site Location:
 101

Date Photograph Taken:
 November 11, 2025

Comments:
 Found Spanish sign, English sign was missing, on large tree at back of parking lot off Bridge End Farm Lane in park, in Sandy Hook, CT, replaced sign with Lakes on Housatonic River sign.



Site Name:
 River Road- Sandy Hook

Site Location:
 102

Date Photograph Taken:
 November 11, 2025

Comments:
 Tree that had the signs attached was cut down and removed. Attached Lakes on Housatonic River sign to telephone pole across River Rd., in Southbury, CT.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Below Shepaug Dam

Site Location:
 103

Date Photograph Taken:
 November 7, 2025

Comments:
 Found three signs on large pine tree in the Housatonic River Project Recreation area, just downstream of Shepaug Dam in Southbury, CT, replaced all three signs with Lakes on Housatonic River sign.



Site Name:
 George C. Waldo State Park Area

Site Location:
 104

Date Photograph Taken:
 November 7, 2025

Comments:
 Found both English and Spanish signs on tree to the left of access gate in George C. Waldo State Park in Southbury, CT, replaced both signs with Lakes on Housatonic River sign on adjacent kiosk.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Pomperaug River Confluence Area

Site Location:
 105

Date Photograph Taken:
 November 11, 2025

Comments:
 Found both English and Spanish signs on large tree at bottom of path off River Rd. in Southbury, CT, replaced both signs with Lakes on Housatonic River sign. Park across River Rd. and walk down past gate. Location needed to be cut out.



Site Name:
 Lake Zoar Boat Launch

Site Location:
 106

Date Photograph Taken:
 November 11, 2025

Comments:
 Found three signs on kiosk at Lake Zoar Public Boat Launch in Southbury, CT, replaced all three signs with Lakes on Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Kettletown State Park

Site Location:
 107

Date Photograph Taken:
 November 11, 2025

Comments:
 Found only the English and Spanish signs on kiosk, in Kettletown State Park, adjacent to cove off Lake Zoar, off Georges Hill Rd., in Southbury, CT, replaced all signs with Lakes on Housatonic River sign.



Site Name:
 Jackson Cove Park

Site Location:
 108

Date Photograph Taken:
 November 11, 2025

Comments:
 Found three signs on telephone pole adjacent to Jackson Cove boat launch, at Jackson Cove Park, off Jackson Cove Rd., in Oxford, CT, replaced all three signs with Lakes on Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Paugussett State Forest Zoar Trail

Site Location:
 109

Date Photograph Taken:
 November 14, 2025

Comments:
 Found both English and Spanish signs on kiosk, at Paugussett State Forest Zoar Trailhead at far end of Great Quarter Rd., Sandy Hook, CT, replaced both signs with Lakes on Housatonic River sign.



Site Name:
 Marina Halfway River

Site Location:
 110

Date Photograph Taken:
 November 14, 2025

Comments:
 Found both English and Spanish signs on attendant's shed at Eichlers Cove Marina, Old Bridge Rd., Sandy Hook, CT, replaced both signs with Lakes on Housatonic River sign.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Stevenson Dam Recreational area

Site Location:
 111

Date Photograph Taken:
 November 14, 2025

Comments:
 Found only the English and Spanish signs on kiosk, at Housatonic River Project Recreational Area, adjacent to Stevenson Dam off of Rt. 34, on downstream side of dam, in Monroe, CT, replaced all signs with Lakes on Housatonic River sign.



Site Name:
 Coppermine Rd. Pull-off

Site Location:
 112

Date Photograph Taken:
 November 14, 2025

Comments:
 Large tree with all three signs was cut down and removed. Installed Lakes on Housatonic River sign on nearby tree adjacent to Coppermine Rd. pull-off, in Oxford, CT. Location needed to be cut out.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Roosevelt Dr. First Light Pull-off

Site Location:
 113

Date Photograph Taken:
 November 14, 2025

Comments:
 Found all three signs on tree, along trail from First Light Power pull-off area to Housatonic River, off Roosevelt Dr. (Rt. 34), in Oxford, CT, replaced all three signs with Lakes on Housatonic River sign. Needed to be cut out.



Site Name:
 Pink House Cove

Site Location:
 114

Date Photograph Taken:
 November 14, 2025

Comments:
 Telephone pole with all three signs on it was replaced by a new telephone pole. Installed Lakes on Housatonic River sign on nearby tree off Rt. 34, adjacent to Pink House Cove Ice Fishing Area, in Derby, CT.

PHOTOGRAPH LOG

Housatonic River
 2025 Biota Consumption Advisory Sign Maintenance
 Housatonic Rest of River - Connecticut



Site Name:
 Maples Boat Launch

Site Location:
 115

Date Photograph Taken:
 November 14, 2025

Comments:
 Found both English and Spanish signs on wood post at Maples Boat Launch in Shelton, CT. On The Maples Rd., off Indian Well Road, off Rt. 110. Replaced both signs with Lakes on Housatonic River sign.



Site Name:
 Indian Wells Boat Launch

Site Location:
 116

Date Photograph Taken:
 November 14, 2025

Comments:
 Found all three signs on kiosk at Indian Wells State Park boat launch, Rt. 454, in Shelton, CT, replaced all three signs with Lakes on Housatonic River sign.

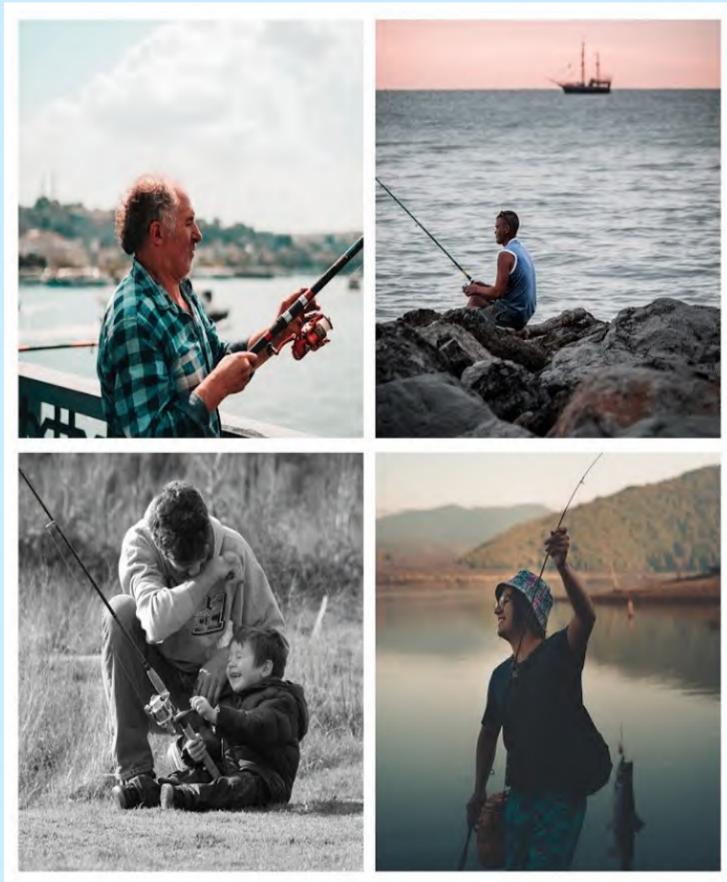
Attachment C

2025 Connecticut Fish Consumption Advisory Pamphlet (in English and Spanish)



If I Catch It, Can I Eat It?

A Guide to Eating Fish Safely 2025 Connecticut Fish Consumption Advisory



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

This pamphlet will give you information that will help your family avoid chemicals in fish and eat fish safely.

Fish from Connecticut's waters are a healthy, low-cost source of protein. Unfortunately, some fish take up chemicals such as mercury, perfluorooctane sulfonic acid (PFOS) and polychlorinated biphenyls (PCBs). These chemicals can build up in your body and increase health risks. The developing fetus and young children are most sensitive. Women who eat fish containing these chemicals before or during pregnancy or nursing may have children who are slow to develop and learn. Long term exposure to PCBs may increase cancer risk.

What Does The Fish Consumption Advisory Say?

The advisory tells you how often you can safely eat fish from Connecticut's waters and from a store or restaurant. In many cases, separate advice is given for the **High Risk** and **Low Risk** Groups.

- You are in the **High Risk Group** if you are a *pregnant woman, a woman who could become pregnant, a nursing mother, or a child under six.*
- If you do not fit into the High Risk Group, you are in the **Low Risk Group.**

Advice is given for three different types of fish consumption:

1. **Statewide FRESHWATER Fish Advisory:** Most freshwater fish in Connecticut contain enough mercury to cause some limit to consumption. The statewide freshwater advice is that:

- High Risk Group: eat no more than 1 meal per month
- Low Risk Group: eat no more than 1 meal per week

2. **Advisories for SPECIFIC WATERBODIES:** Certain waterbodies contain fish with higher levels of contaminants. These waterbodies include the Housatonic River, as well as other rivers, lakes, and ponds, and certain species from Long Island Sound. The large chart in the center of this pamphlet provides details on eating fish safely from these waterbodies.

3. **Advice for Fish Purchased from the MARKET:** Most fish from the market are healthy to eat and contain important nutrients such as omega-3 fatty acids. However, there are some fish that contain high levels of mercury or PCBs and so should be eaten less or not at all. This pamphlet points out which fish are healthy to eat and which ones are not safe to eat (small chart on page 3).

Are Trout Safe To Eat?

Most trout from Connecticut's rivers are safe to eat because they usually have little contamination and are routinely re-stocked. However, there are limits on trout from certain waterbodies due to PCBs and PFOS and on large trout from lakes due to mercury (see large chart in center).

How Do These Contaminants Get Into Fish?

Mercury, PCBs and PFOS can build up in fish to levels that are thousands of times higher than in the water. These contaminants enter the water from:

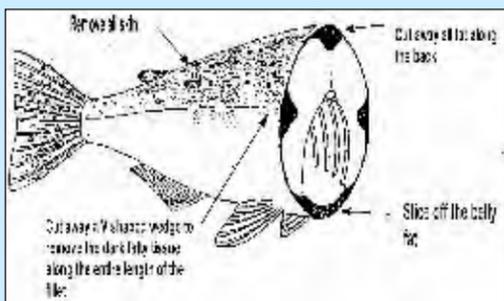
- Chemical spills that happened in the past.** Even though these spills have been stopped, it may take years for the contaminant levels in the fish to drop to safe levels.
- Mercury in the air.** Mercury travels long distances from where it is released. Much of it comes from air pollution outside of Connecticut.

The Connecticut Department of Energy and Environmental Protection (CT DEEP) is working to improve water quality in Connecticut and is limiting the amount of mercury which can be released into the air.

What Else Can I Do To Eat Fish Safely?

PCBs are mostly in the fatty portions of fish. It is very important to remove skin and other fatty parts. Cook fish on a rack (broil) so that fat can drip away from the flesh.

Remove fatty portions before cooking



Remove and do not eat the organs, head, skin and the dark fatty tissue along the back bone, lateral lines and belly.

Mercury is in the edible (fillet) portion of fish. Therefore, you cannot lower your exposure to mercury by cooking or cleaning the fish. Large fish usually have the highest levels of PCBs and mercury. If you have a choice, eat smaller fish of any species. In addition, certain smaller species generally have lower levels of contamination (perch, small trout, sunfish).

What About Fish from Markets and Restaurants?

Many fish from the market or restaurant are low in contaminants. Some of these fish are also high in omega-3 fatty acids, a nutrient oil from fish that improves brain development and helps prevent heart disease. However, some fish from the market can contain high levels of certain contaminants, especially mercury.

In general, people in the High Risk Group can eat up to 2 fish meals a week from the market or at restaurants. Certain fish are especially low in contaminants and can be eaten more often. The following are specific tips for those in the **High Risk** Group to choose healthy fish from the store:

- Swordfish and Shark: these contain high levels of mercury and **should not be eaten.**
- Canned tuna: Choose "light" tuna because it has less mercury than "white" tuna.
- Lobster and other shellfish are generally low in chemical contaminants. The tomalley portion of lobster (the green gland) can be high in contaminants and should not be eaten. This applies to lobster from Long Island Sound and elsewhere. Crab tomalley from the Mill River in Fairfield should be avoided as well and has elevated lead levels.

Fish from the Market and Restaurant

The chart below provides general guidance for Women & Children on which fish to choose. Fish with hearts are ♥ either especially high in omega-3 fatty acids and/or very low in contaminants and can be eaten more than twice a week.

Eat 2 Meals a Week		Eat 1 Meal a Week		Avoid
Herring ♥	Trout ♥	Tuna Steak		Swordfish
Pollock ♥	Haddock	Halibut		Shark
Salmon (wild) ♥	Perch	Red Snapper		King Mackerel
Atlantic Mackerel ♥	Tilapia	White Tuna (canned)		Striped Bass
Flounder & Fluke ♥	Light tuna (canned)	Catfish (farm-raised)		Tilefish (Gulf of Mexico)
Sole ♥	Cod	Tilefish (Atlantic)		Bluefish
Sardines & Smelt ♥	Salmon (farm-raised)			Tuna Sushi
Shellfish: oysters, shrimp, clams, scallops, lobster *		* see warning above about lobster tomalley		

People in the **Low Risk** Group can safely eat higher amounts of market seafood. For example, swordfish or shark - once per month; tuna steak or halibut - twice per week.



REMEMBER

Follow this advisory to make sure the fish you choose to eat are safe for your family.

- Every fresh waterbody has some consumption limits as indicated at the top of the chart.
- *Long Island Sound*: Most fish are safe to eat except for listed restrictions on striped bass, bluefish, and weakfish.
- Be aware of advice for fish from the market or restaurant. See market advice on page 3.
- Your exposure to PCBs in fish can be reduced by trimming away fat and cooking fish on a rack so that fat drips away.

WHERE CAN I GET MORE INFORMATION?

More specific fact sheets can be obtained by calling 1-877-458-FISH (3474) or by going to the DPH WEB SITE: <https://portal.ct.gov/fish>

Health Questions?
Call CT DPH toll-free at: **1-877-458-FISH (3474)**

Questions about fishing in Connecticut?
Call CT DEEP at 860-424-3474
www.ct.gov/deep/fishing

Footnotes from Table:

a. The **High Risk Group** includes pregnant women, women who could become pregnant, nursing women and children under age 6.

The **High Risk Group** should eat no more than one fish meal per month of most freshwater fish from local waters.

b. The **Low Risk Group** should limit eating most freshwater fish to once a week.

c. Most trout are not part of any advisory and are safe to eat unless otherwise noted.

d. Includes the entire River as well as the West Branch Naugatuck River downstream of Stillwater Pond, Torrington.

e. The Housatonic River upstream to the Derby Dam and downstream to the Rt. 15 Bridge. Upstream on the Naugatuck River to the Kinneytown Dam.

f. Shad only travel to the Connecticut River to spawn, have low contamination and are not included in the advisory.

g. Upstream boundary is the Somersville Pond Dam.

h. The Natchaug River from the dam at the Willimantic Reservoir (northern boundary) downstream to where it forms the Shetucket River. The advisory extends a 1/2 mile down the Shetucket River to Plains Road. Willimantic River from where it meets the Shetucket and Natchaug Rivers upstream to the dam at Pine Street.

i. Hockanum River from and including Union Pond (Manchester), east upstream through the remainder of Manchester and through Vernon to the outlet of Shenipsit Lake, including several riverine impoundments of Papermill Pond, including Pitney Park (Vernon) and the Tankerhoosen River (upstream to dam at Main Street, Vernon).

j. Hockanum River from the Connecticut River (East Hartford) including East Hartford Lake and small impoundments and ponds upstream to the outlet of Union Pond (Manchester). This also includes the Ellington section of the Hockanum River.

k. Downstream from the Rainbow Dam in the town of Windsor to the confluence with the Connecticut River.

l. Snappers (bluefish under 13") are not included in the advisory because they have very low contamination.

2025 Safe Fish Consumption Guide

STATEWIDE FRESHWATER FISH ADVICE

Waterbody	Fish Species	High Risk Group ^a	Low Risk Group ^b	Contaminant
<i>All fresh lakes, ponds, rivers & streams</i>	Trout ^c Sunfish	No Limits on Consumption	No Limits on Consumption	--
	All other freshwater fish	One meal per month	One meal per week	Mercury

SPECIAL ADVICE FOR THE HOUSATONIC RIVER AREA

Waterbody	Fish Species	High Risk Group ^a	Low Risk Group ^b	Contaminant
<i>Housatonic River above Lake Lillinonah</i>	Trout, Catfish, Eel, Carp, Northern Pike	Do not eat	Do not eat	PCBs
	Bass, White Perch	Do not eat	One meal per 2 months	PCBs
	Bluegill, Bullhead, Fallfish	One meal per month	One meal per month	PCBs
	Yellow Perch, Calico Bass (Crappie), Rock Bass & Sunfish	One meal per month	One meal per week	PCBs
<i>Lakes on Housatonic River: (Lillinonah, Zoar, Housatonic)</i>	Catfish, Eel, Carp, Northern Pike, Trout	Do not eat	Do not eat	PCBs
	White Perch, Fallfish, Bullhead	One meal per month	One meal per month	PCBs
	Bass	Do not eat	One meal per 2 months	PCBs
	Yellow Perch, Calico Bass (Crappie), Rock Bass, Bluegill & Sunfish	One meal per month	One meal per week	PCBs
<i>Furnace Brook (Cornwall)</i>	Trout	One meal per month	One meal per month	PCBs
<i>Blackberry River below "Blast Furnace" (North Canaan)</i>	Smallmouth Bass	One meal per month	One meal per month	PCBs
<i>Naugatuck River^d</i>	Bass	One meal per month	One meal per month	PFOS
<i>Housatonic River at O'Sullivan's Island^e</i>	All	One meal per month	One meal per month	PFOS

SPECIAL ADVICE FOR OTHER CT FRESH WATERBODIES & LONG ISLAND SOUND

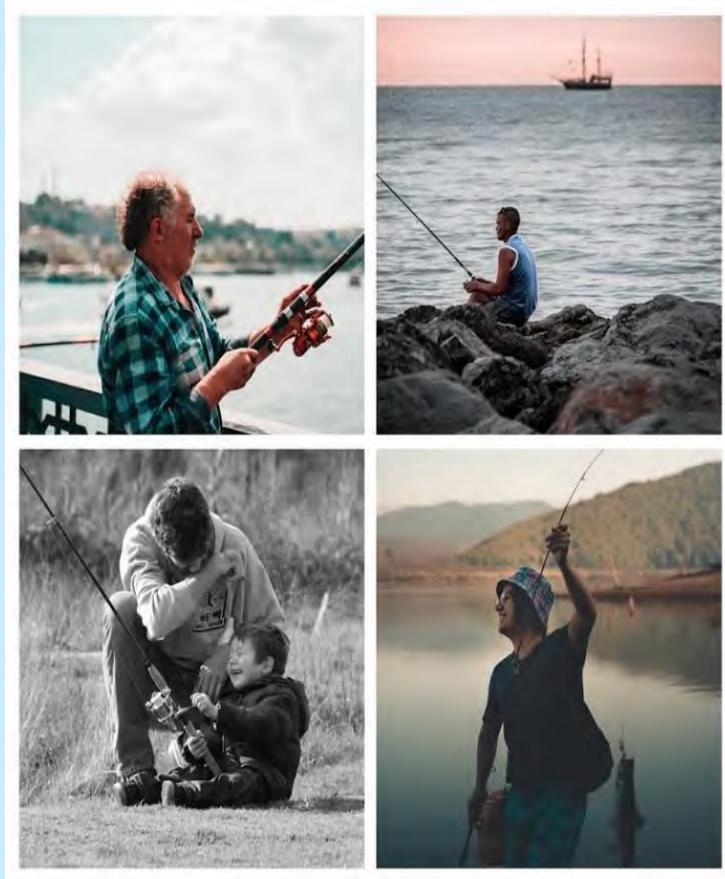
Waterbody	Fish Species	High Risk Group ^a	Low Risk Group ^b	Contaminant
<i>Dodge Pond Lake McDonough Silver Lake Wyassup Lake</i>	Largemouth Bass, Smallmouth Bass, Pickerel	Do not eat	One meal per month	Mercury
<i>Quinnipiac River (Gorge south of Meriden through Wallingford to Long Island Sound)</i>	All species	One meal per month	One meal per month	PCBs, PFOS
<i>Versailles, Papermill Ponds & attached Little River (Sprague)</i>	All species	Do not eat	Do not eat	Mercury, PCBs
<i>Connecticut River^f</i>	All species Except for Shad	One meal per month	One meal per month	PCBs, PFOS
<i>Konkapot River (North Canaan)</i>	White Sucker	Do not eat	One meal per month	Mercury
<i>Brewster Pond (Stratford)</i>	Catfish & Bullhead	Do not eat	Do not eat	Chlordane
<i>Union Pond (Manchester)</i>	All species	Do not eat	Do not eat	PFOS
<i>Still River (Winchester)</i>	Bass	One meal per month	One meal per month	PFOS
<i>Scantic River^g</i>	American Eel	One meal per month	One meal per month	PFOS
<i>Pequabuck River</i>	American Eel	One meal per month	One meal per month	PFOS
<i>Natchaug, Willimantic and Shetucket Rivers^h (Willimantic & Mansfield)</i>	Bass All other species	Do not eat One meal per month	Do not eat One meal per month	PFOS
<i>Hockanum & Tankerhoosen Riversⁱ (Vernon & Eastern Manchester)</i>	All species	Do not eat	Do not eat	PFOS
<i>Hockanum River^j (East Hartford, Western Manchester & Ellington)</i>	Bass All other species	Do not eat One meal per month	Do not eat One meal per month	PFOS
<i>Lower Farmington River^k</i>	Yellow Perch & Bass	One meal per month	One meal per month	PFOS
<i>Long Island Sound & connected rivers</i>	Striped Bass Bluefish over 25" ^l	Do not eat Do not eat	One meal per month One meal per month	PCBs PCBs
	Bluefish 13-25" Weakfish	One meal per month One meal per month	One meal per month One meal per month	PCBs PCBs



¿Si lo atrapo, puedo comerlo?

Guía para el Consumo Seguro de Pescado

Asesoría de Consumo de Pescado Connecticut 2025



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

Este folleto le proporcionará información que ayudará a su familia a evitar los productos químicos en el pescado y a comerlo de forma segura.

Los peces de las aguas de Connecticut son una fuente de proteína saludable y de bajo costo. Desafortunadamente, algunos peces ingieren sustancias químicas como el mercurio, ácido perfluorooctano sulfónico (PFOS) y los bifenilos policlorados (PCB). Estos productos químicos pueden acumularse en el cuerpo y aumentar los riesgos para la salud. Los fetos en desarrollo y los niños pequeños son más sensibles. Las mujeres que consumen pescados que contienen estas sustancias químicas, antes o durante el embarazo o la lactancia pueden tener hijos con problemas de desarrollo y de aprendizaje. La exposición a largo plazo a los PCB puede aumentar el riesgo de cáncer.

¿Qué dice la Asesoría de Consumo de Pescado?

La asesoría le indica con qué frecuencia puede comer pescado de las aguas de Connecticut, y de una tienda o restaurante, de forma segura. En muchos casos, se dan consejos distintos para los grupos de **Alto Riesgo** y **Bajo Riesgo**.

- Usted está en el **Grupo de Alto Riesgo** si es una mujer embarazada, una mujer que podría quedar embarazada, una madre lactante o un niño menor de seis años.
- Si no eres parte del grupo de Alto Riesgo, entonces eres parte del **Grupo de Bajo Riesgo**.

Se aconseja para tres tipos diferentes de consumo de pescado:

1. **Consejos estatales sobre el pescado de AGUA FRESCA:** La mayoría de los peces de agua fresca de Connecticut contienen suficiente mercurio para limitar el consumo. El consejo para agua fresca del estado es:

- Grupo de Alto Riesgo: no consumir más de 1 comida al mes
- Grupo de Bajo Riesgo: no consumir más de 1 comida por semana

2. **Consejos para CUERPOS DE AGUA ESPECÍFICOS:** Algunas masas de agua contienen peces con niveles más altos de contaminantes. Estos cuerpos de agua incluyen el Río Housatonic, algunos lagos y ciertas especies de Long Island Sound. El gráfico grande en el centro de este folleto proporciona detalles sobre cómo comer pescado de estas masas de agua de forma segura.

3. **Consejos para pescado comprado en el MERCADO:** La mayoría de los pescados del mercado son saludables y contienen nutrientes importantes, como los ácidos grasos omega-3. Sin embargo, hay algunos peces que contienen altos niveles de mercurio o PCB, por lo que deben consumirse menos o evitar. Este folleto señala qué pescados son saludables para comer y cuáles no son seguros (pequeña tabla en la página 3).

¿Es seguro comer Truchas?

La mayoría de las truchas de los ríos de Connecticut son seguras para comer porque usualmente tienen poca contaminación y se reabastecen rutinariamente. Sin embargo, existen límites para la trucha de ciertas masas de agua debido a los PCB y PFOS y para las truchas grandes de los lagos debido al mercurio (ver gráfico grande en el centro).

Página
1

¿Cómo entran estos contaminantes en los peces?

El mercurio, los PCB y PFOS pueden acumularse en los peces a niveles que son miles de veces mayores a los del agua. Estos contaminantes entran en el agua por:

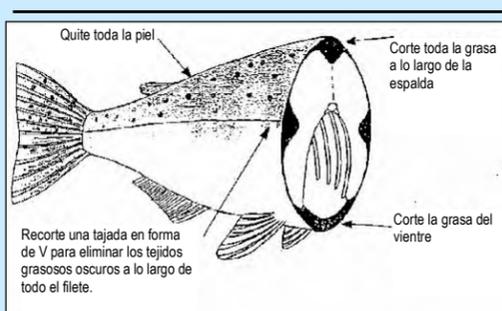
- **Derrames químicos que ocurrieron en el pasado.** Aunque estos derrames se han detenido, pueden pasar años hasta que los niveles de contaminantes en los peces bajen a niveles seguros.
- **Mercurio en el aire.** El mercurio viaja largas distancias desde donde se libera. Gran parte proviene de la contaminación atmosférica fuera de Connecticut.

El Departamento de Energía y Protección Ambiental de Connecticut (CT DEEP) está trabajando para mejorar la calidad del agua en Connecticut y está limitando la cantidad de mercurio que se puede liberar en el aire.

¿Qué más puedo hacer para comer pescado de forma segura?

Los PCB se encuentran principalmente en las partes grasosas del pescado. Es muy importante eliminar la piel y otras partes grasosas. Cocine el pescado en una parrilla (asador) para que la grasa pueda gotear de la carne.

Retire las porciones grasosas antes de cocinar



Retire y no coma los órganos, la cabeza, la piel y los tejidos grasosos oscuros a lo largo de la espina dorsal, las líneas laterales y el vientre.

El mercurio se encuentra en la porción comestible (filete) del pescado. Por lo tanto, no se puede reducir la exposición al mercurio cocinando o limpiando el pescado. Los peces grandes usualmente tienen los niveles más altos de PCB y mercurio. Si tiene la opción, coma peces más pequeños de cualquier especie. Además, algunas especies más pequeñas usualmente tienen niveles de contaminación más bajos (perca, trucha pequeña, pez sol).

Esta hoja informativa está financiada en parte con fondos del Programa de Seguimiento de Salud Pública Ambiental de CT y Ley de Respuesta Ambiental Exhaustiva, Compensación y Responsabilidad y a través de un acuerdo cooperativo con la Agencia para el Registro de Sustancias Tóxicas y Enfermedades, Servicio de Salud Pública y el Departamento de Salud y Servicios Humanos.

Página 2

¿Qué pasa con el pescado de mercados y restaurantes?

Muchos pescados del mercado o del restaurante son bajos en contaminantes. Algunos de estos pescados también tienen un alto contenido de ácidos grasos omega-3, un aceite nutritivo de pescado que mejora el desarrollo cerebral y ayuda a prevenir las enfermedades cardíacas. Sin embargo, algunos pescados del mercado pueden contener altos niveles de ciertos contaminantes, especialmente mercurio.

En general, las personas del Grupo de **Alto Riesgo** pueden comer hasta 2 comidas de pescado a la semana en el mercado o en los restaurantes. Algunos peces tienen un contenido especialmente bajo de contaminantes y se pueden comer con más frecuencia. Los siguientes son consejos específicos para que los miembros del Grupo de **Alto Riesgo** elijan pescados saludables en la tienda:

- Pez Espada y Tiburón: contienen altos niveles de mercurio y **no deben comerse**.
- Atún enlatado: Elige atún «claro» porque tiene menos mercurio que el atún «blanco».
- La langosta y otros mariscos son generalmente bajos en contaminantes químicos. El tomalley de la langosta (la glándula verde) puede tener un alto contenido de contaminantes y no debe comerse. Esto se aplica a la langosta de Long Island Sound y de otros lugares. También, se debe evitar comer el órgano verde del cangrejo, tomalley, del Río Mill en Fairfield debido a los niveles de plomo.

Pescado del mercado y restaurante

La siguiente tabla es un guía general para **Las Mujeres y Los Niños** sobre qué peces elegir. Los pescados con corazones ♥ son especialmente altos en ácidos grasos omega-3 y/o muy bajos en contaminantes y pueden consumirse más de dos veces por semana.

Comer 2 veces por semana		Comer 1 vez por semana	Evitar
Arenque ♥	Trucha ♥	Filete de atún	Pez espada
Abadejo ♥	Eglefino	Fletán	Tiburón
Salmón (salvaje) ♥	Perca	Pargo rojo	Caballa real
Caballa ♥	Tilapia	Atún blanco (enlatado)	Bajo rayado
Platija de verano ♥	Atún claro (enlatado)	Bagre (criado en granja)	Blanquillos (Golfo de México)
Lenguado ♥	Bacalao	Blanquillos (Atlántico)	Anjova
Sardinias & Eperlanos ♥	Salmón (criado en granja)		Sushi de atún
Mariscos: Ostras, camarones, almejas, vieiras, langosta *		* Ver advertencia arriba sobre el tomalley de langosta	

Las personas del Grupo de **Bajo Riesgo** pueden comer con seguridad mayores cantidades de mariscos del mercado. Por ejemplo, pez espada o tiburón, una vez al mes; bistec de atún o fletán, dos veces por semana.

Página 3



Consumo Seguro Pescado de Connecticut 2025

RECUERDE

Sigue este aviso para asegurarte que el pescado que elijas comer sea seguro para tu familia.

- Cada cuerpo de agua fresca tiene algunos límites de consumo, como se indica en la parte superior de la tabla.
- *Long Island Sound*: La mayoría de los peces son seguros para comer excepto por las restricciones indicadas sobre el bajo rayado, la anjova y corvinas.
- Tenga en cuenta los consejos para el pescado del mercado o del restaurante. Vea los consejos de mercado en la página 3.
- La exposición a los PCB en el pescado se puede reducir recortando la grasa y cocinando el pescado en una parrilla para que la grasa escurra.

¿DÓNDE PUEDO OBTENER MÁS INFORMACIÓN?

Se pueden obtener datos más específicos llamando al 1-877-458-FISH (3474) o yendo al SITIO WEB de DPH: <https://portal.ct.gov/fish>

¿Tiene preguntas de salud? Llame gratis a CT DPH a: **1-877-458-FISH (3474)**

¿Tiene preguntas sobre la pesca en Connecticut? Llame a CT DEEP al 860-424-3474. www.ct.gov/deep/fishing

Notas al Pie de la Tabla:

- El **Grupo de Alto Riesgo** incluye mujeres embarazadas, mujeres que podrían quedar embarazadas, mujeres lactantes y niños menores de 6 años.
El **Grupo de Alto Riesgo** no debe comer más de una comida de pescado al mes de la mayoría de los peces de agua fresca de aguas locales.
- El **Grupo de Bajo Riesgo** debería limitar el consumo de la mayoría de los peces de agua fresca a una vez por semana.
- La mayoría de las truchas no forman parte de ningún advertencia menos que se indique lo contrario.
- Incluyo todo el río, así como el río West Branch Naugatuck, río debajo de estanque Stillwater, Torrington.
- El río Housatonic río arriba hasta la represa Derby y río abajo hasta el puente de la ruta 15. Aguas arriba en el río Naugatuck hasta la presa Kinneytown.
- Sábalo solo viajan al río Connecticut para desovar, tienen poca contaminación, y no están incluidos en este advertencia.
- El límite aguas arriba es la presa del estanque de Somerville
- El río Natchaug desde la presa del embalse Willimantic (límite norte) aguas abajo hasta donde forma el río Shetucket. El consejo se extiende 1/2 milla por el río Shetucket hasta Plains Road. El río Willimantic desde donde se encuentra con Los ríos Shetucket y Natchaug río arriba hasta la presa de Pine Street.
- Río Hockanum desde e incluyendo el estanque Union (Manchester), río arriba al este a través del resto de Manchester y a través de Vernon hasta la desembocadura del lago Shenipsit, incluyendo varios empenses fluviales del estanque Papermill, incluyendo Pitney Park (Vernon) y el río Tankerhoosen (aguas arriba hasta la presa en Main Street, Vernon).
- Río Hockanum desde el río Connecticut East Hartford y pequeños embalses y estanques río arriba hasta la salida del estanque Union (Manchester). Esto también incluye la sección de Ellington del río Hockanum.
- Aguas debajo de la presa Rainbow en la ciudad de Windsor hasta la confluencia con río Connecticut.
- Los pargos (peces azules menores de 13") no están en el aviso porque tienen una contaminación muy baja.

CONSEJOS DEL ESTADO SOBRE PECES DE AGUA FRESCAS

Cuerpo de Agua	Especies de Peces	Grupo de Alto Riesgo ^a	Grupo de Bajo Riesgo ^b	Contaminante
<i>Todos los lagos, estanques, ríos y arroyos frescos</i>	Trucha ^c Pez Sol	Sin límites de consumo	Sin límites de consumo	--
	Todos los demás peces de agua fresca	Una comida al mes	Una comida por semana	Mercurio

CONSEJOS ESPECIALES PARA LA ZONA DEL RÍO HOUSATONIC

Cuerpo de Agua	Especies de Peces	Grupo de Alto Riesgo ^a	Grupo de Bajo Riesgo ^b	Contaminante
<i>Río Housatonic sobre el Lago Lillinonah</i>	Trucha, Siluro, Anguilas, Carpa, Lucio del Norte	No comer	No comer	PCB
	Róbalo, Perca Blanca	No comer	Una comida cada 2 meses	PCB
	Agalla Azul, Bullhead, Fallfish	Una comida al mes	Una comida al mes	PCB
	Perca Amarilla, Cabrilla Sargacera (Crappie), Bajo de Roca & Pez Sol	Una comida al mes	Una comida por semana	PCB
<i>Lagos en el Río Housatonic: (Lillinonah, Zoar, Housatonic)</i>	Siluro, Anguilas, Carpa, Lucio del Norte, Trucha	No comer	No comer	PCB
	Perca Blanca, Fallfish, Bullhead	Una comida al mes	Una comida al mes	PCB
	Róbalo	No comer	Una comida cada 2 meses	PCB
	Perca Amarilla, Cabrilla Sargacera (Crappie), Bajo de Roca, Agalla Azul y Pez Sol	Una comida al mes	Una comida por semana	PCB
<i>Furnace Brook (Cornwall)</i>	Trucha	Una comida al mes	Una comida al mes	PCB
<i>Río Blackberry debajo del «Blast Furnace» (North Canaan)</i>	Róbalo de Boca Chica	Una comida al mes	Una comida al mes	PCB
<i>Río Naugatuck^d</i>	Róbalo	Una comida al mes	Una comida al mes	PFOS
<i>Río Housatonic en La Island de O'Sullivan^e</i>	Todas las especies	Una comida al mes	Una comida al mes	PFOS

CONSEJOS ESPECIALES PARA OTROS CUERPOS DE AGUA FRESCAS DE CONNECTICUT Y LONG ISLAND SOUND

Cuerpo de Agua	Especies de Peces	Grupo de Alto Riesgo ^a	Grupo de Bajo Riesgo ^b	Contaminante
<i>Estanque Dodge Lago McDonough Lago Silver Lago Wyassup</i>	Róbalo de Boca Grande, Róbalo de Boca Chica	No comer	Una comida al mes	Mercurio
<i>Río Quinnipiac (Garganta al Sur de Meriden a través de Wallingford hasta Long Island Sound)</i>	Todas las especies	Una comida al mes	Una comida al mes	PCB, PFOS
<i>Río Connecticut^f</i>	Todos las especies excepto Sábalo	Una comida al mes	Una comida al mes	PCB, PFOS
<i>Versailles, Estanque Papermill & Lago Little (Sprague)</i>	Todas las especies	No comer	No comer	Mercurio PCB
<i>Río Konkapot (North Canaan)</i>	Ventosa Blanca	No comer	Una comida al mes	Mercurio
<i>Estanque Brewster (Stratford)</i>	Siluro y Bullhead	No comer	No comer	Clordano
<i>Estanque Union (Manchester)</i>	Todas las especies	No comer	No comer	PFOS
<i>Río Still (Winchester)</i>	Róbalo	Una comida al mes	Una comida al mes	PFOS
<i>Río Scantic^g</i>	Anguila Americana	Una comida al mes	Una comida al mes	PFOS
<i>Río Pequabuck</i>	Anguila Americana	Una comida al mes	Una comida al mes	PFOS
<i>Ríos Natchaug, Willimantic y Shetucket^h (Willimantic y Mansfield)</i>	Róbalo Todas las demás especies	No comer Una comida al mes	No comer Una comida al mes	PFOS
<i>Ríos Hockanum y Tankerhoosenⁱ (Vernon y Eastern Manchester)</i>	Todas las especies	No comer	No comer	PFOS
<i>Ríos Hockanum^j (East Hartford, Western Manchester y Ellington)</i>	Róbalo Todas las demás especies	No comer Una comida al mes	No comer Una comida al mes	PFOS
<i>Río Farmington Inferior^k</i>	Perca Amarilla y Róbalo	Una comida al mes	Una comida al mes	PFOS
<i>Long Island Sound y ríos conectados</i>	Róbalo Rayada Anjova Pez Azul a más de 25" ^l Anjova Azul 13-25" Pescadillas	No comer No comer Una comida al mes Una comida al mes	Una comida al mes Una comida al mes Una comida al mes Una comida al mes	PCB PCB PCB PCB

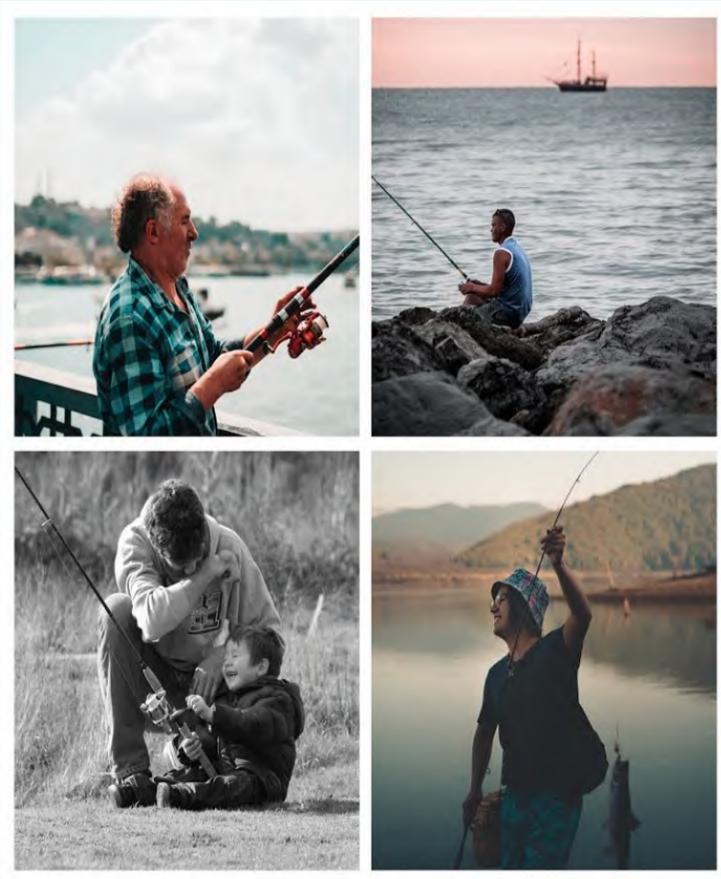
Attachment D

2025 Connecticut Fish Consumption Advisory Pamphlet in Polish, Chinese, Portuguese, and French

Pamphlet in Polish

Czy mogę zjeść ryby, które złowię?

Poradnik bezpiecznego spożywania ryb
Zalecenia dotyczące spożycia ryb w Connecticut 2025



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

Broszura zawiera informacje, które pomogą Twojej rodzinie uniknąć substancji chemicznych znajdujących się w rybach i bezpiecznie spożywać ryby.

Ryby pochodzące ze zbiorników wodnych w Connecticut są zdrowym, tanim źródłem białka. Niestety niektóre ryby kumulują substancje chemiczne takie jak rtęć, kwas perfluorooktanosulfonowy (PFOS) i polichlorowane bifenyle (PCB). Chemikalia te mogą gromadzić się w organizmie i zwiększać zagrożenia dla zdrowia. Najbardziej wrażliwy na tego rodzaju zagrożenia jest rozwijający się płód i małe dzieci. Dzieci karmiące się rybami zawierającymi te substancje chemiczne przed lub w czasie ciąży lub karmienia piersią, mogą wolniej się rozwijać i mieć trudności z nauką. Długotrwałe narażenie na PCB może zwiększać ryzyko zachorowania na raka.

Jakie są zalecenia dotyczące spożycia ryb?

Zalecenia informują, jak często można bezpiecznie spożywać ryby z wód Connecticut oraz ze sklepu lub restauracji. Często obowiązują oddzielne zalecenia dla osób z grup **wysokiego ryzyka** i **niskiego ryzyka**.

- Do **grupy wysokiego ryzyka** należą *kobiety w ciąży, kobiety, które mogą zająć w ciąży, kobiety karmiące piersią i dzieci w wieku poniżej sześciu lat.*
- Osoby, które nie pasują do kategorii osób z grupy wysokiego ryzyka, należą do **grupy niskiego ryzyka**.

Zalecenia dotyczą **trzech** różnych rodzajów spożycia ryb :

1. **Stanowe zalecenia dotyczące spożycia ryb SŁODKOWODNYCH:** Większość ryb słodkowodnych w Connecticut zawiera takie ilości rtęci, które wymagają ograniczenia ich spożycia. Zgodnie ze stanowymi zaleceniami dotyczącymi ryb słodkowodnych:

- Osoby z grupy wysokiego ryzyka nie powinny spożywać więcej niż 1 posiłku zawierającego ryby w miesiącu
- Osoby z grupy niskiego ryzyka nie powinny spożywać więcej niż 1 posiłku zawierającego ryby w tygodniu

2. **Zalecenia dotyczące OKREŚLONYCH ZBIORNIKÓW WODNYCH:** Ryby z niektórych zbiorników wodnych zawierają wyższe stężenia zanieczyszczeń. Do takich zbiorników należą Housatonic River, a także inne rzeki, jeziora i stawy oraz niektóre gatunki z Long Island Sound. W dużej tabeli na środku tej broszury podano szczegółowe informacje na temat bezpiecznego spożywania ryb pochodzących z tych zbiorników wodnych.

3. **Zalecenia dotyczące spożywania ryb kupowanych na TARGACH/W SKLEPACH:** Większość ryb dostępnych na targach/w sklepach jest zdrowa i zawiera ważne składniki odżywcze, takie jak kwasy tłuszczowe omega-3. Jednak niektóre ryby mają wysokie stężenie rtęci lub PCB i dlatego należy je spożywać w mniejszych ilościach lub wcale. W broszurze wskazano, które ryby są zdrowe, a które nie są bezpieczne do spożycia (mała tabela na stronie 3).

Czy można bezpiecznie spożywać pstrąga?

Większość pstrągów z rzek Connecticut można jeść bezpiecznie, ponieważ zazwyczaj zawierają one niewielkie ilości zanieczyszczeń, a rzeki są rutynowo zarybiane. Obowiązują jednak ograniczenia dotyczące spożycia pstrągów z niektórych zbiorników wodnych ze względu na obecność PCB i PFOS oraz dużych pstrągów z jezior ze względu na rtęć (patrz duża tabela na środku).

Strona 1

W jaki sposób zanieczyszczenia dostają się do ryb ?

Rtęć, PCB i PFOS mogą kumulować się w rybach do poziomów, które są tysiące razy wyższe niż w wodzie. Zanieczyszczenia dostają się do wód z następujących źródeł:

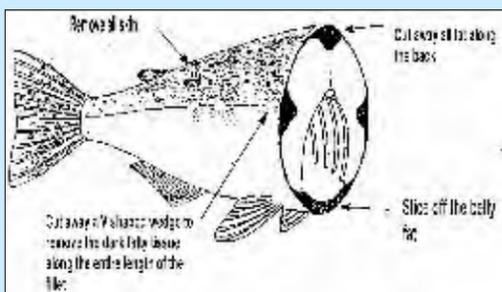
- **Wycieki chemiczne, które miały miejsce w przeszłości.** Mimo że wycieki zostały powstrzymane, może minąć wiele lat zanim poziom zanieczyszczeń w rybach spadnie do bezpiecznego poziomu.
- **Rtęć w powietrzu.** Rtęć przemieszcza się na duże odległości od miejsca uwolnienia. Duża część rtęci pochodzi z zanieczyszczenia powietrza poza Connecticut.

Departament Energii i Ochrony Środowiska w stanie Connecticut (Connecticut Department of Energy and Environmental Protection, CT DEEP) pracuje nad poprawą jakości wód w stanie Connecticut i wprowadza ograniczenie dotyczące ilości rtęci, jaka może zostać uwolniona do powietrza.

Co jeszcze można zrobić w celu zwiększenia bezpieczeństwa spożywania ryb?

PCB najczęściej występują w tłustych częściach ryb. Należy koniecznie usuwać skórę i inne tłuste części ryb. Rybę należy przygotowywać na ruszcie (grillować), tak aby tłuszcz mógł ściekać.

Przed grillowaniem ryby należy usunąć z niej tłuste części



Należy usunąć i nie jeść narządów, głowy, skóry i ciemnej tkanki tłuszczowej znajdującej się wzdłuż kręgosłupa, linii bocznych i brzucha.

Rtęć występuje w jadalnej (filet) części ryb. Dlatego też nie można zmniejszyć narażenia na rtęć gotując lub oczyszczając rybę. Duże ryby mają zazwyczaj najwyższe stężenie PCB i rtęci. Jeśli to możliwe, warto wybierać mniejsze ryby dowolnego gatunku. Ponadto niektóre mniejsze gatunki są mniej zanieczyszczone (okoń, mały pstrąg, słonecznica).

Strona 2

Jak wygląda sytuacja z rybami z targów/sklepów i restauracji?

Wiele ryb z targu/sklepu lub restauracji ma niską zawartość zanieczyszczeń. Niektóre z tych ryb są również bogate w kwasy tłuszczowe omega-3, odżywczy olej rybi, który pozytywnie wpływa na rozwój mózgu i pomaga zapobiegać chorobom serca. Jednak niektóre z nich mogą zawierać wysokie stężenia określonych zanieczyszczeń, zwłaszcza rtęci.

Ogólnie rzecz biorąc, **osoby z grupy wysokiego ryzyka mogą zjeść tygodniowo maksymalnie 2 posiłki z rybą pochodzącą z targu/sklepu lub restauracji.** Niektóre ryby mają szczególnie niską zawartość zanieczyszczeń i mogą być spożywane częściej. Poniżej znajdują się wskazówki dla osób z grupy **wysokiego ryzyka** ułatwiające wybór zdrowych ryb ze sklepu:

- **Miecznik i rekin:** zawierają wysokie ilości rtęci i **nie należy ich spożywać.**
- **Tuńczyk w puszcze:** Warto wybierać tuńczyka typu „light”, ponieważ zawiera on mniej rtęci niż tuńczyk „biały”.
- **Homary i inne skorupiaki** zawierają zwykle mało zanieczyszczeń chemicznych. Część homara o nazwie tomalley (zielony gruczoł) może zawierać duże ilości zanieczyszczeń i nie należy jej spożywać. Dotyczy to homarów z Long Island Sound i innych miejsc. Nie należy również spożywać części tomalley z kraba z Mill River w Fairfield, ponieważ zawiera ona podwyższone stężenie ołowiu.

Ryby z targu/sklepu i restauracji

Poniższa tabela zawiera ogólne wskazówki, jakie ryby powinny wybierać **kobiety i dzieci**. Ryby z **♥** serca mają bardzo wysoką zawartość kwasów tłuszczowych omega-3 i/lub zawierają bardzo mało zanieczyszczeń i mogą być spożywane częściej niż dwa razy w tygodniu.

Można spożywać 2 razy w tygodniu	Można spożywać 1 raz w tygodniu	Należy unikać
Śledź ♥ Pstrąg ♥	Stek z tuńczyka	Miecznik
Mintaj ♥ Łupacz	Halibut	Rekin
Łosoś (dziki) ♥ Okoń	Lucjan czerwony	Makrela królewska
Makrela atlantycka ♥ Tilapia	Biały tuńczyk (w puszcze)	Bass pasiasty
Flądra i fląderka ♥ Tuńczyk light (w puszcze)	Sum (hodowlany)	Płytecznik (Zatoka Meksykańska)
Sola ♥ Dorsz	Płytecznik (Atlantycki)	Lufar (bluefish)
Sardynki i stynki ♥ Łosoś (hodowlany)		Sushi z tuńczykiem
Skorupiaki: ostrygi, krewetki, małże, przegrzebki, homary*		*patrz wyżej ostrzeżenie na temat części homara o nazwie tomalley

Osoby z grupy **niskiego ryzyka** mogą bezpiecznie spożywać większe ilości owoców morza kupowanych na targu/w sklepie. Na przykład miecznik lub rekin - raz w miesiącu; stek z tuńczyka lub halibut - dwa razy w tygodniu.

Strona 3



PAMIĘTAJ!

Przestrzeganie tych zaleceń zapewni, że ryby wybierane do jedzenia będą bezpieczne dla całej rodziny.

- Jak wskazano w górnej części tabeli, ryby z każdego zbiornika słodkowodnego są objęte pewnymi limitami spożycia.
- Long Island Sound*: Większość ryb można bezpiecznie spożywać z wyjątkiem wymienionych gatunków objętych ograniczeniami, w tym bassa pasiastego (striped bass), lufara (bluefish) i kulbinca szarego (weakfish).
- Należy pamiętać o zaleceniach dotyczących ryb z targu/sklepu lub restauracji. Proszę zapoznać się zaleceniami dotyczącymi ryb z targu/sklepu na stronie 3.
- Narażenie na związki PCB zawarte w rybach można ograniczyć usuwając z ryb tłuszcz i przygotowując ryby na ruszcie, tak aby tłuszcz mógł ściekać.

GDZIE MOŻNA UZYSKAĆ WIĘCEJ INFORMACJI?

Bardziej szczegółowe informacje można uzyskać dzwoniąc pod numer 1-877-458-FISH (3474) lub odwiedzając stronę internetową DPH: <https://portal.ct.gov/fish>

Pytania dotyczące zdrowia?
Zadzwoń do CT DPH pod bezpłatny numer: **1-877-458-FISH (3474)**

Pytania dotyczące łowienia ryb w Connecticut?
Zadzwoń do CT DEEP pod numer 860-424-3474 www.ct.gov/deep/fishing

Przypisy z tabeli:

a. Do grupy **wysokiego ryzyka** należą kobiety w ciąży, kobiety, które mogą zajść w ciążę, kobiety karmiące piersią i dzieci do szóstego roku życia.

Osoby z **grupy wysokiego ryzyka** powinny spożywać nie więcej niż jeden posiłek z ryb miesięcznie, jeśli chodzi o większość słodkowodnych ryb z lokalnych wód.

b. Osoby z **grupy niskiego ryzyka** powinny ograniczyć spożywanie większości ryb słodkowodnych i jeść je tylko raz w tygodniu.

c. Większość pstrągów nie jest objęta żadnymi zaleceniami i można je bezpiecznie spożywać, chyba że zaznaczono inaczej.

d. Dotyczy to całej rzeki, a także rzeki West Branch Naugatuck poniżej Stillwater Pond, Torrington.

e. Housatonic River w górę rzeki do zapory Derby i w dół do Rt. 15 Bridge. W górę rzeki Naugatuck do zapory Kinneytown.

f. Aloza z rodziny śledziowatych wędruje do rzeki Connecticut tylko w celu odbycia tarła, ma niski poziom zanieczyszczeń i nie jest objęta zaleceniami.

g. Górną granicę stanowi zapora Somersville Pond.

h. Natchaug River od tamy na zbiorniku Willimantic Reservoir (północna granica) w dół rzeki do miejsca, w którym tworzy rzekę Shetucket. Zalecenia dotyczą obszaru 1/2 mili w dół rzeki Shetucket do Plains Road. Willimantic River od miejsca, w którym łączy się z rzekami Shetucket i Natchaug, w górę rzeki do tamy przy Pine Street.

i. Hockanum River od Union Pond (Manchester) włącznie, na wschód w górę rzeki przez pozostałą część Manchester i przez Vernon do ujścia do jeziora Shenipsit Lake, w tym kilka rzecznych zbiorników wodnych Papermill Pond, w tym Pitney Park (Vernon) i rzeka Tankerhoosen River (w górę rzeki do tamy przy Main Street, Vernon).

j. Hockanum River od Connecticut River (East Hartford), w tym East Hartford Lake i niewielkie zbiorniki wodne i stawy w górę rzeki do ujścia Union Pond (Manchester). Obejmuje to również odcinek Ellington rzeki Hockanum River.

k. W dół rzeki od zapory Rainbow Dam w mieście Windsor do zbiegu z rzeką Connecticut River.

l. Lucjany (ryby bluefish poniżej 13 cali) nie są objęte zaleceniami, ponieważ mają bardzo niski poziom zanieczyszczeń.

Zalecenia dotyczące bezpiecznego spożycia ryb 2025

STANOWE ZALECENIA DOTYCZĄCE RYB SŁODKOWODNYCH

Zbiornik wodny	Gatunki ryb	Grupa wysokiego ryzyka ^a	Grupa niskiego ryzyka ^b	Substancja zanieczyszczająca
Wszystkie słodkowodne jeziora, stawy, rzeki i strumienie	Pstrąg ^c Słonecznica	Brak ograniczeń spożycia	Brak ograniczeń spożycia	--
	Wszystkie inne ryby słodkowodne	Jeden posiłek w miesiącu	Jeden posiłek tygodniowo	Rtęć

SPECJALNE ZALECENIA DLA OBSZARU RZEKI HOUSATONIC RIVER

Zbiornik wodny	Gatunki ryb	Grupa wysokiego ryzyka ^a	Grupa niskiego ryzyka ^b	Substancja zanieczyszczająca
Housatonic River powyżej Lake Lillinonah	Pstrąg, sum, węgorz, karp, szczupak	Nie spożywać	Nie spożywać	Związki PCB
	Bass, okoń biały	Nie spożywać	Jeden posiłek na 2 miesiące	Związki PCB
	Bass niebieski, sumik, ryby z rodziny karpowatych (fallfish)	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	Związki PCB
	Okoń żółty, Calico Bass (crappie), bass czerwonooki i słonecznica	Jeden posiłek w miesiącu	Jeden posiłek tygodniowo	Związki PCB
Jeziora na Housatonic River: (Lillinonah, Zoar, Housatonic)	Sum, węgorz, karp, szczupak, pstrąg	Nie spożywać	Nie spożywać	Związki PCB
	Okoń biały, ryby z rodziny karpowatych (Fallfish), sumik	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	Związki PCB
	Bass	Nie spożywać	Jeden posiłek na 2 miesiące	Związki PCB
	Okoń żółty, calico bass (crappie), bass czerwonooki, bass niebieski i słonecznica	Jeden posiłek w miesiącu	Jeden posiłek tygodniowo	Związki PCB
Furnace Brook (Cornwall)	Pstrąg	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	Związki PCB
Blackberry River poniżej „Blast Furnace” (North Canaan)	Bass małogębowy	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	Związki PCB
Naugatuck River ^d	Bass	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS
Housatonic River na O’Sullivan’s Island ^e	Wszystkie	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS

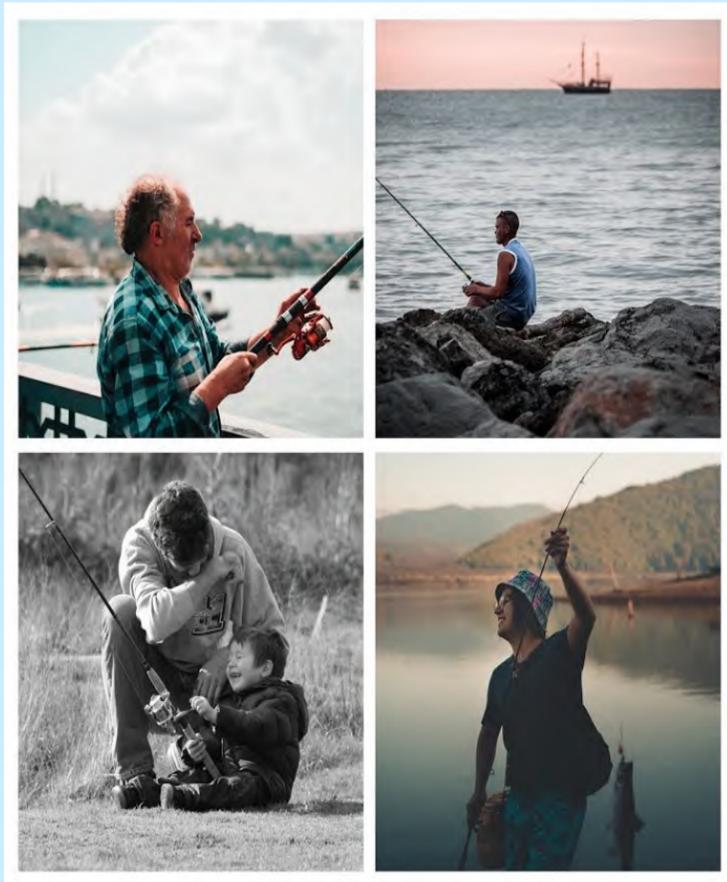
SPECJALNE ZALECENIA DOTYCZĄCE POZOSTAŁYCH ZBIORNIKÓW SŁODKOWODNYCH W CT I LONG ISLAND SOUND

Zbiornik wodny	Gatunki ryb	Grupa wysokiego ryzyka ^a	Grupa niskiego ryzyka ^b	Substancja zanieczyszczająca
Dodge Pond Lake McDonough Silver Lake Wyassup Lake	Bass wielkogębowy, bass małogębowy, szczupakowate (pickerel)	Nie spożywać	Jeden posiłek w miesiącu	Rtęć
Quinnipiac River (wąwóz na południe od Meriden, przez Wallingford, aż do Long Island Sound)	Wszystkie gatunki	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PCB, PFOS
Versailles, Papermill Ponds i połączona z nimi Little River (Sprague)	Wszystkie gatunki	Nie spożywać	Nie spożywać	Rtęć, PCB
Connecticut River ^f	Wszystkie gatunki oprócz alozy	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PCB, PFOS
Konkapot River(North Canaan)	White Sucker	Nie spożywać	Jeden posiłek w miesiącu	Rtęć
Brewster Pond(Stratford)	Sum i sumik	Nie spożywać	Nie spożywać	Chlordan
Union Pond(Manchester)	Wszystkie gatunki	Nie spożywać	Nie spożywać	PFOS
Still River (Winchester)	Bass	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS
Scantic River ^g	Węgorz amerykański	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS
Pequabuck River	Węgorz amerykański	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS
Natchaug, Willimantic i Shetucket River ^h (Willimantic i Mansfield)	Bass Wszystkie pozostałe gatunki	Nie spożywać Jeden posiłek w miesiącu	Nie spożywać Jeden posiłek w miesiącu	PFOS
Hockanum River i Tankerhoosen River ⁱ (Vernon i Eastern Manchester)	Wszystkie gatunki	Nie spożywać	Nie spożywać	PFOS
Hockanum River ^j (East Hartford, Western Manchester i Ellington)	Bass Wszystkie pozostałe gatunki	Nie spożywać Jeden posiłek w miesiącu	Nie spożywać Jeden posiłek w miesiącu	PFOS
Dolny odcinek Farmington River ^k	Okoń żółty i bass	Jeden posiłek w miesiącu	Jeden posiłek w miesiącu	PFOS
Long Island Sound i połączone rzeki	Bass pasiasty Lufar (bluefish) powyżej 25 cali ^l	Nie spożywać Nie spożywać	Jeden posiłek w miesiącu Jeden posiłek w miesiącu	Związki PCB Związki PCB
	Lufar (bluefish) 13-25 cali Kulbiniec szary (weakfish)	Jeden posiłek w miesiącu Jeden posiłek w miesiącu	Jeden posiłek w miesiącu Jeden posiłek w miesiącu	Związki PCB Związki PCB

Pamphlet in Chinese

钓到的鱼 都能吃吗？

安全食用鱼类指南
2025 年康涅狄格州鱼类食用建议



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

本手册将为您提供帮助您的家人避开鱼类中的化学物质并安全食用鱼类的相关信息。

康涅狄格州水域的鱼类是一种经济实惠的健康蛋白质来源。遗憾的是，一些鱼类会吸收汞、全氟辛烷磺酸 (PFOS) 和多氯联苯 (PCB) 等化学物质。这些化学物质会在人体内积聚并增加健康风险。正在发育的胎儿和幼儿最易受影响。女性在孕前、孕期或哺乳期间食用含有这些化学物质的鱼类可能会导致生下的孩子发育和学习迟缓。长期接触 PCB 可能会增加患癌风险。

鱼类食用建议的内容是什么？

该建议告知您，安全食用来自康涅狄格州水域以及商店或餐馆鱼类的频率。在许多情况下，会针对**高风险人群**和**低风险人群**给出不同的建议。

- 如果你是**孕妇、可能怀孕的女性、哺乳期的母亲或六岁以下的儿童**，那就属于**高风险人群**。
- 如果你不属于高风险人群，那就属于**低风险人群**。

这些建议根据**三种**不同的鱼类食用情况给出：

1. **全州淡水鱼食用建议**：康涅狄格州的大多数淡水鱼都含有一定量的汞，因此对食用量有所限制。全州淡水鱼的食用建议是：

- 高风险人群：每月食用不超过 1 次
- 低风险人群：每周食用不超过 1 次

2. **针对特定水体的建议**：某些水体中的鱼类污染物含量较高。这些水体包括豪萨托尼河、其他河流、湖泊和池塘，以及长岛湾的某些品种。本手册中心的大图表提供了有关如何安全食用这些水体中的鱼类的详细信息。

3. **关于从市场购买鱼类的建议**：市场上的大多数鱼类都是健康的，含有 ω -3 脂肪酸等重要营养成分。但是，有些鱼类含有高浓度的汞或 PCB，因此应该少吃或不吃。这本手册指出了哪些鱼可以健康食用，哪些鱼不能安全食用（第 3 页的小图表）。

鳟鱼可以安全食用吗？

康涅狄格州河流中的大多数鳟鱼都是可以安全食用的，因为它们通常污染很少，并且会定期重新放养。然而，由于 PCB 和 PFOS 的存在，某些水体中的鳟鱼的食用量受到限制，而湖泊中的大鳟鱼的食用量则因汞的存在而受到限制（见中间的大图表）。

这些污染物如何进入鱼类体内？

鱼体内的汞、PCB 和 PFOS 的含量会积累到比水中高出数千倍。这些污染物通过以下途径进入水中：

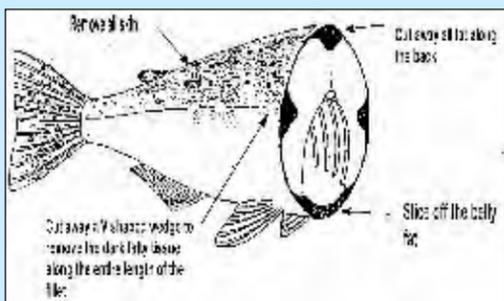
- **过去发生的化学品泄漏**。即使这些泄漏已经得到阻止，鱼体内的污染物含量也可能仍需要数年时间才会降至安全水平。
- **空气中的汞**。汞会从其释放地蔓延很长的距离。其中大部分来自康涅狄格州以外的空气污染。

康涅狄格州能源与环境保护部 (CT DEEP) 正在致力于改善康涅狄格州的水质，并限制排放到空气中的汞含量。

我还能采取哪些措施才能安全地吃鱼？

PCB 主要存在于鱼的脂肪部分。去除皮肤和其他脂肪部分非常重要。将鱼放在架子上烤（炙烤），这样脂肪就可以从鱼肉上滴下来。

烹饪前去除脂肪部分



去除内脏、头部、皮肤，以及沿背骨、侧线和腹部分布的深色脂肪组织，这些部位不可食用。

鱼的可食用部分（鱼片）中含有汞。因此，您无法通过烹饪或清理鱼来减少对汞的接触。大型鱼类通常含有最高含量的 PCB 和汞。如果可以的话，就吃小鱼，任何品种都可以。此外，某些较小的品种（鲈鱼、小鳟鱼、翻车鱼）的污染程度通常较低。

市场和餐馆里的鱼类情况如何？

来自市场或餐馆的许多鱼污染物含量较低。其中一些鱼还富含 ω -3 脂肪酸，这是一种来自鱼类的营养油，可以促进大脑发育并有助于预防心脏病。然而，市场上的一些鱼可能含有某些高浓度的污染物，尤其是汞。

一般来说，**高风险人群**每周可以食用来自市场或餐馆的鱼 2 次。某些鱼类的污染物含量特别低，可以经常食用。以下是**高风险人群**从商店挑选健康鱼类的具体建议：

- 剑鱼和鲨鱼：这些鱼含有高浓度的汞，**不宜食用**。
- 罐装金枪鱼：选择“淡”金枪鱼，因为它的汞含量比“白”金枪鱼少。
- 龙虾和其他贝类的化学污染物含量通常较低。龙虾的肝胰腺部分（绿腺）可能含有大量污染物，因此不应食用。这一点适用于长岛湾和其他地方的龙虾。还应避免食用来自费尔菲尔德米尔的蟹肝胰腺，因为其铅含量较高。

来自市场和餐馆的鱼

下表为**妇女和儿童**应该选择哪种鱼提供了一般指导。对于带心形标记 \heartsuit 的鱼类，其 ω -3 脂肪酸含量特别高，并且/或者污染物含量极低，可每周食用两次以上。

每周食用 2 次		每周食用 1 次	避免
鲱鱼 \heartsuit	鳟鱼 \heartsuit	金枪鱼排	剑鱼
狭鳕 \heartsuit	黑线鳕	大比目鱼	鲨鱼
三文鱼（野生） \heartsuit	鲈鱼	红鲷鱼	大耳马鲛
大西洋鲱鱼 \heartsuit	罗非鱼	白金枪鱼（罐装）	银花鲈鱼
龙利鱼和比目鱼 \heartsuit	淡金枪鱼（罐装）	鲶鱼（养殖）	方头鱼（墨西哥湾）
舌鳎鱼 \heartsuit	鳕鱼	方头鱼（大西洋）	扁鲽
沙丁鱼和胡瓜鱼 \heartsuit	三文鱼（养殖）		金枪鱼寿司
贝类： 牡蛎、虾、蛤蜊、扇贝、龙虾*		* 请参阅上文关于龙虾肝胰腺的警告	

低风险人群可以安全地食用更多的市场海鲜。例如，剑鱼或鲨鱼 - 每月一次；金枪鱼排或大比目鱼 - 每周两次。



2025 年鱼类安全食用指南

注意事项

遵循本食用建议，确保您为家人选择的鱼类安全可食。

- 每个淡水水体都有一些食用限制，如图表顶部所示。
- 长岛湾：**除了列出的限制食用的银花鲈鱼、扁鲈和犬牙石首鱼外，大多数鱼都可以安全食用。
- 注意针对来自市场或餐馆的鱼的建议。请参阅第 3 页的市场建议。
- 可通过去除鱼的脂肪并将鱼放在架子上烹饪以使脂肪滴落，从而减少与鱼中的 PCB 的接触。

在哪里可以获取更多信息？

如需获取更具体的情况说明书，请拨打 1-877-458-FISH (3474) 或访问 DPH 网站：<https://portal.ct.gov/fish>

健康问题？

请拨打 CT DPH 免费电话：**1-877-458-FISH (3474)**

关于在康涅狄格州钓鱼的问题？

请拨打 860-424-3474 联系 CT DEEP www.ct.gov/deep/fishing

表格脚注：

a. 高风险人群包括孕妇、可能怀孕的女性和 6 岁以下儿童。

高风险人群每月食用当地水域大部分淡水鱼的次数不应超过一次。

b. 低风险人群应将每周食用大部分淡水鱼的次数限制为一次。

c. 大多数鳟鱼不在任何食用建议范围内，除非另有说明，否则都可以安全食用。

d. 包括整条河流以及托灵顿的 Stillwater Pond 下游的 West Branch Naugatuck River。

e. Housatonic River 向上游延伸至 Derby Dam，向下游延伸至 Rt.15 Bridge。Naugatuck River 向上游延伸至 Kinneytown Dam。

f. 河鲑只会游到 Connecticut River 产卵，污染程度较低，因此不在食用建议范围内。

g. 上游边界为 Somersville Pond Dam。

h. Natchaug River 从 Willimantic Reservoir 大坝（北部边界）向下游延伸至 Shetucket River 汇入之处。该食用建议的范围从 Shetucket River 向下游延伸半英里至 Plains Road。Willimantic River 从与 Shetucket River 和 Natchaug River 交汇之处向上游延伸至 Pine Street 处的大坝。

i. Hockanum River 发源于 Union Pond（曼彻斯特），向东逆流而上，流经曼彻斯特其余地区，再经弗农，直至 Shenipsit Lake 出口，其中包括 Papermill Pond 的几处河流蓄水区，以及 Pitney Park（弗农）和 Tankerhoosen River（向上游延伸至弗农 Main Street 的大坝）。

j. Hockanum River 发源于 Connecticut River（东哈特福德），包括 East Hartford Lake 和向上游延伸至 Union Pond（曼彻斯特）出口的小型蓄水池和池塘。这还包括 Hockanum River 的 Ellington 河段。

k. 从温莎镇的 Rainbow Dam 向下游延伸至与 Connecticut River 的交汇处。

l. 鲟鱼（13”以下的扁鲈）不在该食用建议范围内，因为它们的污染程度非常低。

全州淡水鱼食用建议

水体	鱼品种	高风险人群 ^a	低风险人群 ^b	污染物
所有淡水湖泊、池塘、河流和溪流	鳟鱼 ^c 翻车鱼	食用无限制	食用无限制	--
	所有其他淡水鱼	每月一次	每周一次	汞

针对 Housatonic River 地区的特别建议

水体	鱼品种	高风险人群 ^a	低风险人群 ^b	污染物
Lake Lillinonah 上游的 Housatonic River	鳟鱼、鲈鱼、鳊鱼、鲤鱼、北梭鱼	请勿食用	请勿食用	PCBs
	鲈鱼、白鲈鱼	请勿食用	每 2 个月一次	PCBs
	蓝鳃太阳鱼、牛头鱼、风鱼	每月一次	每月一次	PCBs
Housatonic River 流域湖泊： (Lake Lillinonah、 Lake Zoar、 Lake Housatonic)	黄鲈鱼、花斑鲈鱼（克拉皮鱼）、岩钝鲈鱼和翻车鱼	每月一次	每周一次	PCBs
	鳊鱼、鳊鱼、鲤鱼、北梭鱼、鳟鱼	请勿食用	请勿食用	PCBs
	白鲈鱼、风鱼、牛头鱼	每月一次	每月一次	PCBs
Furnace Brook (康沃尔镇)	鳟鱼	每月一次	每月一次	PCBs
	小口黑鲈	每月一次	每月一次	PCBs
“Blast Furnace”下游的 Blackberry River (北卡南镇)	小口黑鲈	每月一次	每月一次	PCBs
Naugatuck River ^d	鲈鱼	每月一次	每月一次	PFOS
奥沙利文岛处的 Housatonic River ^e	全部	每月一次	每月一次	PFOS

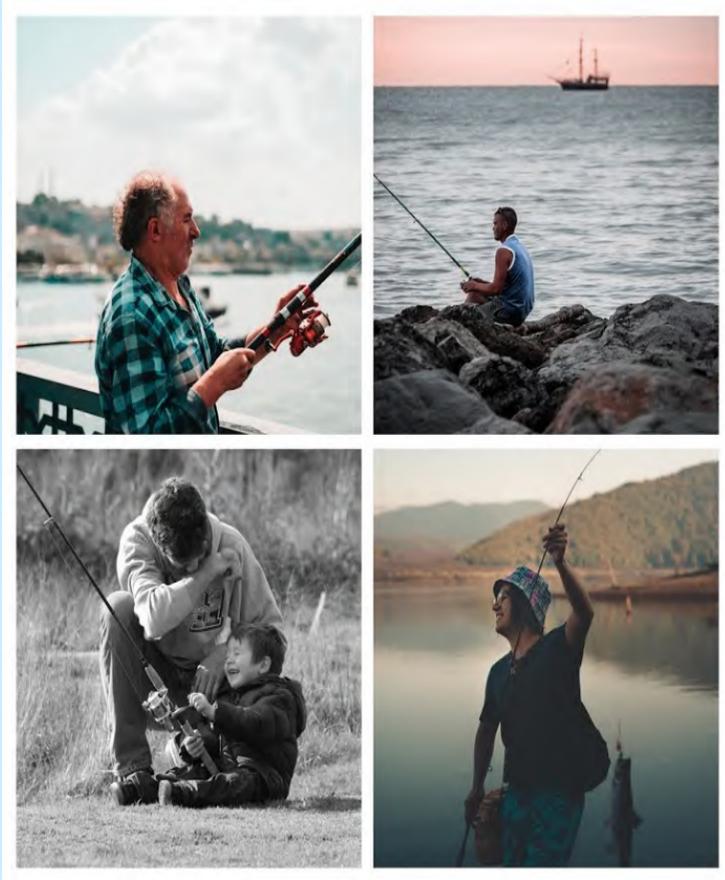
针对其他康涅狄格州淡水水体和长岛湾的特别建议

水体	鱼品种	高风险人群 ^a	低风险人群 ^b	污染物
Dodge Pond Lake McDonough Silver Lake Wyassup Lake	大口黑鲈、小口黑鲈、梭子鱼	请勿食用	每月一次	汞
Quinnipiac River (梅里登市以南的峡谷段， 流经沃灵福德镇至长岛湾)	所有品种	每月一次	每月一次	PCB、PFOS
Versailles Pond、Papermill Pond 及相连的 Little River (斯普拉格镇)	所有品种	请勿食用	请勿食用	汞、PCB
Connecticut River ^f	所有品种 除河鲑外	每月一次	每月一次	PCB、PFOS
Konkapot River (北卡南镇)	白色亚口鱼	请勿食用	每月一次	汞
Brewster Pond (斯特拉特福德镇)	鳊鱼和牛头鱼	请勿食用	请勿食用	氯丹
Union Pond (曼彻斯特)	所有品种	请勿食用	请勿食用	PFOS
Still River (温彻斯特镇)	鲈鱼	每月一次	每月一次	PFOS
Scantic River ^g	美洲鳊鱼	每月一次	每月一次	PFOS
Pequabuck River	美洲鳊鱼	每月一次	每月一次	PFOS
Natchaug River、 Willimantic River 和 Shetucket River ^h (威利曼蒂克和曼斯菲尔德)	鲈鱼 所有其他品种	请勿食用 每月一次	请勿食用 每月一次	PFOS
Hockanum River 和 Tankerhoosen River ⁱ (弗农和东曼彻斯特)	所有品种	请勿食用	请勿食用	PFOS
Hockanum River ^j (东哈特福德、 西曼彻斯特和埃灵顿)	鲈鱼 所有其他品种	请勿食用 每月一次	请勿食用 每月一次	PFOS
Farmington River 下游河段 ^k	黄鲈鱼和鲈鱼	每月一次	每月一次	PFOS
长岛湾和相连的河流	银花鲈鱼 超过 25” 的扁鲈 ^l	请勿食用 请勿食用	每月一次 每月一次	PCB PCB
	13-25” 扁鲈 犬牙石首鱼	每月一次 每月一次	每月一次 每月一次	PCB PCB

Pamphlet in Portuguese

Se eu pescar, posso comer?

Uma guia para comer peixes em segurança
Aviso sobre consumo de peixes em Connecticut de 2025



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

Este folheto contém informações que ajudarão sua família a evitar substâncias químicas nos peixes e a consumi-los com segurança.

Os peixes das águas de Connecticut são uma fonte saudável e de baixo custo de proteína. Infelizmente, alguns peixes absorvem substâncias químicas como mercúrio, ácido perfluorooctanosulfônico (PFOS) e bifenilos policlorados (PCBs). Essas substâncias químicas podem se acumular no seu corpo e aumentar os riscos à saúde. O feto em desenvolvimento e crianças pequenas são os mais sensíveis. Mulheres que consomem peixes contendo essas substâncias químicas antes ou durante a gravidez ou a amamentação podem ter filhos com desenvolvimento e aprendizado mais lentos. A exposição prolongada aos PCBs pode aumentar o risco de câncer.

O que diz a recomendação de consumo de peixes?

A recomendação informa com que frequência você pode consumir peixes com segurança das águas de Connecticut e de lojas ou restaurantes. Em muitos casos, são fornecidas orientações separadas para os **Grupos de alto risco** e **Grupos de baixo risco**.

- Você estará no **Grupo de alto risco** se for uma *mulher grávida*, uma *mulher que pode engravidar*, uma *mãe que está amamentando* ou uma *criança com menos de seis anos*.
- Se você não se encaixa no Grupo de alto risco, você está no **Grupo de baixo risco**.

São fornecidas orientações para três diferentes tipos de consumo de peixe:

1. **Recomendação Estadual de Peixes de ÁGUA DOCE:** a maioria dos peixes de água doce em Connecticut contém mercúrio suficiente para causar um limite no consumo. A recomendação estadual para peixes de água doce é que:

- Grupo de alto risco: não comer mais do que 1 refeição por mês.
- Grupo de baixo risco: não comer mais do que 1 refeição por semana.

2. **Recomendações para CORPOS D'ÁGUA ESPECÍFICOS:** alguns corpos d'água contêm peixes com níveis mais elevados de contaminantes. Esses corpos d'água incluem o Rio Housatonic, assim como outros rios, lagos e lagoas, e algumas espécies do Som Long Island. O grande gráfico no centro deste folheto fornece detalhes sobre como consumir peixes com segurança desses corpos d'água.

3. **Recomendações para peixes comprados no MERCADO:** A maioria dos peixes do mercado é saudável para consumo e contém nutrientes importantes, como ácidos graxos ômega-3. No entanto, há alguns peixes que contêm altos níveis de mercúrio ou PCBs e, portanto, devem ser consumidos com menos frequência ou evitados completamente. Este folheto destaca quais peixes são saudáveis para consumo e quais não são seguros para comer (pequeno gráfico na página 3).

Trutas são seguras para comer?

A maioria das trutas dos rios de Connecticut são seguras para comer, pois geralmente têm pouca contaminação e são regularmente reabastecidas. No entanto, existem limites para as trutas de certos corpos d'água devido a PCBs e PFOS, e para as trutas grandes de lagos devido ao mercúrio (consulte o grande gráfico no centro).

Página 1

Como esses contaminantes entram nos peixes?

O mercúrio, os PCBs e o PFOS podem se acumular nos peixes a níveis milhares de vezes mais altos do que na água. Esses contaminantes entram na água a partir de:

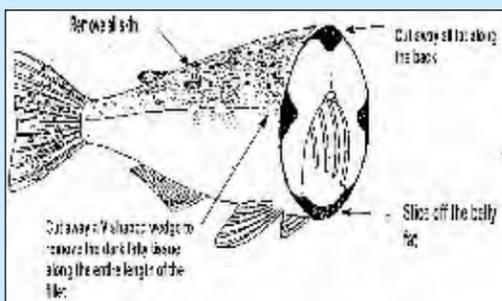
- **Vazamentos químicos que ocorreram no passado.** Embora esses vazamentos tenham sido interrompidos, pode levar anos para que os níveis de contaminantes nos peixes caiam para níveis seguros.
- **Mercúrio no ar.** O mercúrio percorre longas distâncias a partir de onde é liberado. Muito dele vem da poluição do ar fora de Connecticut.

O Departamento de Energia e Proteção Ambiental de Connecticut (CT DEEP) está trabalhando para melhorar a qualidade da água em Connecticut e está limitando a quantidade de mercúrio que pode ser liberada no ar.

O que mais fazer para comer peixes em segurança?

Os PCBs estão principalmente nas partes gordurosas dos peixes. É muito importante remover a pele e outras partes gordurosas. Cozinhe o peixe em uma grade (grelha) para que a gordura possa escorrer da carne.

Remova as partes gordurosas antes de cozinhar



Remova e não coma os órgãos, a cabeça, a pele e o tecido gorduroso escuro ao longo da espinha, das linhas laterais e da barriga.

O mercúrio está na parte comestível (filé) do peixe. Portanto, você não pode reduzir sua exposição ao mercúrio cozinhando ou limpando o peixe. Peixes grandes geralmente têm os níveis mais altos de PCBs e mercúrio. Se tiver a opção, coma peixes menores de qualquer espécie. Além disso, certas espécies menores geralmente têm níveis mais baixos de contaminação (perca, truta pequena, peixe-sol).

Página 2

E os peixes de mercados e restaurantes?

Muitos peixes de mercados ou restaurantes têm baixos níveis de contaminantes. Alguns desses peixes também são ricos em ácidos graxos ômega-3, um óleo nutritivo dos peixes que melhora o desenvolvimento cerebral e ajuda a prevenir doenças cardíacas. No entanto, alguns peixes de mercado podem conter altos níveis de certos contaminantes, especialmente mercúrio.

Em geral, pessoas do **Grupo de alto risco** podem comer até 2 refeições de peixe por semana do mercado ou em restaurantes. Certos peixes são especialmente baixos em contaminantes e podem ser consumidos com mais frequência. As seguintes são dicas específicas para aqueles do **Grupo de alto risco** escolherem peixes saudáveis no mercado:

- Espadarte e tubarão: esses contêm altos níveis de mercúrio e **não devem ser consumidos**.
- Atum em lata: prefira atum “light” já que tem menos mercúrio que o atum “branco”.
- Lagostas e outros mariscos geralmente possuem baixos níveis de contaminantes químicos. A parte tomalley da lagosta (a glândula verde) pode conter altos níveis de contaminantes e não deve ser consumida. Isso se aplica às lagostas do Long Island Sound e de outras regiões. O tomalley do caranguejo do rio Mill, em Fairfield, também deve ser evitado, pois apresenta níveis elevados de chumbo.

Peixes de mercados e restaurantes

A tabela abaixo fornece orientações gerais para **mulheres e crianças** sobre quais peixes escolher. Peixes com corações são ♥ particularmente ricos em ácidos graxos ômega-3 e/ou possuem níveis muito baixos de contaminantes, podendo ser consumidos mais de duas vezes por semana.

Coma em 2 refeições por semana		Coma em 1 refeição por semana		Evite
Arenque ♥	Truta ♥	Bife de atum		Peixe-espada
Escamudo ♥	Arinca	Alabote		Tubarão
Salmão (selvagem) ♥	Perca	Pargo vermelho		Cavala-real
Sarda do Atlântico ♥	Tilápia	Atum branco (em lata)		Robalo riscado
Sole e linguado ♥	Atum light (em lata)	Bagre (de cultivo)		Peixe-paleta-camelo (Golfo do México)
Linguado ♥	Bacalhau	Peixe-paleta-camelo (Atlântico)		Anchova
Sardinhas e lampreias ♥	Salmão (de cultivo)			Sushi de atum
Mariscos: ostras, camarões, amêijoas, vieiras, lagostas *		* Veja o aviso acima sobre o tomalley da lagosta		

Pessoas do Grupo de **baixo risco** podem consumir quantidades maiores de frutos do mar do mercado com segurança. Por exemplo, peixe-espada ou tubarão – uma vez por mês; bife de atum ou alabote – duas vezes por semana.

Página 3



LEMBRE-SE

Siga esta recomendação para garantir que os peixes que você escolher comer sejam seguros para sua família.

- Todo corpo d'água doce possui alguns limites de consumo, conforme indicado no topo da tabela.
- *Long Island Sound*: A maioria dos peixes é segura para o consumo, exceto pelas restrições listadas para robalo riscado, anchova e pescada-amarela.
- Atente-se às recomendações sobre peixes vendidos no mercado ou servidos em restaurantes. Veja a recomendação para mercados na página 3.
- Sua exposição aos PCBs nos peixes pode ser reduzida removendo a gordura e cozinhando o peixe em uma grelha, de modo que a gordura escorra.

ONDE POSSO OBTER MAIS INFORMAÇÕES?

Fichas informativas mais específicas podem ser obtidas ligando para 1-877-458-FISH (3474) ou acessando o SITE DO DPH: <https://portal.ct.gov/fish>

Dúvidas sobre saúde?

Ligue gratuitamente para o CT DPH no número: **1-877-458-FISH (3474)**

Dúvidas sobre como pescar em Connecticut? Ligue para CT DEEP em 860-424-3474 www.ct.gov/deep/fishing

Guía sobre consumo seguro de peixes de 2025

<i>Todos os lagos, lagoas, rios e córregos de água doce</i>				
	Todos os outros peixes de água doce			

	Truta, bagre, enguia, carpa, lucioperca do norte	Não comer	Não comer	
	Robalo, perca branca	Não comer	Uma refeição por 2 meses	
	Bluegill, barbado, fallfish	Uma refeição por mês	Uma refeição por mês	
<i>Lagos no Rio Housatonic: (Lillinonah, Zoar, Housatonic)</i>	Perca amarela, robalo calico (crappie), robalo preto e peixe-sol	Uma refeição por mês	Uma refeição por semana	
	Bagre, enguia, carpa, lucioperca do norte, truta	Não comer	Não comer	
	Perca branca, fallfish, barbado	Uma refeição por mês	Uma refeição por mês	
	Robalo	Não comer	Uma refeição por 2 meses	
	Perca amarela, robalo calico (crappie), robalo preto, Bluegill e peixe-sol	Uma refeição por mês	Uma refeição por semana	
<i>Rio Blackberry abaixo de "Blast Furnace" (North Canaan)</i>				
		Uma refeição por mês	Uma refeição por mês	
<i>Rio Housatonic na ilha de O'Sullivan</i>		Uma refeição por mês	Uma refeição por mês	

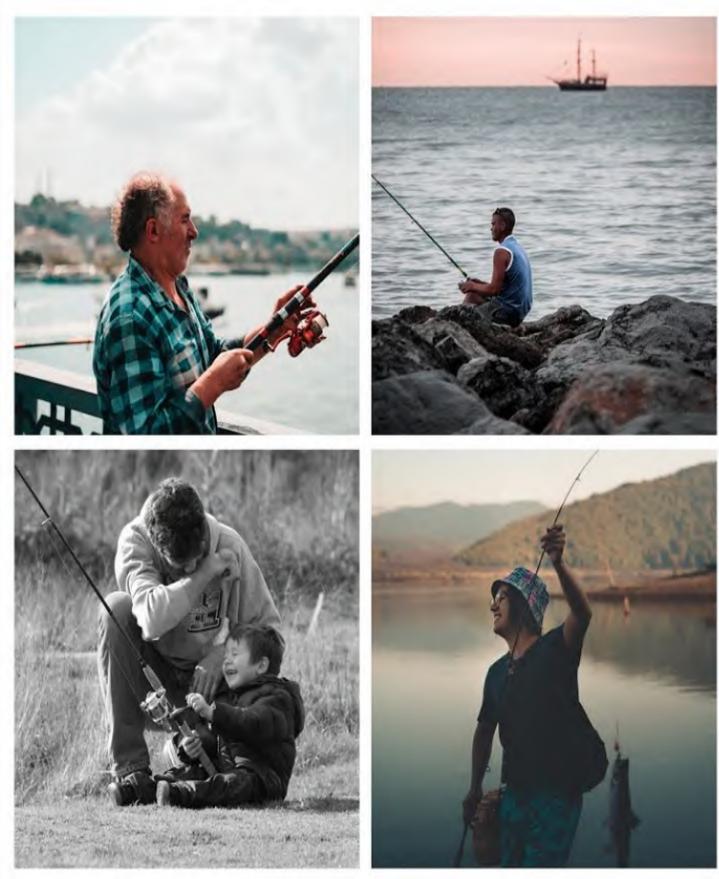
RECOMENDAÇÃO ESPECIAL PARA OUTROS CORPOS D'ÁGUA DE ÁGUA DOCE DE CONNECTICUT E LONG ISLAND SOUND

Corpo d'água	Espécies de peixes	Grupo de alto risco ^a	Grupo de baixo risco ^b	
<i>Lago Dodge, Lago McDonough, Lago Silver, Lago Wyassup</i>	Achigã de boca grande, Achigã de boca pequena, Lúcio			
<i>Rio Quinnipiac (Desfiladeiro ao sul de Meriden, passando por Wallingford até o Long Island Sound)</i>				
<i>Versailles, Lagos Papermill e Rio Little afluente (Sprague)</i>				
<i>Rios Natchaug, Willimantic e Shetucket (Willimantic e Mansfield)</i>		Não comer Uma refeição por mês	Não comer Uma refeição por mês	
<i>Rios Hockanum e Tankerhoosen (Vernon Manchester Oriental) Rio Hockanum (East Hartford, Western Manchester Ocidental e Ellington)</i>	Todas as espécies Robalo Todas as outras espécies	Não comer Uma refeição por mês	Não comer Uma refeição por mês	
	Robalo riscado Anchova com mais de 63,5 cm ^l Anchova 33-63 cm Pescada-amarela	Não comer Uma refeição por mês Uma refeição por mês	Uma refeição por mês Uma refeição por mês Uma refeição por mês	

Pamphlet in French

Si je peux l'attraper, puis-je le consommer ?

Guide pour consommer du poisson en toute sécurité
Avis sur la consommation de poisson dans le Connecticut en 2025



<https://portal.ct.gov/fish>
1-877-458-FISH (3474)

Cette brochure vous fournira des informations qui aideront votre famille à éviter les produits chimiques présents dans le poisson et à consommer du poisson en toute sécurité.

Le poisson pêché dans les eaux du Connecticut est une source de protéines saine et peu coûteuse. Malheureusement, certains poissons absorbent des produits chimiques tels que le mercure, l'acide perfluorooctane sulfonique (PFOS) et les polychlorobiphényles (PCB). Ces produits chimiques peuvent s'accumuler dans votre corps et augmenter les risques pour la santé. Les fœtus en développement et les jeunes enfants y sont les plus sensibles. Les femmes qui consomment du poisson contenant ces substances chimiques avant ou pendant la grossesse ou l'allaitement peuvent avoir des enfants qui présentent un retard de développement et d'apprentissage. Une exposition prolongée aux PCB peut augmenter le risque de cancer.

Que dit l'avis sur la consommation de poisson ?

L'avis vous indique à quelle fréquence vous pouvez consommer sans danger du poisson pêché dans les eaux du Connecticut et vendu dans les magasins ou les restaurants. Dans de nombreux cas, des recommandations distinctes sont formulées pour les groupes à **haut risque** et à **faible risque**.

- Vous faites partie du **Groupe à haut risque** si vous êtes une *femme enceinte*, une *femme susceptible de devenir enceinte*, une *femme qui allaite* ou un *enfant de moins de six ans*.
- Si vous n'appartenez pas au groupe à haut risque, vous faites partie du **Groupe à faible risque**.

Des recommandations sont fournies pour trois types de consommation de poisson :

1. Recommandations relatives aux poissons d'EAU DOUCE dans tout l'État : la plupart des poissons d'eau douce du Connecticut contiennent suffisamment de mercure pour justifier une limitation de la consommation. Les recommandations pour la consommation de poisson d'eau douce dans tout l'État sont les suivantes :

- Groupe à haut risque : ne pas consommer plus d'un repas par mois
- Groupe à faible risque : ne pas consommer plus d'un repas par semaine

2. Avis concernant des PLANS D'EAU SPÉCIFIQUES : certains plans d'eau contiennent des poissons présentant des niveaux élevés de contaminants. Ces plans d'eau comprennent la rivière Housatonic, ainsi que d'autres rivières, lacs et étangs, et certaines espèces du détroit de Long Island. Le grand tableau au centre de cette brochure fournit des détails sur la consommation sans danger de poissons provenant de ces plans d'eau.

3. Conseils pour les poissons achetés au MARCHÉ : la plupart des poissons vendus au marché sont sains et contiennent des nutriments importants tels que les acides gras oméga-3. Cependant, certains poissons contiennent des niveaux élevés de mercure ou de PCB et doivent donc être consommés avec modération, voire évités. Cette brochure indique les poissons qui peuvent être consommés sans danger et ceux qui ne le peuvent pas (petit tableau à la page 3).

Peut-on consommer la truite sans danger ?

La plupart des truites provenant des rivières du Connecticut peuvent être consommées sans danger, car elles sont généralement peu contaminées et font l'objet d'un repeuplement régulier. Toutefois, la consommation de truites provenant de certains plans d'eau est soumise à des restrictions en raison de la présence de PCB et de PFOS, et celle de grosses truites provenant de lacs est soumise à des restrictions en raison de la présence de mercure (voir le grand tableau au centre).

Page 1

Comment ces contaminants se retrouvent-ils dans les poissons ?

Le mercure, les PCB et le PFOS peuvent s'accumuler dans les poissons à des concentrations des milliers de fois supérieures à celles présentes dans l'eau. Ces contaminants pénètrent dans l'eau à partir de :

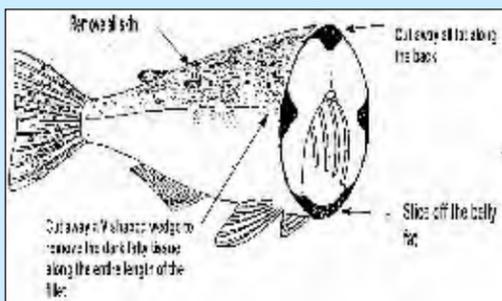
- Fuites chimiques survenues dans le passé. Même si ces fuites ont été stoppées, il peut s'écouler des années avant que les concentrations de contaminants dans les poissons ne redescendent à des niveaux acceptables.
- Mercure présent dans l'air. Le mercure se déplace sur de longues distances à partir de son lieu de rejet. Une grande partie provient de la pollution atmosphérique en dehors du Connecticut.

Le département de l'énergie et de la protection de l'environnement du Connecticut (CT DEEP) s'efforce d'améliorer la qualité de l'eau dans le Connecticut et limite la quantité de mercure pouvant être rejetée dans l'air.

Que puis-je faire d'autre pour consommer du poisson en toute sécurité ?

Les PCB se trouvent principalement dans les parties grasses du poisson. Il est très important d'enlever la peau et les autres parties grasses. Faites cuire le poisson sur une grille (au grill) afin que la graisse puisse s'égoutter.

Retirez les parties grasses avant la cuisson



Retirez et ne consommez pas les organes, la tête, la peau et les tissus adipeux foncés le long de la colonne vertébrale, des lignes latérales et du ventre.

Le mercure se trouve dans la partie comestible (filet) du poisson. Par conséquent, vous ne pouvez pas réduire votre exposition au mercure en cuisant ou en nettoyant le poisson. Les gros poissons ont généralement les niveaux les plus élevés de PCB et de mercure. Si vous avez le choix, consommez des poissons plus petits, quelle que soit l'espèce. De plus, certaines espèces plus petites ont généralement des niveaux de contamination plus faibles (perche, petite truite, poisson-lune).

Page 2

Qu'en est-il du poisson vendu sur les marchés et dans les restaurants ?

La plupart des poissons vendus sur les marchés ou dans les restaurants contiennent peu de contaminants. Certains d'entre eux sont également riches en acides gras oméga-3, un nutriment présent dans le poisson qui favorise le développement du cerveau et aide à prévenir les maladies cardiaques. Cependant, certains poissons vendus sur les marchés peuvent contenir des niveaux élevés de certains contaminants, en particulier le mercure.

En général, les personnes appartenant au Groupe à haut risque peuvent consommer jusqu'à deux repas de poisson par semaine provenant du marché ou des restaurants. Certains poissons sont particulièrement pauvres en contaminants et peuvent être consommés plus souvent. Voici quelques conseils spécifiques destinés aux personnes appartenant au groupe à haut risque pour choisir des poissons sains dans les magasins :

- **Espadon et requin** : ces poissons contiennent des niveaux élevés de mercure et **ne doivent pas être consommés**.
- **Thon en conserve** : préférez le thon *light*, contenant moins de mercure que le thon *blanc*.
- **Le homard et les autres crustacés** sont généralement pauvres en contaminants chimiques. La partie verte du homard (le tomalli) peut être riche en contaminants et ne doit pas être consommée. Cela vaut pour le homard provenant de Long Island Sound et d'autres régions. Le tomalli de crabe provenant de la rivière Mill à Fairfield doit également être évité, car il présente des teneurs élevées en plomb.

Poissons du marché et du restaurant

Le tableau ci-dessous fournit des recommandations générales aux femmes et aux enfants sur les poissons à privilégier. Les poissons marqués d'un cœur ♥ sont particulièrement riches en acides gras oméga-3 et/ou très pauvres en contaminants et peuvent être consommés plus de deux fois par semaine.

Deux fois par semaine		Une fois par semaine		À éviter
Hareng ♥	Truite ♥	Steak de thon		Espadon
Lieu noir ♥	Haddock	Flétan		Requin
Saumon (sauvage) ♥	Perche	Vivaneau rouge		Maquereau roi
Maquereau ♥	Tilapia	Thon blanc (consERVE)		Bar d'Amérique
Plie et flet ♥	Thon blanc (consERVE)	Poisson-chat (élevé)		Poisson-tuille (Golfe du Mexique)
Sole ♥	Morue	Poisson-tuille (Atlantique)		Tassergal
Sardines et éperlan ♥	Saumon (élevé)			Sushi au thon
Fruits de mer : huîtres, crevettes, palourdes, pétoncles, homard *		* veuillez consulter l'avertissement ci-dessus concernant le tomalli du homard		

Les personnes appartenant au **groupe à faible risque** peuvent consommer sans danger des quantités plus importantes de poissons et fruits de mer vendus dans le commerce. Par exemple, l'espadon ou le requin une fois par mois, le steak de thon ou le flétan deux fois par semaine.

Page 3



À RETENIR

Veillez suivre ces recommandations afin de vous assurer que le poisson que vous consommez est sans danger pour votre famille.

- Chaque plan d'eau douce est soumis à certaines restrictions de consommation, indiquées en haut du tableau.
- *Long Island Sound*: la plupart des poissons peuvent être consommés sans danger, à l'exception des restrictions indiquées concernant le bar rayé, le tassergal et l'acoupa royal.
- Veillez tenir compte des conseils concernant le poisson vendu au marché ou au restaurant. Consultez les conseils à la page 3.
- Vous pouvez réduire votre exposition aux PCB présents dans le poisson en retirant le gras et en cuisant le poisson sur une grille afin que le gras s'écoule.

OÙ PUIS-JE OBTENIR PLUS D'INFORMATIONS ?

Vous pouvez obtenir des fiches d'information plus détaillées en appelant le 1-877-458-FISH (3474) ou en vous rendant sur le site Web du DPH : <https://portal.ct.gov/fish>

Des questions sur la santé ?

Appelez le CT DPH au numéro gratuit : **1-877-458-FISH (3474)**

Pour toute question concernant la pêche dans le Connecticut, veuillez contacter le CT DEEP au 860-424-3474.

www.ct.gov/deep/fishing

Notes de bas de page du tableau :

a. Le **Groupe à haut risque** comprend les femmes enceintes, les femmes qui pourraient devenir enceintes, les femmes qui allaitent et les enfants de moins de 6 ans.

Le **Groupe à haut risque** ne devrait pas consommer plus d'un repas de poisson par mois provenant principalement des eaux locales.

b. Le **Groupe à faible risque** devrait limiter sa consommation de la plupart des poissons d'eau douce à une fois par semaine.

c. La plupart des truites ne font l'objet d'aucune recommandation et peuvent être consommées sans danger, sauf indication contraire.

d. Comprend l'ensemble de la rivière ainsi que la branche ouest de la rivière Naugatuck en aval de Stillwater Pond, Torrington.

e. La rivière Housatonic en amont du barrage de Derby et en aval du pont de la route 15. En amont de la rivière Naugatuck jusqu'au barrage de Kinneytown.

f. Les aloses ne remontent la rivière Connecticut que pour frayer, elles sont peu contaminées et ne sont pas concernées par l'avis.

g. La limite en amont est le barrage de Somersville.

h. La rivière Natchaug, depuis le barrage du réservoir Willimantic (limite nord) en aval jusqu'à l'endroit où elle forme la rivière Shetucket. L'avis s'étend sur 0,5 mile en aval de la rivière Shetucket jusqu'à Plains Road. La rivière Willimantic, depuis son confluent avec les rivières Shetucket et Natchaug en amont jusqu'au barrage de Pine Street.

i. La rivière Hockanum, depuis et y compris l'étang Union (Manchester), vers l'est en amont à travers le reste de Manchester et à travers Vernon jusqu'à la sortie du lac Shenipsit, y compris plusieurs retenues fluviales de l'étang Papermill, y compris Pitney Park (Vernon) et la rivière Tankerhoosen (en amont jusqu'au barrage de Main Street, Vernon).

j. La rivière Hockanum, depuis la rivière Connecticut (East Hartford), y compris le lac East Hartford et les petits bassins et étangs en amont jusqu'à la sortie de l'étang Union (Manchester). Cela comprend également la section Ellington de la rivière Hockanum.

k. En aval du barrage Rainbow dans la ville de Windsor jusqu'à la confluence avec la rivière Connecticut.

l. Les vivaneaux (tassergals de moins de 13 pouces) ne sont pas inclus dans l'avis car ils présentent un très faible niveau de contamination.

Guide 2025

Consommation sans risque du poisson

AVIS CONCERNANT LA PÊCHE EN EAU DOUCE DANS L'ÉTAT

Plan d'eau	Espèces de poisson	Groupe à haut risque ^a	Groupe à faible risque ^b	Contaminant
<i>Tous les lacs, étangs, rivières et cours d'eau douce</i>	Truite ^c Poisson-lune	Sans restriction de consommation	Sans restriction de consommation	--
	Tous les autres poissons	Un repas par mois	Un repas par semaine	Mercurure

CONSEILS PARTICULIERS POUR LA RÉGION DE LA RIVIÈRE HOUSATONIC

Plan d'eau	Espèces de poisson	Groupe à haut risque ^a	Groupe à faible risque ^b	Contaminant
<i>Rivière Housatonic au-dessus du lac Lillinonah</i>	Truite, Poisson-chat, Anguille, Carpe, Brochet	Ne pas consommer	Ne pas consommer	PCB
	Bar, Perche blanche Crapet arlequin, Silure, Ouitouche	Ne pas consommer Un repas par mois	Un repas tous les 2 mois Un repas par mois	PCB PCB
	Perchaude, Serran des algues, Crapet de roche, Poisson-lune	Un repas par mois	Un repas par semaine	PCB
<i>Lacs sur la Rivière Housatonic : (Lillinonah, Zoar, Housatonic)</i>	Poisson-chat, Anguille, Carpe, Brochet, Truite	Ne pas consommer	Ne pas consommer	PCB
	Perche blanche, Ouitouche, Silure	Un repas par mois	Un repas par mois	PCB
	Bar	Ne pas consommer	Un repas tous les 2 mois	PCB
	Perchaude, Serran des algues, Crapet de roche, Crapet arlequin, Poisson-lune	Un repas par mois	Un repas par semaine	PCB
<i>Furnace Brook (Cornwall)</i>	Truite	Un repas par mois	Un repas par mois	PCB
<i>Rivière Blackberry sous "Blast Furnace" (North Canaan)</i>	Achigan à petite bouche	Un repas par mois	Un repas par mois	PCB
<i>Rivière Naugatuck^d</i>	Bass	Un repas par mois	Un repas par mois	PFOS
<i>Rivière Housatonic à O'Sullivan's Island^e</i>	Toutes	Un repas par mois	Un repas par mois	PFOS

CONSEILS SPÉCIFIQUES POUR LES AUTRES PLANS D'EAU DOUCE DU CONNECTICUT ET DE LONG ISLAND SOUND

Plan d'eau	Espèces de poisson	Groupe à haut risque ^a	Groupe à faible risque ^b	Contaminant
<i>Dodge Pond Lac McDonough Lac Silver Lac Wyassup</i>	Achigan à grande bouche, Achigan à petite bouche, Brochet d'Amérique	Ne pas consommer	Un repas par mois	Mercurure
<i>Rivière Quinnipiac (Gorge au sud de Meriden, traversant Wallingford jusqu'à Long Island Sound)</i>	Toutes les espèces	Un repas par mois	Un repas par mois	PCB, PFOS
<i>Versailles, Papermill Ponds et ses environs Little River (Sprague)</i>	Toutes les espèces	Ne pas consommer	Ne pas consommer	Mercurure, PCB
<i>Rivière Connecticut^f</i>	Toutes les espèces sauf Aloses	Un repas par mois	Un repas par mois	PCB, PFOS
<i>Rivière Konkapot (North Canaan)</i>	Meunier noir	Ne pas consommer	Un repas par mois	Mercurure
<i>Brewster Pond (Stratford)</i>	Poisson-chat et Silure	Ne pas consommer	Ne pas consommer	Chlordane
<i>Union Pond (Manchester)</i>	Toutes les espèces	Ne pas consommer	Ne pas consommer	PFOS
<i>Rivière Still (Winchester)</i>	Bar	Un repas par mois	Un repas par mois	PFOS
<i>Rivière Scantic^g</i>	Anguille d'Amérique	Un repas par mois	Un repas par mois	PFOS
<i>Rivière Pequabuck</i>	Anguille d'Amérique	Un repas par mois	Un repas par mois	PFOS
<i>Rivières Natchaug, Willimantic et Shetucket^h (Willimantic & Mansfield)</i>	Bar	Ne pas consommer	Ne pas consommer	PFOS
	Toutes les espèces	Un repas par mois	Un repas par mois	
<i>Rivières Hockanum & Tankerhoosenⁱ (Vernon & Eastern Manchester)</i>	Toutes les espèces	Ne pas consommer	Ne pas consommer	PFOS
<i>Rivière Hockanum^j (East Hartford, Western Manchester & Ellington)</i>	Bar Toutes les autres espèces	Ne pas consommer Un repas par mois	Ne pas consommer Un repas par mois	PFOS
<i>Rivière Lower Farmington^k</i>	Perchaude et Bar	Un repas par mois	Un repas par mois	PFOS
<i>Long Island Sound et rivières connexes</i>	Bar rayé Tassergal de plus de 25" ^l	Ne pas consommer Ne pas consommer	Un repas par mois Un repas par mois	PCB PCB
	Tassergal entre 13 et 25" Acoupa royal	Un repas par mois Un repas par mois	Un repas par mois Un repas par mois	PCB PCB

Arcadis U.S., Inc.
One Lincoln Center, 110 West Fayette Street, Suite 300
Syracuse
New York 13202
Phone: 315 446 9120
Fax: 315 449 0017
www.arcadis.com